

Inspiring Independence, Transforming Lives

### Principal's Message ...

Dear Parents, Students and Friends of St Edmund's,

**St Mary MacKillop:** On Monday and throughout the week during morning prayer we celebrated the life of one Australian who ran the race to the end, kept the faith and in doing so created a greater legacy for Australia – this Saturday is the feast day of **St Mary MacKillop**, Australia's first officially recognised saint. Starting her race in the humble town of Penola, Mary MacKillop's journey began to provide schools, orphanages and shelters for the poor, the young, the homeless and destitute, the

aged and the infirm and those suffering in our society, driven not by a quest for glory but by the love of God and her fellow humans and in its simplicity and focus, an example anyone can emulate, in small or large ways.

**Feast of the Assumption:** In our very secular world, one obvious person our students may forget to consult about decisions on their future, is God. Prayer is the way this is usually done, and it is less of a conventional conversation than it is a frame of mind - an attitude - an openness to divine possibilities in one's life. After all, in a Catholic school our aim is to help students discover their full human potential - that is, the full person God has created them to be. That brings to mind the one big obligatory celebration of the year (apart from Christmas Day and Sundays) and that is the Feast of the Assumption of Mary, celebrated next Saturday 15th August. It is the only holy day of obligation not on a Sunday, apart from Christmas Day. That is, the only day Catholics should go to mass, if it is available. Aptly enough, it is about Mary, a woman whose decisions were guided by such a complete openness to God, that she gave new life to God, as his Mother. Such perfection in decision making about one's life led to a perfect unity with God in her Assumption to heaven. Students will celebrate with a liturgy in Homeroom next Friday morning as we are unable to attend mass as programmed, given COVID-19.

**2020 Census – Friday 7th August:** The Australian Government provides funding to Australian schools under the Australian Education Act 2013 (AE Act). The AE Act and the associated Australian Education Regulation 2013 (the AE Regulation) require that a school authority provides the Australian Government with certain information about the school, its staff, and student body to ensure the school's funding is properly calculated and appropriately managed. This information is collected by the Department of Education, Skills and Employment (the department) on behalf of the Australian Government. Please click on <u>Census 2020</u> for further information.

**Staffing:** I wrote to parents last week that **Mr. Peter Trainer** will be leaving us in a few weeks to take on the position of PDHPE Teacher at Marta Maria Catholic College, Warriewood. I know that this has been a very difficult decision for Mr. Trainer and his family and I know that he leaves St Edmund's with a heavy heart. Mr. Trainer will be greatly missed by the staff, students and families of the College. As a result of this change we have commenced the appointment process for Mr. Trainer's replacement and should have information about the successful applicant in the coming weeks. This will be communicated to parents once the successful applicant has been appointed.

I was also informed by two long serving staff members that they will resign at the end of this year. I am saddened to inform you that **Mrs. Margriet Shaw-Taylor** and **Mrs. Jenny Prideaux** will be leaving us at the end of Term 4. Both Mrs. Shaw-Taylor and Mrs. Prideaux have contributed significantly to the lives of many students over the years and will be greatly missed. We will have an opportunity to farewell both appropriately at the end of the year, recognizing the significant impact they have made to our College community.

 Best wishes for the week ahead.

 Jon Franzin

 PRINCIPAL

 A CATHOLIC SECONDARY SCHOOL IN THE EDMUND RICE TRADITION

TION FAITH • JOY • RELATIONSHIPS • COMMUNITY



### Deputy Principal's Message ...

**Personalised Plan Meetings:** The Personalised Planning meeting bookings remain open until the end of this week. Our meetings will be held via Zoom on 18th and 25th August. Your Homeroom Teacher will email you a link for your Zoom meeting. If you prefer a phone conversation, please advise your Homeroom Teacher prior to the meeting. These PP meetings support our students by identifying goals, reviewing their progress from Semester 1 goals and also ensuring that the appropriate level of support is provided

for them here at school. Finalised copies of your child's Personalised Plan will be sent home at the end of this term.

**College Photos:** Student Photos will take place on Tuesday 11th August here at the College. We ask that all students please wear their full winter uniform including blazers. Please see the information included in this Newsletter detailing what students need to wear on this day. Homeroom and individual photos will be taken and we thank Bernie Acret for organising the process for us.

**Camps 2020:** This year has meant that our much loved Camps have had to be postponed until 2021. We are however planning day trips for students in Term 4 to enable them to connect with each other and the wider community.

**A Reminder about Student illness:** As our weather is in constant flux, a general reminder that if your child is not feeling well, has a fever, vomiting or diarrhea, bad pain or coughing that will not stop, they need to remain at home to rest and/or see your doctor.

