



Inspiring Independence, Transforming Lives



Principal's Message ...

Dear Parents,

Our schools are navigating a period of significant change. It's exciting to see the schools grow and the opportunities for our students that arise from that growth. You are on this journey with us and we appreciate the feedback that affirms our decisions and challenges us to have another look when things need improving.

Last year, many of you contributed to a survey that will influence our strategic direction and plan. The Executive team at each school are working with the data collected from all stakeholders to finalise our Strategic Plans. They have been given permission to develop a plan, from feedback, that provides uniquely specific drivers and goals for each school – The strategic Plans will share the common strategic elements of an EREA school but otherwise, they will be different.

Our timeline is to have the new strategic plans published by the start of the new year. If you missed the formal collection of feedback and would like to provide some now, you are welcome to email me.

In the original survey, these were the questions asked. If you took part in the survey, I have your feedback. Any feedback I share will remain anonymous.

1. What are those aspects of St Gabriel's/St Edmund's educational life that are vital to maintain and further develop?
2. What are those aspects of St Gabriel's/St Edmund's educational life that need to be changed and why?
3. What are some aspects/programs/events or initiatives relevant to the life of ERES that need to be considered as a benefit for the future?

Thank you to the parents/carers that responded to my question on what 'Excellence in Special Education' looks like. I found your feedback educational and thought-provoking – thank you!

COVID

At this time our school Covid strategies remain unchanged but with the decisions made by the Premier this week I am expecting some adjustments to our requirements. I will update you as soon as I know more.

Kind regards,
Michael Farrell
PRINCIPAL



Deputy Principal's Message ...

Father's Day

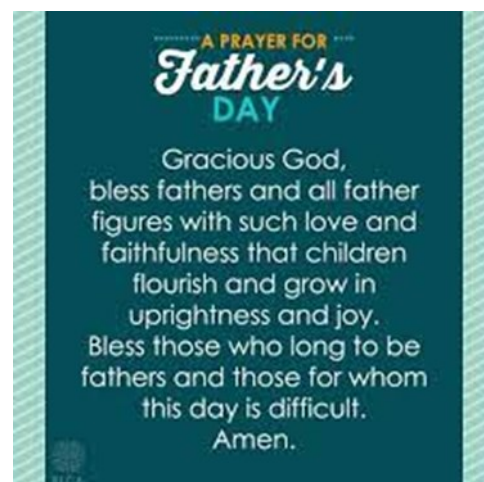
This week we celebrate, honour and show thanks for the special men in our lives who support and inspire us – Dads, Granddads, Stepdads, Foster dads, Uncles, other father figures or male role models. Father's Day began in 1910 and is always celebrated on the first Sunday of September in Australia – this Sunday!

The Bible recognises the special place of fathers and how many, such as Abraham and Saint Joseph were specially honoured. Of course more obviously we see the role of father in God himself in many parts of Scripture. Jesus Christ often honoured His Father and His will throughout his journey on earth. We are reminded of God's great love for us in John: "See how great a love the Father has bestowed on us, that we would be called children of God; and such we are." 1 John 3:1

Pope Francis also acknowledged the importance of fathers during a speech on the Feast of St Joseph in 2014. He urged Dads of the world to love and guide their children: "I ask that you have the grace to be very close to your children, letting them grow, but being by their side. They need you, your presence, to be there, your love"

It is also important to pause and remember those Dads and Granddads who are not with us this Father's Day. For many people, it may be the first Father's Day without a loved one. We keep all of these special Dads and their families in our prayers at this time of year and hope that their families are able to reflect on good memories and the important role they have played in their family.

Thank you to all of the Dads who are a part of our College community. We enjoyed welcoming some of you to our Father's day breakfast this week and we hope that you have a relaxing and enjoyable day on Sunday.



