



Inspiring Independence, Transforming Lives

## Newsletter

Term 3, Week 7,  
27th August 2021



### Principal's Message

Dear Parents, Friends and Students of St Edmund's,

#### Father's Day

Whether you are a father, have a father, are remembering a father, are a father figure, or a father is absent in your life, next week is a time to acknowledge the importance of fatherhood and individual fathers. Forget the commercial trappings – the love, care, security and guidance of a father is part of the cement that holds our world together and as God is our Divine Father and Creator of us all, being a father is the greatest and most creative gift and responsibility a man can be given. In your own way I hope you will have an enjoyable Father's Day and thank you to the many fathers, grandfathers and significant males who provided photos for our Father's Day Liturgy which will form part of our Assembly next week.

#### Post School Webinar

On Tuesday evening we held our final Post School Options Webinar. I thank Ms. Jacqui Anderson – Senior Program Coordinator, for organising the significant number of providers over the past few weeks to share information about their services and support for students post school. I hope those families present during these webinars found these useful and I would ask that if you require any further information about the Post School planning process or any of the providers that presented on the night that they make contact with Jacqui Anderson who will be able to assist you.

#### Science Week

I take this opportunity to thank and congratulate all students for their enthusiastic approach to Science Week despite this being held online. Congratulations to our Science Week Kahoot winners and to those who participated. I also thank the Science Faculty, led by Ms Rachel Hopkins, for leading the many and varied activities presented this week which culminated in our annual Science Week Assembly, held online.

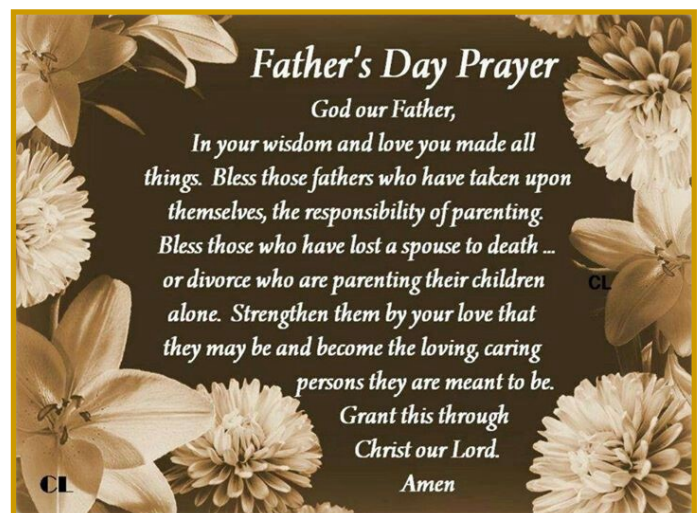
#### COVID-19

On the back of today's announcement by the NSW Government regarding the return to school road map, I will be providing parents with a COVID-19 update next week.

Finally, I take this opportunity to thank Ms. Vivienne Gilkes for undertaking the role of Acting Deputy Principal during Mrs. Kirwan's recent absence. It is greatly appreciated.

Best wishes for the week ahead.

Jon Franzin  
**PRINCIPAL**





## Mission and Identity



Each year, the Australian Bishops come together to place before us a challenge and opportunity in our Nation context. The Bishops' Social Justice Statement for 2021-22: *Cry of the Earth, Cry of the Poor*, affirms that "we human beings need a change of heart, mind, and behaviour". It draws from Scripture, from the theological tradition, from Catholic Social Teaching and from the wisdom of the world, including the insights of the First Nations.

The Social Justice Statement 2021-22 provides theological foundations to ground and inspire efforts to care for creation while responding to the needs of the disadvantaged and excluded. The Statement reflects on creation in and through the Trinity; the sacramentality of all created things; the wonder and beauty available to the contemplative eye and the need for conversion and change of life.

In the Statement, the Bishops invite the whole Catholic community to join them in taking up Pope Francis' invitation to a seven-year journey towards total ecological sustainability, guided by seven Laudato Si' Goals. These Goals are: response to the cry of the earth; response to the cry of the poor; ecological economics; sustainable lifestyles; ecological spirituality; ecological education and community engagement and participatory action.