Here at the College we are encouraging constant use of hygienic practices, especially hand sanitising for staff and students. Please encourage this practice at home to promote health and reduce illnesses within our community.

**Canteen:** Thank you for your support as we refine our process with canteen orders each week. This week your child will bring a lunch order bag home for you to make your order and return with monies inside. Thank you to Julie MacPherson and our parent volunteers who look after our Canteen.

#### Jason Scanlon DEPUTY PRINCIPAL

| WHAT CONTRACT HOW<br>WHY CAR SWHEN<br>WHO WHERE  | Nationally Consistent Collection of Data<br>of School Students with Disability (NCCD)  |
|--|--|
|  | What about NCCD Data & Privacy?<br>All schools <u>must</u> complete the NCCD. Legislation requires that every<br>year, each school must collect the following information for each |
|  | student receiving an adjustment due to disability:<br>schooling<br>adjustment<br>ype of disability<br>any other identifying<br>information   |
| Protecting the privacy and confidentiality of all children and their families is an essential focus<br>of the NCCD. All information is handled as per the school's <i>Privacy Policy and Collection</i><br><i>Notice</i> . Please refer to our school's policies for further information.<br>To learn more about the NCCD, visit the Portal: www.nccd.edu.au |  |
| Catholic<br>Schools<br>NSW   | Valking with NSW Catholic Schools on the 2020 NCCD   |



### 2020 Term 3 - The Joy of Teaching : the Joy of Learning

This term we started new topics in French.

Pre COVID-19, July in France was usually a time of holidays, summer celebrations and sport. The greatest being 'le tour de France'. Although it was postponed this year, it is due to take place in August. Year 8 study le tour as part of their French studies.

I am always thrilled at how much many students enjoy their French classes and some French remains with them throughout their College lives as they greet me when passing with a 'Bonjour M Southern' and a 'Ça va?' or 'Comment ça va?' I ask or they ask 'Ça va?, and resond 'Ça va bien, Ça va mal. Ça va comme ci, comme ça.' That roughly translate as Hello, How are you, I'm fine, very well, not OK or so so.

Since time immemorial, the profession of teaching has been considered as one of the noblest professions. Educators have always played the role of catalysts for various social changes in society. It is also a joyous profession. Students bring life and enjoyment, humour and laughter to our days. Whenever I have been teaching, I hear comments from students themselves or indirectly from other teachers, "This is the best subject", or "I really enjoyed what we did today" or expressions along similar lines.

We are tasked as teachers, to deliver a curriculum with student outcomes such as 'responds to information and ideas for a range of purposes' or 'composes texts in a range of formats' or 'accesses and obtains information from a range of texts'. The outcomes do not require 'students will laugh or have fun or will enjoy their learning.' It is perhaps a presumption.

Language is one of the first meaningful abilities children develop and it is the first recognisable skill a Mum looks forward to when her infant smiles, then chuckles and finally laughs. Mums are the first language teachers and very quickly, during the first two or three years of life, their child learns a vast vocabulary with a well-developed understanding of pronouns (e.g. me), verbs (e.g. want), word order (e.g. I want), time markers (e.g. now), prepositions (e.g. on), adverbs (e.g. here). In other words, a grammar.

We teach French at St Edmund's but from a curriculum point of view it is rightly called Language, because language is what we are teaching. Through French we teach grammar, literacy, culture, history, geography, ethics, philosophy and we strive to do so in a meaningful way through enjoyment, fun and laughter.

'Mr Bean on Holiday', follows the adventures of Mr Bean winning a trip to France, complete with camera and money. It relates well to 'Le tour de France' and advantageously to what we have already studied in French in Years 7 and 8. Mr Bean walks, he travels via train, taxi, bus, car and of course, by bike. He experiences adventures and misadventures visiting restaurants, markets, stations, cities, country towns and villages during his journey to Cannes on the Côte D'Azur south of France.

We usually watch one movie per term in Year 8 and a 5-minute segment can often take us 15-20 minutes or even longer to watch as we stop to analyse, recall, relate, compare or contrast an experience, event or an image that we have just seen.

Students love the movie; they laugh and joke . . and learn.

Carl Southern Head of Administration





# **Play Golf & Support Eddie's** 2020 CHARITY CHALLENGE GOLF DAY

**Thursday 10<sup>th</sup> September, 2020** Terrey Hills Golf & Country Club 116 Booralie Road, Terrey Hills 8am Shotgun Start

Limited to 72 players

NEW DATE AND VENUE

For Enquiries and Bookings: Gary Dawson: smokey1@ozemail.com.au 0412 600 062 www.bullantsports.com



www.thecharitychallenge.com



# **Community News**

#### From the Parent Group

I hope everyone received their invitation and treat during the week to Term 3's Parent Group Meeting.

