

Term 3. Week 7. 4th September 2020

Inspiring Independence, Transforming Lives

Principal's Message ...

Dear Parents. Students and Friends of St Edmund's.

Father's Day: Whether you are a father, have a father, are remembering a father, are a father figure, or a father is absent in your life - this Sunday is a time to acknowledge the importance of fatherhood and individual fathers. Forget the commercial trappings - the love, care, security and guidance of a father is part of the cement that holds our world together and as God is our Divine Father and Creator of

us all, being a father is the greatest and most creative gift and responsibility a man can be given. In your own way, have a great Father's Day.

Hospitality: It was wonderful to see our Hospitality students in action honing their skills last Thursday and Friday with the preparation and serving of the staff luncheon. Having the opportunity to put these skills into action in an authentic and meaningful way gives our young people the best opportunity to transfer these skills to other settings, both now and into the future. I congratulate all of the staff involved on the day and in the development of our students. As always, the students rose to the occasion and were a credit to themselves, the College and their families.





Year 11 and 12 2021 Subject Selection Evening: Thank you to the many parents who joined us for our subject selection evening on Wednesday and Thursday nights this week via Zoom. Empowering our students to make decisions for themselves and have a voice and input into subjects for next year is highly important in their development. I thank Ms. Vivienne Gilkes - Head of Teaching & Learning for running workshops with the students prior to the evening and for presenting on the night.

Should you have any questions about the evening or with the subject selection process please make contact with Ms. Gilkes or your child's Homeroom teacher. A reminder that forms need to be returned to the College by 18th September.

Best wishes for the week ahead.

Jon Franzin PRINCIPAL

A CATHOLIC SECONDARY SCHOOL IN THE EDMUND RICE TRADITION FAITH • JOY • RELATIONSHIPS • COMMUNITY



Deputy Principal's Message ...

Personalised Plan Meetings: The Personalised Plan meetings took place over two Tuesdays via Zoom or phone calls. Thank you to our parents for your flexibility with the ongoing changes regarding face to face meetings on site. The feedback from teachers was very positive. Our next step is to formulate the PP documents by updating and adding new details. As mentioned, these PP meetings support our students by identifying goals, reviewing their progress from Semester 1 goals and ensuring the appropriate level of support is provided for them here at the College. They will be sent home at the end of term.

A Reminder about Student illness: As NSW Health provides our mandated process around COVID-19, a reminder that if your child is not feeling well, has a mild fever, running nose, vomiting or diarrhea, bad pain or coughing that they need to remain at home to rest and/or see your doctor. NSW Health now requires your child to have a COVID test prior to returning to school. Please ensure that the negative result of your child's test accompanies your child's return to school for our records.

Here at the College we are encouraging constant use of hygienic practices, especially hand sanitising for staff and students. Please encourage this at home to promote health and reduce illnesses within our community.

Canteen: Thank you for your support as we refine our process with canteen orders each week. Students do enjoy the opportunity to order their lunch and we will continue with the process of your child bringing a lunch order bag home for you to make your order and return with monies inside. Thank you to Julie MacPherson and our parent volunteers who look after our Canteen.

Assemblies: This week our Assembly will celebrate Fathers Day. Thank you to parents who have sent in videos or photos of our granddads, dads or another important male role model in our students' lives. A reminder that our College Assemblies, held each fortnight, are recorded for your viewing at home via ClassDojo. Students have become very competent in their ability to be filmed with very few edits required while the whole College views the recorded Assembly in their Homeroom classes.

Swimming Program: The Swimming program will resume next term for our students to continue to gain the necessary skills in water safety. Years 9 and 12 are currently participating in swimming for sport. All students are encouraged to participate in the swimming program next term and we ask that parents ensure that students come to school prepared with their swimmers, towels etc. Swimmers can also be worn under their uniform to help with changing.

Date Reminder - Mufti Day & Eddie's Got Talent: This term we have combined our Term 3 Mufti Day and Eddie's Got Talent on Tuesday 22nd September. The theme for Mufti day will be announced shortly. I thank Mrs Margriet Shaw-Taylor for coordinating the event. We will record all the student performances which will be viewed on Friday 25th September with the winner being announced on that day. Thank you to parents for your support and guidance in preparation for these performances. The recording of all performances will be shared via ClassDojo.

Jason Scanlon **DEPUTY PRINCIPAL**







Mission & Identity

Pope Francis has established 1st September as the World Day of Prayer for the Care of Creation, encouraging the Catholic community around the world to pray for our common home.

