



*Inspiring Independence, Transforming Lives*



## Principal's Message ...

Dear Parents, Students and Friends of St Edmund's,

**Blessed Edmund Rice Feast Day** - 'If you stand for nothing you will fall for anything' – and there's a truth in that saying. Fortunately, at St Edmund's, we have some powerful exemplars to keep reminding us of that for which we stand: Jesus and the man whose life we celebrated this week and Blessed Edmund Rice, our founder. Today we celebrated the feast of Blessed Edmund Rice, who showed, through his life that he stood for compassion and the practical love of others, particularly the poor and uneducated – a love which found its source

in his deep faith in and relationship with God. We need to hold on to his example here at school, because there are so many competing voices, values and influences which could lead us in any random or self-serving direction. The same is true of us individually as teachers, parents and anyone who, through St Edmund's College, is engaged in our ultimate goal or nurturing, educating and developing the students in our care.

The story of Edmund Rice is an inspiring example of what it means to be a successful person with a meaningful life who stood for something both practical and inspiring. As an ordinary man he allowed himself to be moved by compassion for the poor, young, uneducated boys of Waterford, Ireland, responding in a practical way by feeding, clothing and teaching them; and, not driven by fame, status, money – or any other expression of pure self-interest, but by an uncomplicated faith in Jesus and his sense of compassion. On Tuesday we also held a College assembly to welcome back students after the Easter and term break and also to acknowledge and hold our own Remembrance ceremony for ANZAC Day.

**Finland Study Tour** - As mentioned previously I had the opportunity to attend a study tour of the Finnish education system during the last week of term and during the term break. I was fortunate to visit a number of schools both primary and secondary and speak with Principals and teachers. It is always fascinating to see how other countries and school systems operate and what priorities they have for their students. The Finnish education system is highly regarded, particularly for its results in the Program for International Student Assessment (PISA) which is an international measurement of 15 year old students from all over the world in reading, mathematics and science. Finland consistently rates as one of the best countries in the world in this assessment. I came away impressed with a number of areas including their approach to teacher training, ongoing professional development for teachers, an integrated approach to their curriculum and a strong focus on literacy and numeracy in the junior years. I will have an opportunity to feedback my findings to the staff and look at ways of incorporating these learnings into our daily work at St Edmund's.

**Uniform** - The start of the new term saw the great majority of students looking very smart in their winter uniform. Thank you to all the parents who went through the regular ritual of dragging out last year's winter gear, discovering what still fitted or was in good condition and got their child looking their best for Day 1. A gentle reminder that boys should be wearing long pants and their blazer and girls winter skirt, white shirt and blazer. If you have yet to organize these items could I ask that this is done as soon as possible and please do not hesitate to contact Wendy Scott at Reception should you require any additional assistance.

**College Website** - This week we launched our new College website which provides updated information about the College, reflects our new branding, is far more user friendly and able to be accessed using a range of devices. I thank the College Executive for their input into the website development and Candice Palin – Head of Marketing & Communications for her coordination and lead of this project. I would encourage all parents to familiarize themselves with the website as this will be the main source of information about upcoming events and information related to the College.

Best wishes for the week ahead.

Jon Franzin  
PRINCIPAL

## St Edmund's College ANZAC Ceremony

Thank you to Captain Ian Carter and Byron's dad, Squadron Leader Sean Winckel for taking time from their busy schedules to be with us on Tuesday at our ANZAC Day Ceremony. Our community is fortunate to have this wonderful support.





## Schedules

One of my major responsibilities is creating timetables for students and staff. Without timetables or schedules, the College would not function efficiently, economically or comfortably. A timetable is a basic time-management tool consisting of a list of times at which possible tasks, events, or actions are intended to take place, or of a sequence of events in the chronological order in which such things are intended to take place.

At St Edmund's we develop schedules with learning "life skills". We include them at the beginning of lessons to explain what we will teach, the order in which we will introduce the topic and the expectations for learning by students. Schedules are necessary, or at least useful, in situations where individuals need to know what time they must be at a specific location to receive a specific service and where people need to accomplish a set of goals within a set time-period. Making and following schedules is an ancient human activity, you may consider some early Australian paintings less of an art form and more of a schedule to explain their stories, beliefs or plans.