The Statement especially encourages Catholic families, communities and organisations to: listen to the First Nations; reflect on the theological foundations offered in *Cry of the Earth, Cry of the Poor* and plan their next steps towards the Laudato Si' Goals.

*Cry of the Earth, Cry of the Poor* will be a useful resource throughout our seven-year journey to total sustainability. Your help in promoting it through your networks would be greatly appreciated.

See here <https://socialjustice.catholic.org.au/wp-content/uploads/2021/08/Social-Justice-Statement-2021-22.pdf>

This document goes hand in hand with the EREA Climate Crisis statement launched this week also.

For us at St Edmund's, sustainability, recycling and awareness about the gift of creation and its fragility is highlight to all members of our community. There is a real passion to become a home where advocacy and practical application of recycling and reducing waste and the use of renewable energy is put into action. The reduction of waste through the use of reusable containers, removing plastic wrappers, reusable water bottles and coffee cups, reducing printing and the recycling of various materials including batteries, texters and markers and food waste is taking momentum and we seek to involve our students to take the lead in putting into place practical ideas and processes to support the care of our God given planet.

### **FATHER'S DAY**

While we are unable to gather to celebrate our Fathers and Grandfathers we will certainly highlight their love in our lives through our Assembly next week. Thank you to all families for sharing photos which will be included. We pray and ask for God's blessing at this time for all our Dads and Granddads that they will always remain deep in our hearts.

Jason Scanlon  
**Assistant Principal, Religious Identity & Mission**

## Mission and Identity continued ...

### Cry of the Earth, Cry of the Poor

*By listening with an open heart  
to those who are most affected,  
we can begin, with the help of the Holy Spirit,  
to discern the signs of the times.*

*Lord, when we listen with your ears we hear:  
the bush grown more silent,  
the birdsong less vibrant,  
the stream's sluggish ripple.  
Have mercy and open our ears.*

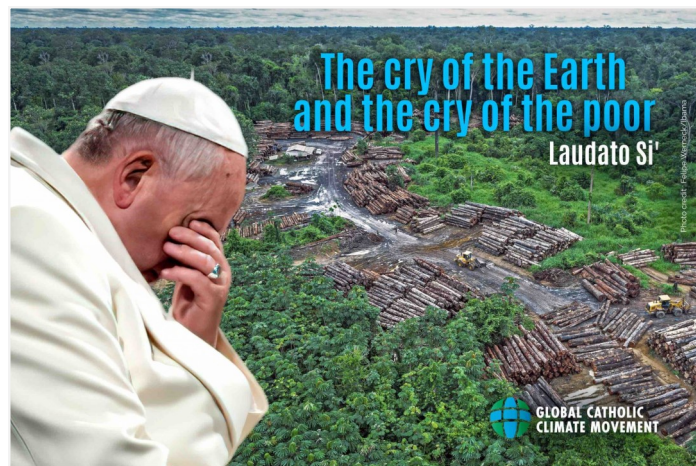
*Lord, when we look with your eyes we see:  
the soil depleted,  
the sky smudged,  
the oceans rubbished and the great currents  
slowed.  
Have mercy and help us to see.*

*Lord, when we look with your eyes we see:  
the workers who struggle to get by,  
the women subjected to violence,  
the people who are excluded.  
Have mercy and help us to see.*

*Lord, when we listen with your ears we hear:  
the sound of hungry children,  
the distress of the mentally ill,  
the silent pain of homeless women and men.  
Have mercy and open our ears.*

*Send your Spirit upon us Lord to renew our sight,  
to restore our hearing and to reclaim your reign of  
justice for all people and peace for creation.*

AMEN



# Around the College

## The Dish

Thank you to St Edmund's staff for preparing and delivering 40 hot meals last Tuesday night, in terribly wet and windy conditions for people in need through The Dish. Volunteering to help others in these times is nevermore welcomed and needed. For a lot of people, it's the only decent meal they will get that day or week. Thanks to our compassionate staff for lending a hand.