The day is inspired by Pope Francis' landmark encyclical Laudato Si', which calls on "every person living on this planet" to care for our shared Earth. He calls us all to celebrate this opportune moment to "reaffirm [our] personal vocation to be stewards of creation, to thank God for the wonderful handiwork which he has entrusted to our care

and to implore his help for the protection of creation, as well as his pardon for the sins committed against the world in which we live."

Pope Francis shared this message. "I strongly encourage the faithful to pray in these days of the *Season of Creation*. This season of increased prayer and effort on behalf of our common home begins today, 1st September, the World Day of Prayer for the Care of Creation and ends on 4th October, the feast of Saint Francis of Assisi. It is an opportunity to draw closer to our brothers and sisters of the various Christian confessions. I think in particular of the Orthodox faithful, who have celebrated this Day for thirty years."

"It is also *a season to reflect on our lifestyles* and how our daily decisions about food, consumption, transportation, use of water, energy and many other material goods, can often be thoughtless and harmful. Too many of us act like tyrants with regard to creation. Let us make an effort to change and to adopt more simple and respectful lifestyles!"

In this year of coronavirus, we have seen short-term environmental benefits. Local air and water quality have dramatically improved in several areas that have implemented shutdowns. Emissions have dropped and worldwide, the demand for coal and oil is lower than it has been in a long time - due in large part to the decline in demand from transport and slowdown in manufacturing.

Through this time, we have already overcome an important barrier to behaviour change. We have all had to alter our behaviour in significant ways, not all of which will necessarily reverse after restrictions are lifted.

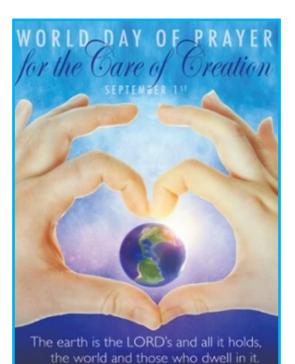
Can we take advantage of this shift?

Please help us look after the amazing world that our Father created and put into our care.

God Bless.

Terry O'Keefe Head of Mission & Identity





POP UP RESTAURANT

<u>Menu</u> Luncheon Bread Roll Quiche and Salad with Balsamic Glaze Vanilla or Chocolate Mud Cake, Strawberries and Cream Pineapple Mojito or Orange Juice

Over three days last week, the VET Hospitality students ran a pop up restaurant during lunch. They served food and beverages to a number of staff at St Edmunds College.

The restaurant was designed to give our Hospitality students an authentic work placement experience. The students participated in all aspects of the restaurant from designing the floor plan, taking bookings, setting the tables, greeting and seating guests, taking drink orders, serving food and beverages, clearing tables and preparing for the next service period.

The students performed outstandingly, showcasing all they have learnt over the past two years. All the staff who attended the restaurant were impressed by what they saw.











Community News

From the Parent Group

As the weather is warming up and Spring is in the air, it makes us all feel a little happier and we want to be outside to enjoy it. It can be hard to remind our kids that COVID is "still" with us. They are sick of it; so it might be time to revisit the conversations around COVID-19 with them and to gently remind them about the importance of social distancing, wearing masks in shopping centres and while travelling on public transport and to remember hand sanitising when we are out and about.

We, as parents, are "sick of it too". On a normal day it can be difficult for some of us to go out for some release let alone the stress of COVID. The constant battle of hygiene, crowds, therapies and weekend programs still not operating properly puts added stress into the mix. We are tired. This has been going on for a long time.

We must remind ourselves about the importance of our own self care so that we can be the best we can be for those who rely on us. The Self Care and Wellbeing program offers counseling services to help us combat this road that we are travelling. Please see the information on these services on this page.

"Self care is giving the world the best of you, instead of what's left of you" - Katie Reed

Best wishes for the week ahead.