A significant number of St Edmund's students are given by teachers a particular type of schedule before going on an excursion. This supports their understanding of the progress of events and places to be visited during the day and helps to alleviate the anxieties caused by a change of routine. I recall watching a news program in late March about the use of schedules by autistic adults. One of the surprising or unexpected comments was mentioned by one woman, who shared that she felt most secure when out at railway stations. She always knew where everything was because it was so ordered, that she understood people's behaviour more easily because it was more logical, that there was information everywhere such as timetables, platform numbers, exit signs, clocks and up to the minute information on each platform.

One of the more interesting elements of the program ventured onto managing anxiety during stressful situations through an App. Molehill Mountain designed by Austistica UK to help autistic people understand and self-manage anxiety. You can use Molehill Mountain to explore the causes and symptoms of anxiety including: track your worries and the situations that trigger anxiety; get evidence-based daily tips to understand more about anxiety and to feel more confident to self-manage anxiety. Molehill Mountain is available on the App Store.

**Carl Southern**  
*Head of Administration*

## Congratulations Dion and Belinda!

Well done and congratulations to our College Vice Captain, Dion, who had his artwork selected to be displayed at the Royal Easter Show this year.

Not all artwork is automatically selected to be hung as they go through an initial selection process and only the best are selected before being judged. The Royal Easter Show is the biggest art exhibition in the Southern Hemisphere attracting more than 4,000 entries each year. This is an amazing achievement Dion - we hope a lot of our community were able to see it. We are all extremely proud of you!



Another special congratulations to Belinda (Year 12) who recently competed in The Australian Junior Athletics Championships winning the Bronze medal in the 800m.

Also, over the school holidays, Belinda competed in the Arafura Games in Darwin, winning Bronze in the 400m and also the 1500m. The Arafura Games is a unique, inclusive, multi-sport event where athletes with a disability compete in the same program as able-bodied athletes. Competitors from around the world compete in the week-long games.

Belinda has also been selected to represent Australia in the INAS Global Games in October in Brisbane. Belinda you can be sure our College community will be cheering you on!

## Term 2 Canteen Roster

Date	Year	Names
7th May	9	Ingrid Beaven, Geraldine Pickford and Kim Wingrave
14th May	11	Sharon Gillett, Susanna Weber and Liza Barber
21st May	7	Mary Beijerink-Goooley and Karen Neville
28th May	11 & 12	Alison Swinbourne, Virginia Silvia and Cathy Flynn
4th June	7	Juliet Phelps and Ann-Maree Zofrea
11th June	7 & 8	Elise Lam, Felicity Taylor and Dale Winckel
18th June	9 & 10	Carolyn Jensen, Sally Carson and Maria Burwood
25th June	12	Tenny Sutiono, Yiennur Lisa and Omega Wu

## Absentees from the College

### Absentees

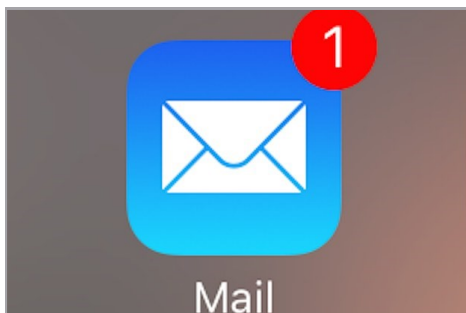
If your child is absent from the College for any reason:

- ⇒ Please phone Mrs Acret in the College office or email: [secretary@stedmunds.nsw.edu.au](mailto:secretary@stedmunds.nsw.edu.au) on the first morning your child is absent so that the homeroom teacher can be advised; and
- ⇒ A written note (or email) must accompany your child when he/she returns to the College - this is a legal requirement for the class roll.

### Requesting Leave during College term (for any reason)

It is expected that every endeavor is made for students' leave to be taken during the College holidays. If however, this is not possible, a request should be:

- ⇒ Emailed to Mr Franzin on [franzin@erses.nsw.edu.au](mailto:franzin@erses.nsw.edu.au) asking for permission and giving the reason for the leave. The necessary form will be emailed back to you to be completed and returned to the College. Mr Franzin will respond to your email, copying in the Homeroom teacher and Mrs Acret. This is also a legal requirement for the class roll.