## Hello from a few familiar faces ...



## Awards online

### Eddie's Best:

**7F** Christopher  
**8T** Will  
**9C** Krish  
**10M** Lachie  
**11J** Claire  
**12G** Kiara

**7V** Gemma  
**8P** Adam  
**9E** Hugh  
**10O** Sebastian  
**11S** Samuel  
**12L** Shontelle

All Eddie's Best recipients will have morning tea with Mr Franzin next Tuesday online. A Teams invitation will be sent out to those students.



## Term 3 Mufti Day - Jersey Day - from home or from school!

### Friday 3rd September

At our recent College Leaders' meeting held online, it was decided that our Term 3 Mufti Day would be rescheduled to coincide with our Father's Day liturgy to be held on Friday, 3rd September.

As our usual Term 3 Mufti Day is 'Jersey Day', all students, whether learning from home or on site are welcome to wear their favourite jersey, scarf or beanie for the day. It will be fun to see everyone in their jerseys in homeroom online in the morning.

If your Dad is working from home with you, please invite him to join in the fun!  
No gold coin is needed for this Mufti Day.



# Around the College



## Important Dates

Please check below for changes to our previously advertised dates:

### Term 3

Tue 31st Aug	Athletics Carnival <b>to be rescheduled</b>
Fri 3rd Sep	Father's Day online liturgy
Fri 3rd Sep	Term 3 Mufti Day (Jersey Day online) <b>see this Newsletter</b>
Thu 9th Sep	St Edmund's Golf Day <b>to be rescheduled</b>
Wed 15th - Fri 17th Sep	Senior Retreat <b>to be advised</b>
Fri 17th Sep	Last day of Term 3

### Term 4

<b>Mon 4th Oct</b>	<b>Public Holiday</b>
Tue 5th Oct	First day of Term 4 for students and staff
Tue 12th Oct	Swimming Carnival <b>to be rescheduled</b>
Fri 22nd Oct	Term 4 College Disco (current students only) <b>to be advised</b>
Thu 28th Oct	Term 4 Men's Group Meeting
Tue 2nd Nov	Term 4 Mufti Day
Wed 10th Nov - Fri 12th Nov	Years 9 & 10 Camp <b>to be advised</b>
Tue 23rd Nov	Term 4 Parent Group Meeting
Tue 10th Nov	Orientation Day
Fri 19th Nov	Abbotsleigh Concert
Fri 26th Nov	Year 12 Graduation Formal
Tue 30th Nov	Presentation Ceremony
Fri 3rd Dec	Year 12 Farewell Mass
Fri 3rd Dec	Last day of Term 4

## Tennis Australia

Tennis Australia and Tennis NSW have kindly donated equipment to St Edmund's as part of one of our School Sports grants. Students have been enjoying ball handling skills and mastering their hand/eye coordination and fine motor skills. We cannot wait for all students to return to enjoy these gifts.

Lois Horne  
Coordinator PDHPE



# national science week 2021



Toca Life: Farm



Thank you everyone for participating in **Science Week!**

This year we were learning about FOOD. Students completed several activities including: Why we need it, nutrients, where it comes from and healthy and unhealthy foods.

### Activities included:

- ◆ eBook videos and worksheets
- ◆ Kahoot! Quiz #1 and # 2
- ◆ Using the Toca Life: Farm app to explore how we get food
- ◆ What I ate today PicCollage diary

### Making videos of Toca Life:

- ◆ Farm activities
- ◆ Building a farm in Minecraft
- ◆ Testing staff's morning tea and lunch for nutrients

## MINECRAFT FARMS – some examples



Angelica Hernandez



Ben Marsh



Brendan John

**\*\*\*\*\* Science Week Winners! \*\*\*\*\***

**College Kahoot!  
Quiz 1 Winner**



Well done Athena!