Rebecca Kirwan
Deputy Principal

Sports Carnival

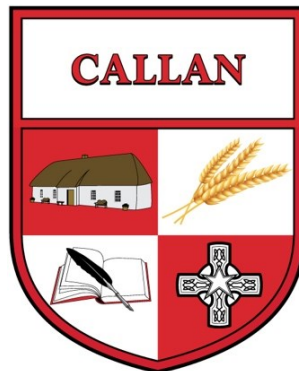
Excitement and anticipation are building for the annual College Athletics Carnival which will be held next Tuesday September 6th. This year we will again be generously hosted by Pymble Ladies College (PLC) and their students are preparing to welcome our students.

Thank you to Mrs Horne and Mrs Campbell who have planned the day. Events will start at 9:45am with track events which will then be followed by field events after morning tea.

Students will then enjoy a BBQ lunch, activities and a war cry competition before departing for the College at 1:45pm. Students may wear a coloured T-shirt to show their support for their house team on the day along with College shorts/trackpants.

Parents are most welcome to join us and cheer the students on. Parking is not available on the PLC campus however there is some parking on surrounding streets.

Please refer to Mrs Horne's message in this newsletter regarding pickup arrangements for the day.



Rebecca Kirwan
Deputy Principal



Wellbeing



***May the sun bring you new energy by day,
May the moon softly restore you by night,
May the rain wash away your worries,
May the breeze blow new strength into your being.***

***May you walk through the world and know its beauty...
All the days of your life.***

(Apache Blessing)

Next Thursday 8th September, is National R U OK? Day. This national day of action reminds us that every day is the day to ask 'Are You OK?' and start a meaningful conversation with someone you care about. To support our students in understanding the significance of this day, our daily Homeroom focus will align to some important attributes associated with understanding ourselves and our emotions, and expressing kindness to others.

Terry has kindly prepared the prayer to kick off this focus on Monday in Homerooms and, within the slideshow, are slides that include a daily focus to explore within Homeroom time. Each daily focus is outlined below:

Monday:	Our Emotions
Tuesday:	The Feeling Body
Wednesday:	Self Care
Thursday:	Showing Kindness – R U OK?
Friday:	I Am Amazing

Knowing that Mental Health is indeed a massive space to navigate at times, I have compiled a list of helpful organisations and resources that you may wish to access and/or utilise if ever the need arises.
For young people:

- Headspace

<https://headspace.org.au/headspace-centres/chatswood/>

- KidsHelpline

Kids Helpline have a section on their website called *apps you'll wanna know all about*. They list a variety of apps that young people can use to further support their mental health and wellbeing e.g. Worry Watch, Anxiety Self-Care, Calm Harm <https://kidshelpline.com.au/tools/apps>

Vanessa Dillon
Head of Wellbeing



Wellbeing

- ReachOut Australia

ReachOut is an online mental health service for young people 12 to 25 years. The link below goes straight to their Mental Health Issues topic, but there's other topics they cover too.

<https://au.reachout.com/mental-health-issues>

- BeyondBlue

<https://www.beyondblue.org.au/who-does-it-affect/young-people>

Support options for parents who are supporting a young person through their Mental Health journey:

- ReachOut Australia for parents

Reach Out Parents provides a wealth of information and resources to help parents and carers support young people 12-18 years of age. They also provide an online community forum where parents and carers can talk with each other in a safe, anonymous environment.

<https://about.au.reachout.com/our-services/parents>

In addition to the online forums, ReachOut Parents provide a free coaching service for parents and carers.

<https://parents.au.reachout.com/coaching-eligibility/>

- Mental Health Foundation Australia

One of the support groups this organisation provides is Wellbeing Support for Parents and Carers.

<https://www.mhfa.org.au/Servicesmenu.aspx?Id=178>

- KidsHelpline

They also have support links for parents/carers

<https://kidshelpline.com.au/parents>

- Parentline

A free phone counselling service for parents/carers

<https://www.parentline.org.au/>

- Headspace

<https://headspace.org.au/explore-topics/supporting-a-young-person/mental-ill-health/>

They also run parent/carers info events on various topics throughout the year.