St Edmund's  
COLLEGE

ST EDMUND'S COLLEGE AND EDDIE'S MATES EXTEND A  
WARM INVITATION FOR YOU TO ATTEND THIS YEAR'S

# NEON *Nights*

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## EDDIE'S BIG NIGHT OUT

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FEATURING GUEST MC **VINCE SORRENTI**

- Date:** Saturday 15<sup>th</sup> June, 2019, 7pm - Midnight
- Venue:** Miramare Gardens, 48 Myoora Rd, Terrey Hills
- Tickets:** \$160pp includes 3 course meal,  
beverages and live entertainment
- Booking:** Please secure your ticket(s) online  
at <https://www.trybooking.com/BBBQU>
- Dress Code:** After Five
- RSVP:** 7<sup>th</sup> June
- Enquiries:** Please email [events@stedmunds.nsw.edu.au](mailto:events@stedmunds.nsw.edu.au)



**CORPORATE TABLES AVAILABLE**

## Up and Coming College Events

*Mother's Day Liturgy followed by Morning Tea*

*Friday 10th May*

8.50 a.m. College Liturgy

9.30 a.m. Morning Tea

Please RSVP to Wendy Scott  
[scott@stedmunds.nsw.edu.au](mailto:scott@stedmunds.nsw.edu.au)



### St Edmund's Term 2 Disco - Friday 17th May

The Invitation to the Disco is attached to this Newsletter. Please don't forget to click on the link to advise that you are going to be there.



### Men's Group Meeting - Term 2 - Tuesday 4th June

Please keep this date in your diary. The Men's Group is a quarterly 'get together' for a few drinks and a sausage sizzle with other dads from St Gabriel's School, St Lucy's School and St Edmund's. There are lots of laughs, shared stories and discussions on relevant topics around the pressures that families encounter from day to day. Come along and bring another dad from your child's class!

Please watch for reminders in these Newsletters and also information on who the guest speakers will be at the upcoming meetings.

The dates for this year are all set and they are:

Tue 4th June

Wed 28th Aug

Tue 29th Oct



A reminder that  
Friday 7th June  
is a Staff Day at  
St Edmund's.



## Important Dates to Remember - 2019

### Term 2

Fri 3rd May	Edmund Rice Day celebrations - Mass and BBQ lunch
Tue 7th May	Year 10 Immunisation
Fri 10th May	Mother's Day Liturgy and Morning Tea
Tue 14th May	Post School Transition Parent Evening (see invitation attached)
Fri 17th May	Term 2 College Disco
Tue 28th May	Term 2 Mufti Day
Mon 3rd Jun	Term 2 Parent Group Meeting
Tue 4th Jun	Term 2 Men's Group Meeting
<b>Fri 7th Jun</b>	<b>Staff Day (pupil free day)</b>
<b>Mon 10th Jun</b>	<b>Queen's Birthday public holiday</b>
Sat 15th Jun	Eddie's Big Night Out (Miramare Gardens, Terrey Hills)
Wed 19th - Fri 21st Jun	Years 7 & 8 Camp
Fri 28th Jun	RFS Cadet & Leadership Award Assembly
Fri 28th Jun	Last day of Term 2

### Term 3

Mon 22nd Jul	Students & Staff return to Term 3
Fri 9th Aug	Term 3 College Disco
Tue 13th Aug	Senior Information Evening
Tue 20th Aug	Term 3 Mufti Day
Wed 21st Aug	St Edmund's Golf Day
Wed 28th Aug	Term 3 Men's Group Meeting
Fri 30th Aug	Father's Day Breakfast
Mon 9th Sep	Term 3 Parent Group Meeting
Tue 10th Sep	St Edmund's Athletics Carnival
Sun 15th Sep	Family Fun Day (St Edmund's field)
Wed 25th - Fri 27th Sep	Senior Retreat
Fri 27th Sep	Last day of Term 3

### Term 4

<b>Mon 14th Oct</b>	<b>Staff day (no students)</b>
Tue 15th Oct	Students return to Term 4
Tue 22nd Oct	St Edmund's Swimming Carnival
Fri 25th Oct	Term 4 College Disco
Mon 28th Oct	Year 7 Immunisation
Tue 29th Oct	Term 4 Men's Group Meeting
Wed 30th Oct - Fri 1st Nov	Years 9 & 10 Camp
Mon 4th Nov	Term 4 Parent Group Meeting
Tue 5th Nov	Term 4 Mufti Day
Tue 12th Nov	Orientation Day
Fri 22nd Nov	Abbotsleigh Concert
Fri 29th Nov	Year 12 Graduation Formal
Tue 3rd Dec	Presentation Ceremony
Fri 6th Dec	Year 12 Farewell Mass & BBQ lunch
Fri 6th Dec	Last day of Term 4

## Birthdays

**HAPPY  
BIRTHDAY  
KINGSLEY**



St Edmund's  
COLLEGE

Year 11 and 12 Parents  
Please join us for our

## POST SCHOOL INFORMATION EVENING

Tuesday 14<sup>th</sup> May 2019  
at St Edmund's College  
6.00 p.m. to 8.00 p.m.