We have been given an amazing opportunity, due to the funding provided by the NSW State Government, to participate in a "Self Care and Nourishment Program".

This program has been created to help and assist our parents/carers, students and siblings receive physical, mental and emotional support to protect our mental health

and wellbeing. What's more, it comes at such a relevant time with our changing environment due to COVID - which makes us even more mentally and emotionally stretched than normal.

At our ZOOM Parent Group Meeting we will be so fortunate to have the opportunity to hear from three guests. Each has a wealth of experience in being able to provide support in different ways to us personally in private sessions. They include importance of self care, emotional inner freedom and counselling.

Please join us on **Zoom on Wednesday night**, **12th August at 7.00 p.m.** to hear from these speakers and to hear more about the program. Please remember to RSVP to Candice Palin at <u>palin@erses.nsw.edu.au</u>.

# Being part of a school community that actively tries to engage parents to ensure our wellbeing, is truly special.

"When two friends climb a hill, the hill seems less steep than if they climbed it alone" by Sherri Mandell.

Best wishes for the week ahead. Janine Eastham – Tom's mum - **Parent Group Leader** 

# SELF CARE & NOURISHMENT PROGRAM



Proudly funded by

### YOUR INVITATION

#### WHAT IS IT?

THE NSW State Government has awarded significant funds for an exciting new initiative which is open to all our families across St Gabriel's and St Edmund's communities.

#### LEARN MORE.....

Join us over a relaxing cuppa and refreshment provided. Dial in to our Zoom meeting being held WEDNESDAY 12 AUGUST at 7pm. Hear about the program, its inclusions and the professional team who will be assisting in its delivery.

Please RSVP to Candice Palin on palin@erses.nsw.edu.au by Tuesday 11th August To Join Zoom Meeting https://zoom.us/j/92848632471 Meeting ID: 928 4863 2471.

#### WHAT TO EXPECT?

One on One Coaching for Families Men's Social Activity Wellbeing Group Sessions Sibworks Program YMCA Camp for Children Yoga and Rebalancing Workshops



SELF CARE & NOURISHMENT PROGRAM



#### Meet the Team



Netta Dolev, Clinician at AccessEAP.

Netta has worked as school counsellor for primary and secondary school students, facilitated parent groups on the importance of self care and to allow for self care and support their family connections, is a mum of two primary aged boys, and currently works as a Clinician at AccessEAP, a not for profit organisation.



Dr Pol Miles- McCann, Psychotherapist at AccessEAP.

Pol has run peer support groups for men, has a PhD and Masters in Counselling and Psychotherapy, has been a researcher in behavioural disorders, has taught at two of Sydney's main counselling colleges, and currently works at AccessEAP helping people manage their anxieties. Both Netta and Pol will be running the coaching sessions.



#### Tanya Savva, Emotional Freedom Practitioner.

Tanya is a special needs mum with a passion for supporting others to create inner freedom and joy despite adversity. Also a Soulful Living Coach and yoga and meditation teacher, Tanya facilitates experiences that encourage deep rest, connection, embodiment and healing for inner transformation.

Please join us via Zoom on Wednesday 12 August, 7pm sharp, to hear more.



The **theme** for this year's **SCIENCE WEEK** is **DEEP BLUE**. You will be learning about **our oceans**, **why we need them** and how we can **keep them healthy**.

We will have 2 competitions that you can enter. <u>Only one competition</u> <u>entry per student</u> (so create a diorama *OR* choose a colouring sheet to colour). Colouring sheets will be distributed in Science classes.

Due Date: Friday 14/8/20 (Week 4)

# **Deep Blue DIORAMA Competition !!**

Make an

**UNDER the OCEAN** 

DIORAMA

(in a box)



OR

# **Deep Blue COLOURING Competition !!**

Colour in an <u>UNDER the OCEAN</u> picture (<u>from your teacher</u>)





# Around the College

### Awards

well done everybody

Students of the Week:

- **7S** Nathan and Amie
- **8C** Kavya and Luke
- **9F** Sam and Luke
- **10J** Luke and Sarah
- **11G** Ciaran and Emilia
- **12M** Ruby and Melanie

7T Bradley and Ella

- **8L** Krish and Harry
- **9H** Ben P and Mackenzie
- **10V** Josh W and Owen
- **11T** Jayden and Zac
- 120 Josh and Logan

### Eddie's Best:

7S Toby

8C Chloe

9F Tom E

- **10J** Piper
- 11G Angelica
- 12M Sam B

7T Liam
8L Tom P
9H Teena
10V Lachie C
11T Lachie J
12O Zack

### College photo day - Next Tuesday 11th August

Just a reminder that our College photos will be taken on Tuesday, 11th August - week 4 of Term 3. The order envelope was sent home early in the term.