- **Mental Health Line: 1800 011 511**

If you or someone you know needs help, the Mental Health Line offers:

- professional help and advice
- referrals to local mental health services

It is staffed by mental health professionals who will ask questions to determine if you or, the person you are concerned about, needs ongoing mental health care and how urgently it is needed.

Vanessa Dillon
Head of Wellbeing



HT PDHPE / Sports School Athletics Carnival

On Tuesday, September 6, 2022, St Edmund's will be having their Annual Athletics Carnival at Pymble Ladies College, Avon Road Pymble. Parents are welcome to attend this event, however, no parking will be available onsite.

The first race will commence at 9:45 am and conclude at 1:30 pm.

If you would like to pick up your child from the carnival you will need to be there by 1:30 pm, as roll call and departure will occur at 1:45 pm.

Please contact the school office before August 30, to let them know if you will be taking your child home directly from the carnival secretary@stedmunds.nsw.edu.au or 9487 1044. You will also need to let your child's homeroom teacher know.

If your child travels on transport, please remember to let your driver know of the change.

Students can wear their house colours and are to bring their morning tea, hat, drink bottle & sunscreen. A sausage sizzle lunch will be provided for students by PLC.

Back up date in the event of rain on the 6th will be Tuesday 13th September.

We look forward to seeing you there.

Lois Horne
HT PDHPE/Sports Coordinator

BBSSA Athletics Championships-2022

Congratulations to the following students who represented St Edmund's College at the Broken Bay Athletics Championships on Tuesday, August 30 at Sydney Olympic Park Athletics Centre.

Sophia Law, Holly Trebert, Ruby Williams, Matthew Xue, Isabella Law, Isaac Jackson, Ben Fraser, Lucy Fox, Bradley Hitchcock, Nathan Amm, Zane Zofrea, Christian Risi, James Lawson, Ben Paterson, Johann Mak, Dom Harper, Koosha Hedjripour, Mikayla Hunt, Teena Papas, Athena Hookway and Cameron Davidson.

They all performed extremely well, with the following nine students being selected into the BBSSA Athletics Team to participate in the NSWCCC Athletics Championships on September 12 at Sydney Olympic Park Athletics Centre.

Matthew Xue, Isabella Law, Ben Fraser, Lucy Fox, Zane Zofrea, Ben Paterson, Dom Harper, Koosha Hedjripour and Cameron Davidson. Their events are listed below:

Name	NSWCCC Athletics Events
Cameron Davidson	800m
Lucy Fox	800m, 200m, 100m, Shot Put, Long Jump
Ben Fraser	100m, 200m, Shot Put, Long Jump
Dom Harper	100m, 200m
Koosha Hedjripour	Shot Put
Isabella Law	100m, 200m
Ben Paterson	100m, 200m, 800m, Long Jump
Matthew Xue	100m, 200m
Zane Zofrea	Discus

BBSSA ATHLETICS CHAMPIONSHIPS—2022

A special mention goes to our 3 Multi Class Age Champions

Girls 12-15 Y – Lucy Fox (48 points)

Boys 12-15 Y – Ben Fraser (40 points)

Boys 16 -19 Y – Ben Paterson (46 Points)