Guest Speaker: Lewin Ellis  
Community Engagement Officer, Uniting  
and  
Past Parent Presenters

Light refreshments will be served

Please RSVP to Jacqui or Lisa on [work@stedmunds.nsw.edu.au](mailto:work@stedmunds.nsw.edu.au)  
by 7th May 2019



### It's on again! Woolworths Earn & Learn

- |                |   |
|----------------|---|
| <b>SHOP</b>    | For every \$10 you spend you'll get an Earn & Learn sticker                               |
| <b>COLLECT</b> | Collect as many stickers as you can between now and 25th June                             |
| <b>GIVE</b>    | Send your stickers to St Edmund's College office so we can redeem them for new equipment! |

**Thank you for your support!**



## **SNAPCHAT for PARENTS**

### **What is Snapchat?**

Snapchat is an application which is free to download on iOS and Android devices that allows users to send images ('snaps') to each other. Operating the app requires use of the device's data plan or wireless internet connection. Images can be drawn on using a whiteboard-style tool and can be given a caption. Images can be sent to other users for up to 10 seconds before they 'dissolve'.

### **What is the age restriction for Snapchat?**

The age classification for Snapchat is 13 years old although much of the content may be inappropriate for that age group. If children under the age of 13 sign up for an account they are given access to 'SnapKidz' which is a limited version of the app where users are not able to send images to other devices. It is important to note that these classifications are set by the app's creator and are not overseen by an independent body.

### **How are kids using Snapchat?**

Snapchat is used by many young people to keep up with their friends and to send photos to each other. Snapchat can, however, be used for inappropriate purposes and it is important to sit down with your child and explain to them that it is not okay to share images that are rude, offensive or sexualized.

### **Should I be worried if my child is using Snapchat?**

Any application when used incorrectly has the potential to cause harm. It is important that you communicate openly with your child about how they may be using an application and the legal and ethical ramifications of inappropriate use. Children and young people also need to be aware of the risks of communicating with people they don't know via any mobile application.

### **Does an image really delete on Snapchat?**

There are many ways an image can be saved, even on Snapchat. iOS and Android devices have a feature which allows the device to take a photo of what is on the screen ('screen capture'). Snapchat notifies the sender if an image they have sent has been captured, however you are not always notified. There are many other ways images can be saved without the sender being notified so it is important to encourage children to think before they post.

### **What are the privacy settings on Snapchat?**

Snapchat has very limited privacy settings and it is important to monitor your child's usage of the application. One privacy setting that is available is the ability to restrict who can send your child snaps. This can be enabled by going into the Settings menu, under Who can send me snaps ..., then select My Friends. This will ensure that only users on your child's contact list can send images.

### **How do I delete my child's Snapchat account?**

To delete a Snapchat account you can go to <https://support.snapchat.com/delete-account> and enter your child's account username and password. If you do not have your child's password you can put a deletion request into Snapchat.

# Ladies' Shopping Night



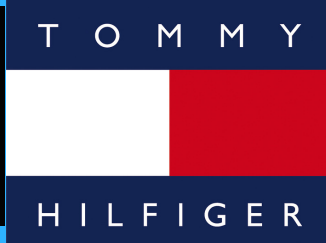
St Edmund's  
COLLEGE



ESTÉE  
LAUDER  
COMPANIES

Wednesday 8th May, 4.30pm-7.30pm

BOBBI BROWN



CLINIQUE

Enjoy huge reductions on a massive range of  
branded make-up, perfumes and skin care

\$10 per ticket

Tickets can be purchased at the door

Please RSVP to Wendy at [scott@stedmunds.nsw.edu.au](mailto:scott@stedmunds.nsw.edu.au)

165A Mitchell St, ERSKINEVILLE

An Invitation to...

St Edmund's College

# DISCO

When: Friday 17<sup>th</sup> May 2019

Time: 7pm-9pm



Where: St Edmund's College Gym

60 Burns Road, Wahroonga

Enter via the side gate to the left of the College main entrance  
marked 'Pool'

- \* Cost: \$15 per person
- \* All St Edmund's students must be signed in by a parent at the door
- \* Drinks and snacks available on the night

NB: Smoke and bubble machine and laser sometimes used.