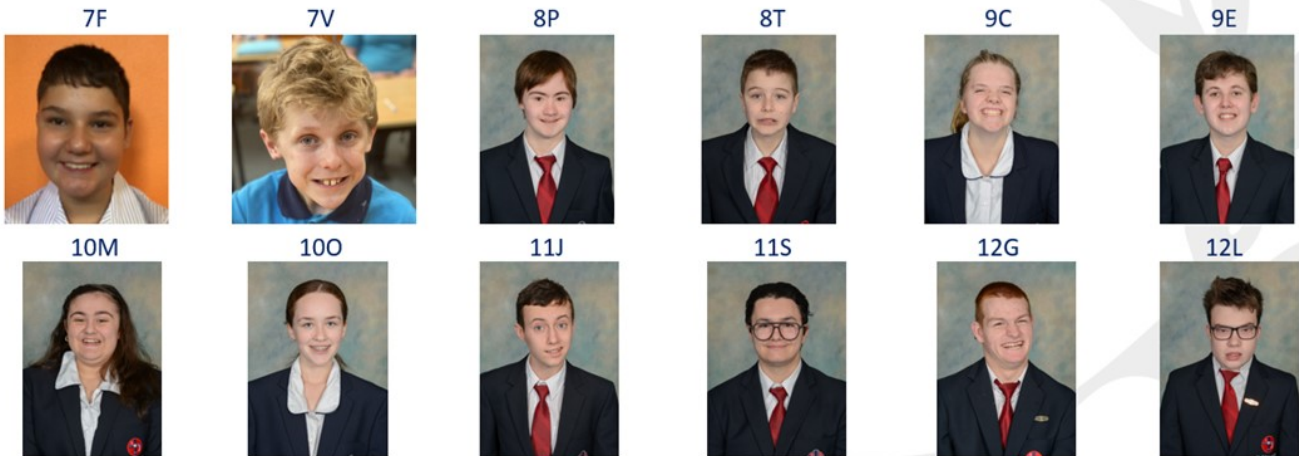
**College Kahoot!  
Quiz 2 Winner**



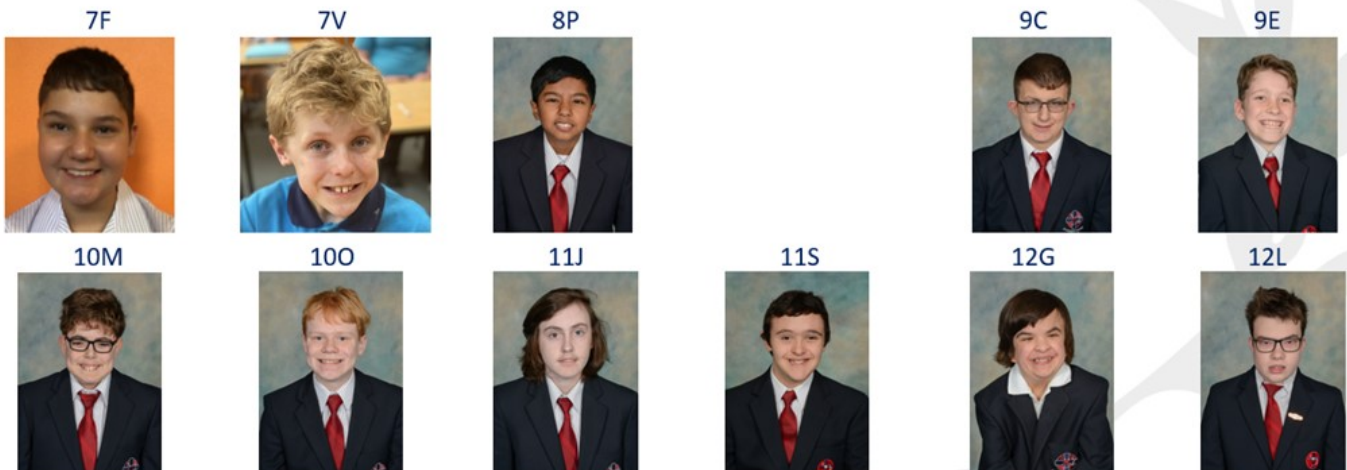
Well done Dom!