BBSSA Track and Field Results

Field Events	Track Events	<u>800m</u>
<u>Shot Put</u>	<u>100m</u>	MC 12-15 Girls
MC 12-15 Girls	MC 12-15 Girls	1 st Lucy Fox
1 st Lucy Fox	1 st Lucy Fox	2 nd Isabella Law
MC 16+ Girls	2 nd Isabella Law	3 rd Sophia Law
2 nd Athena Hookway	3 rd Sophia Law	MC 12-15 Boys
3 rd Teena Papas	MC 16+ Girls	1 st Cameron Davidson
MC 12-15 Boys	3 rd Mikayla Hunt	2 nd Bradley Hitchcock
1 st Ben Fraser	MC 12-15 Boys	3 rd Ben Fraser
MC 16+ Boys	1 st Ben Fraser	MC 16+ Boys
1 st Koosha Hedjripour	2 nd Matthew Xue	1 st Ben Paterson
2 nd Ben Paterson	3 rd Isaac Jackson	2 nd Dom Harper
3 rd Zane Zofrea	MC 16+ Boys	3 rd Johann Mak
<u>Discus</u>	1 st Dom Harper	
MC 16+ Boys	2 nd Ben Paterson	
1 st Zane Zofrea	3 rd Christian Risi	
<u>Long Jump</u>	<u>200m</u>	
MC 12-15 Girls	MC 12-15 Girls	
1 st Lucy Fox	1 st Lucy Fox	
2 nd Ruby Williams	2 nd Isabella Law	
MC 16+ Girls	3 rd Sophia Law	
3 rd Athena Hookway	MC 16+ Girls	
MC 12-15 Boys	3 rd Mikayla Hunt	
1 st Ben Fraser	MC 12-15 Boys	
2 nd Nathan Amm	1 st Ben Fraser	
MC 16+ Boys	2 nd Matthew Xue	
1 st Ben Paterson	3 rd Isaac Jackson	
2 nd Dom Harper	MC 16+ Boys	
	1 st Dom Harper	
	2 nd Ben Paterson	
	3 rd James Lawson	

Other News in Sport

Ben Paterson competed in the National School Swimming Championships in Brisbane from 15 to 20 August. He is to be commended on his outstanding achievement, finishing with 3 National medals.

BRONZE Medal—100m Breaststroke

BRONZE Medal—4 x 50m Freestyle

SILVER Medal—Medley Relay



Zane Zofrea competed in State Athletics for Special Olympics last week and he won 4 state medals.

Gold Medal - 800m
Silver Medal - 400m
Silver Medal - 200m
Silver Medal - Relay

Zane will be travelling to Tasmania to compete in the 800m, 1500m, and 3000m events for the National Games in October.





From the Parent Group

St Edmund's Charity is being held on 13th September. **What a fabulous Father's Day present this could make.** Great for dads and grandparents to have a day out on the green. Gary Dawson and his Charity Challenge has been a huge supporter of our school for many years raising money and awareness for our students. It is being held at Terry Hills Golf and Country Club. A great opportunity to play at this course where you would otherwise have to be a member to play. This includes breakfast, golf, lunch and drinks. More details on how to register can be found in the newsletter.

Thank you to Eddie's staff who hosted our Father's Day Breakfast at school today, it was wonderful to see Dad's onsite celebrating this special occasion. A very happy Father's Day to all of our dad's grandparents and special people we hope you have a wonderful day on Sunday.

Janine Eastham
Parent Group Leader
Tom's Mum - Year 11)



Student absences from College:

Absentees

If your child is absent from the College for any reason:

- ⇒ Please phone Ms Acret in the College office or email: secretary@stedmunds.nsw.edu.au on the first morning your child is absent so that the homeroom teacher can be advised; and
- ⇒ A written note (or email) must accompany your child when he/she returns to the College - this is a legal requirement for the class roll.

Requesting Leave during College term (for any reason)

It is expected that every endeavor is made for students' leave to be taken during the College holidays. If however, this is not possible, a request should be:

- ⇒ Emailed to Mr Farrell on farrell@erses.nsw.edu.au asking for permission and giving the reason for the leave. The necessary form will be emailed back to you to be completed and returned to the College. Mr Farrell will respond to your email, copying in the Homeroom teacher and Ms Acret. This is also a legal requirement for the class roll.

Awards

Students of the Week:

7E	Ava and Lucy	7V	Ruby and Daniyal
8D	Bento and Ben	8F	Sam and Isaac
9C	Alessio and Liam	9M	Lauren and Arpita
10J	Moses and Christian	10S	Chloe and Sonnet
11A/H	Johann and Ben W	11S	Anna and Mark
12M	Brendan and Christian	12O	Sid and Ben

Eddie's Best:

7E	Zara	7V	Daniel Lee
8D	Cameron	8F	Lia
9C	Seul Yi	9M	Emma
10J	Annamieke	10S	Summer
11A/H	Sam	11S	Byron
12M	Koosha	12O	Lachie

Congratulations everyone!