Janine Eastham (Tom's Mum) **Parent Group Leader**

ONE ON ONE COACHING FOR FAMILIES

PART OF OUR SELF CARE AND NOURISHMENT PROGRAM

- Please book in for your confidential and private coaching session with AccessEAP professionals, Netta Dolev or Pol Miles McCann.
- 10 Sessions available per person. Be early, limited spaces.
- Sessions up to 50 minutes at a time.
- Support strategies, Self care, Networks, Counselling





Call 1800 818 728 to book your appointment or visit AccessEAP's website on <u>https://www.accesseap.com.au/</u>

St Gabriel's GOVERNMENT SCHOOL

Around the College

Awards

Students of the Week:

- **7S** Alessio and Parmida
- **8C** Sonnet and Summer
- **9F** Nathan and Sam C
- **10J** Bianca and Angelica H
- **11G** Mitch and Arabella
- **12M** Lucy and Anthony

Eddie's Best:

- 7S Seul Yi
- 8C Will
- 9F Byron
- 10J Sarah
- 11G Corey L
- 12M Ruby

- 7T Jameson and James
- 8L Sean and Zane
- **9H** Ben W and Olivia
- **10V** Sid and Lachie C
- **11T** Ben and Zac
- **120** Matthew and Kristian
- 7T Lauren
- 8L Krish
- 9H Lachie K
- **10V** Lorelle
- 11T Michaela
- **120** Gus



Around the College - Important Dates

Term 3

Thu 10th Sep Sun 13th Sep Tue 22nd Sep Tue 22nd Sep Wed 23rd -Fri 25th Sep Fri 25th Sep

Term 4

Mon 12th Oct Tue 13th Oct Tue 20th Oct Fri 23rd Oct Wed 28th Oct Tue 3rd Nov Tue 3rd Nov Tue 3rd Nov Tue 10th Nov Fri 20th Nov Fri 20th Nov Fri 27th Nov Tue 1st Dec Fri 4th Dec Wed 9th Dec Wed 9th Dec St Edmund's Golf Day *(confirmed new date)* Family Fun Day (St Edmund's field) *(cancelled)* Term 3 Mufti Day (theme to be advised) Eddie's Got Talent (to be filmed)

Senior Retreat (*new format to be advised*) Last day of Term 3

Staff Day Students return to Term 4 St Edmund's Swimming Carnival (*cancelled*) Term 4 College Disco (*cancelled*) Years 9 & 10 Camp (*new format to be advised*) Term 4 Mufti Day Term 4 Parent Group Meeting (*online*) Orientation Day Abbotsleigh Concert (*to be advised*) Year 12 Graduation Formal (*to be advised*) Presentation Ceremony (*to be advised*) Year 7 Immunisation - (*new date*) Year 12 Farewell Mass & BBQ lunch (*to be advised*) Last day of Term 4





Knitting instruction going well in the Chill Out Zone at lunch time











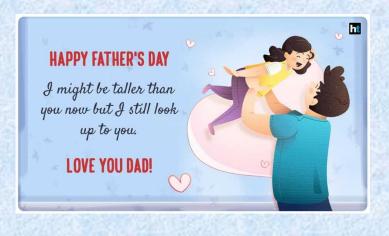




Year 12 Hospitality students practising and preparing for the Pop Up Restaurant last week.

He never looks for praises, he's never one to boast. he just goes on quietly working for those he loves the most. His dreams are seldom spoken, his wants are very few, and most of the time his worries will go unspoken too. He's there - a firm foundation through all the storms of life, a sturdy hand to hold in times of stress and strife. A true friend we can turn to when times are good or bad, one of our greatest blessings, the man that we call Dad.

Happy Father's Day on Sunday and every day to all our Dads, Grandfathers or those who play this very important role in our lives.







Sahara School Holidays (October 2020)

Nominations Due Friday 4th of September

Australian Reptile Park

Australian Reptile Park is a hands-on zoo located in a natural bush setting, home to exotic reptiles from around the world and a wide variety of Australian native animals. Enjoy live entertaining shows, themed exhibits and behind the scenes tours

September 28, 2020 (Monday) 9:00 AM – 3:30 PM Cost: \$30 (Bring lunch, drinks & Companion card)

Botanic Gardens & Choo Choo Express

Come and enjoy a day in the Royal Botanic Gardens. We can have a picnic lunch in the beautiful surrounds and go for a ride on the Choo Choo Express which provides live commentary as we travel around the Gardens.

September 29, 2020 (Tuesday)

9:00 AM – 3:30 PM Cost: \$20 (Bring lunch, drinks & Companion card)

Sailability

Today you will be able to sail on what is acknowledged as one of the most spectacular waterways in the world. We will sail from Manly Yacht Club, East Esplanade, Manly, and use the expanses of Manly Cove and North Harbour, part of magnificent **Sydney Harbour**.