**Kahoot Quiz 1 Winners**



**Kahoot Quiz 2 Winners**





# Testing Staff Food!



Mr Franzin - tomato sauce



Black means there is starch



Mr James - walnuts

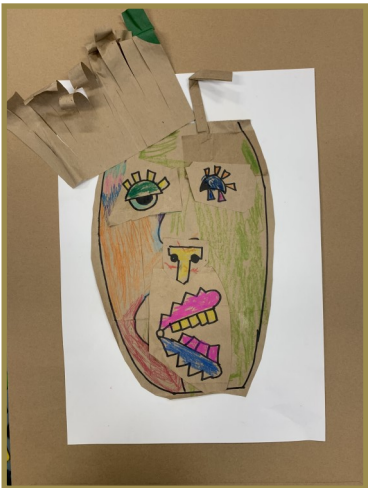


Miss Hopkins - mandarin

Around the College  
Class 7 - Cubist Portraits



Evangelia working on her artwork from home





## From the Parent Group

Firstly I would like to thank St Edmund's for providing parents and carers with the opportunity of listening to Mark Bunn last Tuesday night at our Term 3 Parent Group Meeting. To be able to still hold Parent Group meetings at this time is so important as it enables us to feel connected with the College community. Mark Bunn was able to provide some valuable information and reminders as to how to care for ourselves not just during lockdown but as parents and carers. This meeting was recorded and if you would like a copy, please contact Candice Palin. Mark's book is also available for purchase at a discounted rate. Please see below for more information and for Candice's details.

The Paralympics have started with some wonderful achievements already by our wonderful Australian Paralympians. This is wonderful for our parents and our children to watch as these athletes are inspiring and reaching amazing achievements despite the hurdles life has thrown at them. A great lockdown treat to be able to cheer on some more Aussie athletes.

With all of September in lockdown we are looking at some more tough times ahead. Be reminded that you are not alone. Look up fellow class parents for a chat, a virtual catch up with your class or reach out to St Edmund's if you need to. We all know and understand how hard this can be. Also checking in on one another, an email, call, or a text message is a great way to let someone know you are thinking of them and also lift someone's spirits.

Stay at home they said  
But why he said  
Because of the virus they said  
But why he said  
To keep us all safe they said  
But why he said

Another month they said  
But why he cried  
People are getting sick they said  
But why he cried  
This virus is like no other they said  
But why he cried

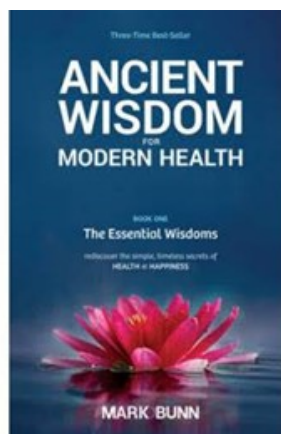
We must come together and do something good for us all they said  
But why he said  
So that we can protect those we love they said  
But why he said  
So when we see each other again no one will be missing they said  
He smiled, OK he said.



Janine Eastham  
Tom's Mum  
**Parent Group Leader**

Mark is offering his three time best selling book '[Ancient Wisdom for Modern Health](#)' to all parents at a reduced price of \$20, normally RRP \$29.95 plus postage. If you would like to purchase a copy, please email Candice on [palin@erses.nsw.edu.au](mailto:palin@erses.nsw.edu.au).

Thank you.





# NEED SUPPORT?

What Ability is a disability support service that connects you with professional and semi-professional athletes that are support workers in your area.



Here's what we could do together:

-  Bushwalking
-  Beach days
-  Surfing
-  Exploring local cafes
-  Rockclimbing
-  Holiday camps

Ready for fun?

 02 9719 9014

 @whatability

 [whatability.com.au](http://whatability.com.au)

**What Ability** 

# My Health Folder

Health information Folders for Children  
with complex Health needs.