Please click on the link below

to register your attendance for the Disco!

[https://docs.google.com/forms/d/e/1FAIpQLSdiiE4R9fnwCyxXGoG1KiPGujJy\\_JcyhfIG6vH\\_Fz4uQbtJgMg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdiiE4R9fnwCyxXGoG1KiPGujJy_JcyhfIG6vH_Fz4uQbtJgMg/viewform?usp=sf_link)

# Short of ideas these School Holidays?

## Need an extra set of hands?



# SUPERSITTERS




## ...are super support buddies



ABALink SuperSitters give your child an opportunity to do fun things either in the home or out in the community such as...





-  Go to a movie
-  Bake a cake
-  Visit the Zoo
-  Play PlayStation/Xbox

### SuperSitters are...

-  Specialist trained support workers for children and adolescents with a broad range of complex needs and, or developmental delays
-  Interested in engaging with your child in 1:1 activities
-  Fully supported with ready access to our experienced coordination unit

You can relax knowing they are in good hands

### Availability:

-  Casual basis or longer term support
-  School holidays
-  Week days and nights
-  Public holidays and weekends

Offering peace of mind and the right support when you need it



### Hourly and Daily Rates Available

### Contact us



enquiries@abalink.com.au



02 9411 4618



Suite 1, Level 3, 5-9 Devlin St, Ryde NSW 2112

[abalink.com.au/supersitters](http://abalink.com.au/supersitters)

NDIS terms and funding supports used to describe these services are

- Improved relationships
- Increased social and community participation

# AFL SYDNEY DISABILITY COME & TRY

**SUNDAY, MAY 5**  
**11:30AM - 1PM**  
**DRUMMOYNE OVAL**

- Boys and girls aged 9 to 16
- A day of footy fun, learn the skills of AFL being active with mates
- Free family pass to a Swans or GIANTS game for all who attend

**REGISTER INTEREST**

For more information -  
[nicole.greentree@afl.com.au](mailto:nicole.greentree@afl.com.au)





# Expressions of Interest for Winter Indoor Cricket!

Do you miss your Blowfly cricket buddies in the off-season??

We have an opportunity to keep on having a ton of fun with Blowfly cricket during autumn and winter!

If we gather sufficient interest in playing cricket at an Indoor centre, we have a great plan for you!!!

**When?** Sunday late afternoons from 5<sup>th</sup> May – 25<sup>th</sup> August  
(excluding June long weekend and July school holidays)

**5:30pm – 7:30pm:**

5:30pm – 6:00pm BBQ & Drinks

6:00pm – 7:30pm Cricket Game

**Where?** Action Indoor Sport Centre – Mount Kuring-Gai

7a Gundah Rd, Mount Kuring-Gai

[www.aismtkuring-gai.com.au](http://www.aismtkuring-gai.com.au)

**Cost?** \$25 registration per family for 12 Sunday sessions

**Contact?** Please email Rick Jones (Maddie's Dad) if you are interested before Monday 15<sup>th</sup> April: [rick.jones@iinet.net.au](mailto:rick.jones@iinet.net.au)



# Sony Camp 2019

**Sunday 8 to Wednesday 11 December 2019**

**CLOSING DATE FOR APPLICATIONS: Friday 31 May 2019**

Pymble Ladies' College and Shore School are proud to host the Sony Foundation Children's Holiday Program, a fun-filled, live-in camp for children who have a physical, mental or developmental disability.

*Proudly supported by the Sony Foundation.*

**For more information, please visit:**  
[www.pymblelc.nsw.edu.au/community/sony-camp/](http://www.pymblelc.nsw.edu.au/community/sony-camp/)

To find out more on Sony Camp, email [sonycamp@pymblelc.nsw.edu.au](mailto:sonycamp@pymblelc.nsw.edu.au) or call Melissa Boyd (Camp Co-ordinator) on **02 9855 7634**



*Pymble Ladies' College*



**SHORE**

# HORNSBY

## Skills 4 Life

Term 2 2019

Northcott's 'Skills 4 Life' program empowers young people with disability aged 14 to 17 years with the skills to:

- Express an opinion, communicate and participate in discussions
- Contribute to decision making
- Work with and respect others
- Build confidence, independence and a healthy self esteem
- Identify personal strengths and weaknesses