September 30th, 2020 (Wednesday) 9:00 AM – 3:30 PM

Cost: \$20 (Please bring lunch, snacks & drink)

Sydney Zoo

Which is your favourite Animal? Come and meet a range of exotic and Australian species at Sydney Zoo. Make sure you bring a hat and wear suncream

October 1, 2020 (Thursday) 9:00 AM – 3:30 PM

Cost: \$35 (Bring lunch, drinks & Companion card)

Art, Music & Movement & Pizza's

Today we will be led by Sahara's own resident artist in a creative arts session. For lunch we will make some delicious pizza's. After lunch we will join in a fun music and movement session.

> October 2, 2020 (Friday) 9:00 AM – 3:30 PM Cost: \$30 (Please bring lunch & drink)













www.saharaservices.com.au

Sahara School Holidays (October 2020)

Nominations Due Friday 4th of September

Horse Riding & Whale Watching

Today we will be led on horses by the friendly staff at Kurnell Riding school. If you do not wish to ride you can groom or feed the horses. After we can enjoy lunch at Botany Bay national park then head to Cape Solander for whale watching.

October 6, 2020 (Tuesday) 9:00 AM – 3:30 PM Cost: \$30 (Please bring lunch, snacks & drink)

Blaxland Riverside Park and more

This amazing park is located at Homebush. There are forts, tunnels, slides, swings, discovery trails, flying foxes, bike/scooter paths, so much fun! Bring your scooter and helmet on the day if you like. We will even go for a ride/walk around the Brick Pitt and listen out for the endangered Green and Golden ______Bell Frog. ______

October 7, 2020 (Wednesday) 9:00 AM – 3:30 PM Cost: \$20 (Please bring lunch & drink)

Golden Ridge Animal Farm

Join us today as we head to Golden Ridge Animal Farm where we will be able to cuddle baby rabbits, chicks and ducklings, have a go at milking a cow, feed the farm animals and visit the chickens.

October 8, 2020 (Thursday) 9:00 AM – 3:30 PM Cost: \$30 (Please bring snacks & drink)

Dangar Island

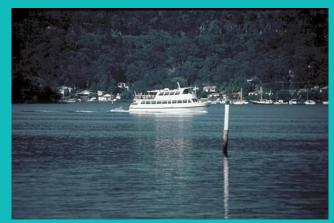
Join us on our trip to Dangar Island where we will catch the train to Brooklyn and then the Ferry to Dangar Island. We enjoy our lunch and explore the Island before returning. Please bring your lunch, snacks, drinks, and hat today

October 9, 2020 (Friday) 9:00 AM – 3:30 PM Cost: \$25 (Please bring lunch, drinks, opal card and companion card)











2020 School Holidays with Sahara

Nominations Due Friday 4th of September

Please Read & Note:

COVID-19 safety rules apply to all our community group programs and activities

- Nominations for your preferences must be received via email or phone by Friday the 4th of September 2020.
- Reservations made post Friday the 4th of September will be placed on a wait list and spaces allocated only if cancellations are made.
- We will try our best to personalize days to your needs but can only offer what is available for those booking past the 4th of September.
- Please consider carefully the suitability of the activity for your child, we want everyone to have a fantastic day out.
- If you have not accessed Sahara Services programs previously, please contact Sahara to arrange the completion of intake and participant information forms on: ph 84060842
- The Meeting and Pick-up point for all days will be at Sahara Services Hub located in Hornsby (not far from Hornsby train station)
- Once you have nominated your preference of activities a confirmation letter will be emailed out to you before the program starts.
- The meeting and collection point on days of attendance will be out on the front veranda of Sahara services. At this point temperatures and check-in information will be taken and hand sanitizer given. Your child will then be escorted by their support worker into Sahara.
- This Program only shows the cost of activity and does not include the associated NDIS cost of staffing support on the day. This additional cost will be determined by the level of support required by your child, the numbers of children in the group and the nature of the activity.
- Please give at least 7 days notice if you need to cancel attendance to any activity to avoid being billed for the day in accordance with NDIS guidelines.
- Once booked in if you are unable to attend any of the above activities, or if you have any queries, please contact s.zgolak@saharaservices.com.au
- If you require your days on the program to be longer or need travel assistance to access the program please let us know prior to the 4th of September so we can make arrangements that will suit your needs.

We look forward to meeting with you soon.

Sonia Zgolak Sahara Services s.zgolak@saharaservices.com.au