*Full College winter uniform* will need to be worn for the photos so if you need to purchase some items, please contact Wendy Scott in the office on <u>scott@stedmunds.nsw.edu.au</u> so that you have everything that is needed.

#### Uniform to be worn:

- All students are to be in full winter uniform (including Blazers)
- Ties for all boys
- Black tights or white ankle socks for girls
- College socks for boys
- Polished black school shoes
- College colours only for any hair ties and/or headbands
- No jewellery or nail polish

Please remember to **put your child's name** on all blazers and jumpers before they leave home.



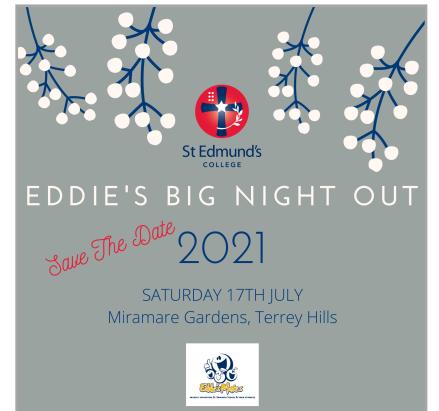
### Around the College – Important Dates

#### Term 3

Fri 7th Aug Men's Group Meeting (Long Reef) (cancelled) Fri 7th Aug Term 3 College Disco (cancelled) College photos (confirmed) Tue 11th Aug Wed 12th Aug Launch of 'Self Care and Nourishment Program' via zoom (see this Newsletter) 2019 Year 12 Reunion pizza night (confirmed new date) Thu 13th Aug Tue 18th Aug 1st PP meeting date by ZOOM 2nd PP Meeting date by ZOOM Tue 25th Aug Father's Day Breakfast (cancelled) Fri 4th Sep St Edmund's Athletics Carnival (new format to be advised) Tue 1st Sep Thu 10th Sep St Edmund's Golf Day (confirmed new date) Sun 13th Sep Family Fun Day (St Edmund's field) (cancelled - to be rescheduled) Wed 23rd -Fri 25th Sep Senior Retreat (new format to be advised) Fri 25th Sep Last day of Term 3

#### Term 4

Mon 12th Oct Tue 13th Oct Tue 20th Oct Fri 23rd Oct Wed 28th Oct Tue 3rd Nov Tue 3rd Nov Tue 3rd Nov Tue 10th Nov Fri 20th Nov Fri 27th Nov Fri 27th Nov Tue 1st Dec Fri 4th Dec Wed 9th Dec Staff Day Students return to Term 4 St Edmund's Swimming Carnival Term 4 College Disco Years 9 & 10 Camp *(new format to be advised)* Term 4 Mufti Day Term 4 Parent Group Meeting Orientation Day Term 4 Men's Group Meeting (St Lucy's) Abbotsleigh Concert Year 12 Graduation Formal Presentation Ceremony Year 7 Immunisation - *(new date)* Year 12 Farewell Mass & BBQ lunch and Last day of Term 4





## **Relationships Matter**

#### Social Skills

Social skills are the skills that we use everyday to interact and communicate with others. They include verbal and non-verbal communication such as speech, gesture, facial expression and body language.

#### Why are social skills important?

Social skills are vital in enabling an individual to have and maintain positive interactions with others. Many of these skills are crucial in making and sustaining friendships. At St. Edmund's the students have a wide range of opportunities to develop these skills.

#### What are the building blocks necessary to develop social skills?

Attention and concentration: Sustained effort, doing activities without distraction and being able to hold that effort long enough to get the task done;

Receptive (understanding) language: Comprehension of language;

**Expressive (using) language**: The use of language through speech, sign or alternative forms of communication to communicate wants, needs, thoughts and ideas;

**Play skills**: Voluntary engagement in self motivated activities that are normally associated with pleasure and enjoyment where the activities may be, but are not necessarily, goal oriented;

**Pre-language skills**: The ways in which we communicate without using words and include things such as gestures, facial expressions, imitation, joint attention and eye-contact;

Self-regulation: The ability to obtain, maintain and change one's emotion, behaviour, attention and activity level appropriate for a task or situation in a socially acceptable manner.

Our students engage in a range of activities before school, at recess and at lunch. This is a wonderful way for our students to develop their social skills using staff modelling and facilitation, where necessary.

Enjoy the photos of our children playing and socialising. These photos tell a story; just as well as, if not better than a lot of written words.

#### Karen Houlcroft Head of Pastoral Care





# Around the College

















A picture is worth a thousand words ....

# Artists at work ...

















# Well done everyone!