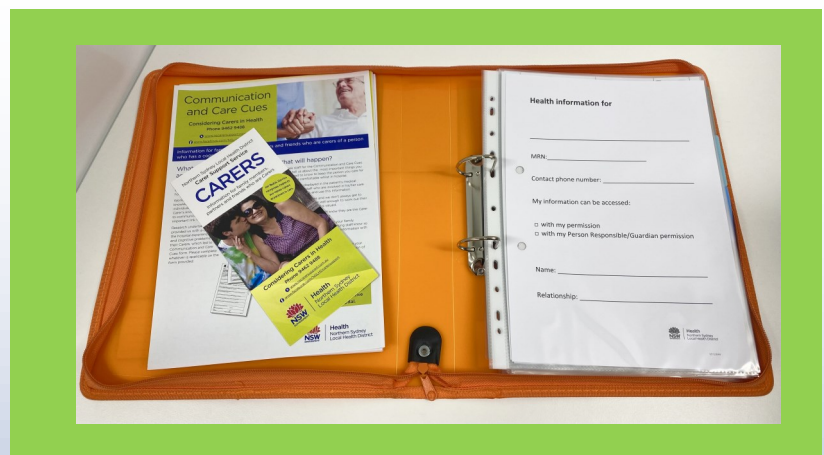
Does your child have complex health needs and see different Doctors or go to hospital? You are perhaps finding it difficult to keep all their Health information updated, together and easily accessible

NSLHD has developed a Health Information Folder to help make this process easier for you.

There is space for important details, Medical reports; personal tips and tricks to engage with your child—the **Communication and Care Cues**. Storage for appointment letters and reports which can be grouped by Specialists . Medication charts and scripts and reports.

These folders will be delivered for you to collect from your school, they are free of charge, to help make you and your child's journey a little easier, and keep information for future reference

## Register for one today!



For more information or to request a folder contact: **NSLHD Carer Support Service** by  
Email: [NSLHD-Carers@health.nsw.gov.au](mailto:NSLHD-Carers@health.nsw.gov.au). Or phone **9462 9488** during business hours

We keep Carers connected through our internet and Facebook please join us

Facebook: [www.facebook.com/NSLHDcarersupport/](http://www.facebook.com/NSLHDcarersupport/)

or Website: [www.nscarersupport.com.au](http://www.nscarersupport.com.au)

*Our goal is to create an environment that recognises,  
respects and values Carers as Partners in care with Health*



**Health**  
Northern Sydney  
Local Health District

# Invitation For Carers



BETTER LIFE FOR CARERS<sup>®</sup>  
*... make the change!*

## 6 –Workshop Online Course for Carers plus 2 Individual Coaching Sessions

***“A truly unique development and coaching journey for carers, helping them to make long-term changes in order to practise self-care, reduce stress, increase overall well-being, and to become a more skilled, balanced, resilient and more effective person and carer”***

### Features and Outcomes of the Journey Include:

- A forum to exchange stories, challenges and ideas
- An ongoing network to support one another
- An opportunity to learn more about yourself – the way you “Tick” and how this may help or hinder you in improving your life.
- Learn and apply techniques for setting and following through with realistic goals to implement real, positive change to create better balance and joy in life.
- An opportunity to build and maintain a habit of looking after yourself
- An opportunity to build your capacity and effectiveness as a carer.
- Actually doing it – not just learning about it!

For more information: <http://www.betterlifeforcarers.com.au/>

Tuesdays,  
19 Oct to 23 Nov,  
6:30pm to 9:00pm

(no daytime course  
this Quarter)

Location:  
Online (Zoom)

Max. 10 participants  
per course

Carers registered with  
the ‘Carer Gateway’  
or YourSide are likely  
to be eligible for full  
funding.

To find out more and  
express your interest  
go to  
[betterlifeforcarers  
.com.au/upcoming-  
events](http://betterlifeforcarers.com.au/upcoming-events)