TUE 7 MAY



All About ME

THU 9 MAY



Setting Goals

TUE 14 MAY



Planning to Cook

THU 16 MAY



Cooking

TUE 21 MAY



Community P1

THU 23 MAY



Problem Solving

TUE 28 MAY



Travel Training

THU 30 MAY



Telling the Time

TUE 4 JUNE



Relationships

THU 6 JUNE



Coping with Emotions

TUE 11 JUNE



Planning to Cook

THU 13 JUNE



Cooking

Please see reverse for terms and conditions

# HORNSBY

## Skills 4 Life

Term 2 2019

TUE 18 JUNE



Community P2

THU 20 JUNE



Healthy Living

TUE 25 JUNE



Social Skills

THU 27 JUNE



Following  
Directions

TUE 2 JULY



Planning a Party

THU 4 JULY



End of Term Party

**Time:** 4:00pm – 6:00pm

**Location:** Suite 719/ 720, Level 7,  
1C Burdett Street, Hornsby

**Cost:** \$90 per term

**NDIS cost:** The NDIS cost is based on a 1:3 standard ratio. If you require a higher level of support please contact us for a customised quote. Prices are based off the current NDIS price guide as of 1 July 2018 and are subject to change.

**RSVP:** Places are strictly limited. Please RSVP a minimum of two weeks before the start of term.

**What to bring:** Please bring a drink and afternoon tea, an OPAL card on public transport days and if possible a companion card on days where the group is out in the community.

**Cancellations:** If you need to cancel your place once it has been confirmed please contact Northcott on 1800 818 286. Please give at least 24 hours notice for any cancellations.

**Confirmations:** Confirmations for all activities will be sent out once the minimum numbers have been reached. Please be aware that a minimum of three participants are needed for an activity to go ahead.

### RSVP:

1800 818 286

northcott@northcott.com.au

northcott.com.au



**Northcott**  
Let's see what you can do

# Football For All



West Pennant Hills Cherrybrook Football Club is accepting registrations for boys, girls and adults aged over 5 with an intellectual disability to play soccer in the 2019 season ( 6th April – mid August 2019).



Our program gets better every year so don't miss out on this great opportunity to have some fun with your friends while getting fit, learning about sportsmanship, improving your skills, coordination, fitness and playing in a team.

**We cater for all skill levels and no previous experience is necessary.**

We train and play weekly, 1pm - 3pm each Saturday at James Henty Oval in Dural .

No midweek training. It's all about FUN and PARTICIPATION!

## Register online now - \$ 70

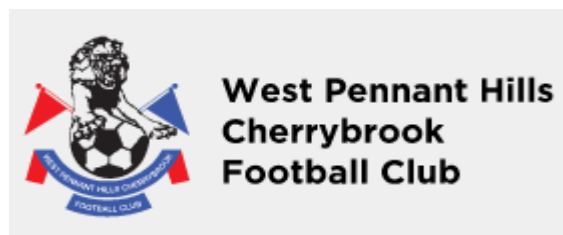
For further information contact :

Slav VISEVIC -

**0422 888 592**

**[football4all@wphcfc.net.au](mailto:football4all@wphcfc.net.au)**

See the Club Website for details:



<https://wphcfc.com.au>

We're happy to advise that Sound Scouts is now **FREE** for all children aged 4 - 17years thanks to support from the Federal Government.

Sound Scouts is a hearing test incorporated into a mobile game. It checks for three different types of hearing issues:

1. Conductive hearing loss (middle ear issues)
2. Sensorineural hearing loss (inner ear issues)
3. Difficulties listening in noise (often caused by processing issues, attention issues or language issues including ESL)

Sound Scouts is an evidence based application developed in collaboration with the National Acoustic Laboratories and is supported by Australian Hearing.

**To access the free sessions:**

1. Download the APP on a mobile device from the App Store or Google Play - tablets/iPads are preferable when testing younger children however a phone can be used.
2. Or alternatively update the APP if you have previously used it.
3. Use a good quality set of ADULT headphones eg. Sennheiser HD 100 – Please DO NOT use without headphones.
4. Any responsible adult - ideally with good hearing - can set up and oversee testing.
5. Ensure the test is carried out in a quiet room.
6. WiFi is required to process the results and receive an immediate report. The report will also be sent to the email provided.

For additional information and testing resources please visit our website:  
[www.soundscouts.com.au](http://www.soundscouts.com.au)

If you have any enquiries please contact us on: [team@soundscouts.com.au](mailto:team@soundscouts.com.au)

**In partnership with**



Sound Scouts HQ Pty Ltd  
Ph: 61 2 9460 6768