Around the College - Important Dates

Term 3

Tue 30th Aug	Term 3
Fri 2nd Sep	Father's Day Breakfast
Tue 6th Sep	Athletics Carnival (to be held at PLC Pymble)
Tue 6th Sep	The Dish
Tue 20th Sep	Mufti Day
Wed 21st - Fri 23rd Sep	Senior Retreat
Fri 23rd Sep	Last day of Term 3

Term 4

Mon 10th Oct	Staff Day (pupil free day)
Tue 11th Oct	First day of Term 4 for students
Tue 25th Oct	Swimming Carnival (to be held at PLC Pymble)
Tue 25th Oct	The Dish
Tue 8th Nov	Term 4 Mufti Day
Thu 17th Nov	Men's Group Meeting
Fri 25th Nov	Year 12 Graduation Formal
Wed 30th Nov -	
Fri 2nd Dec	Year 9 & 10 Camp - Canberra
Thu 8th Dec	Presentation Day
Fri 9th Dec	Year 12 Farewell Mass
Fri 9th Dec	Last day of Term 4

We need Corporate support and players for our Golf Day on 13th September and would appreciate if you would share this event to your colleagues, neighbours and friends.

Thank you for your ongoing support

2022 CHARITY CHALLENGE GOLF DAY

**Supporting St Edmund's College
Tuesday 13th September, 2022**

**Terrey Hills Golf & Country Club
Kingfisher Drive, 116 Booralie Rd,
Terry Hills**

8am shotgun start

**Cost \$275 per player
(Includes breakfast, golf, lunch & drinks)**

**GOLD \$5,500.00 (incl GST)
3 Teams of 4 players +3 Hole Signage**

**SILVER \$3,300.00 (incl GST)
2 Teams of 4 players**

**DRINKS \$4,000.00 (incl GST)
3 Teams of 4 players**

HOLE \$1,400.00 (incl GST)

1 Team of 4 players

SINGLE \$275.00 Per player incl GST

Or

**A TEAM \$1,100.00 Team of 4, \$200 Extra
for 2 carts**



Contact:

**Gary Dawson: smokey1@ozemail.com.au
0412 600 062 www.bullantsportds.com**

**The
Charity
Challenge**

www.thecharitychallenge.com

DRAMA MAKE-A-PLAY WORKSHOPS



ENROL NOW
WWW.MSTYP.ORG.AU

KILLARA & HORNSBY
WEEK ONE MONDAY 26TH SEPT TO FRIDAY 30TH SEPT
WEEK TWO TUESDAY 4TH OCT TO FRIDAY 7TH OCT
WE TAKE CREATIVE KIDS VOUCHERS

MSTYP MARIAN ST
THEATRE
FOR YOUNG
PEOPLE

MASTERCLASS IMPROVISATION

SECONDARY STUDENTS YEARS 7 -10



ENROL NOW
WWW.MSTYP.ORG.AU

KILLARA
3DAYS 1PM - 4PM
OCTOBER
WEDNESDAY 5TH THURSDAY 6TH FRIDAY 7TH
WE TAKE CREATIVE KIDS VOUCHERS

MSTYP MARIAN ST
THEATRE
FOR YOUNG
PEOPLE

LOST PROPERTY



VALE Clare Rogerson 10.05.1981 – 16.08.2022

We were very sad to hear of the passing of one of our former students last week – Clare Rogerson.

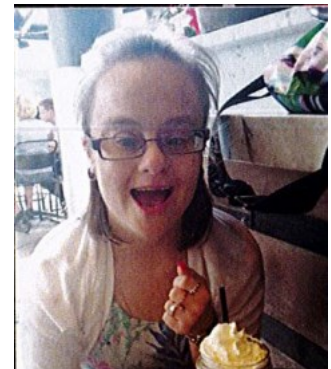
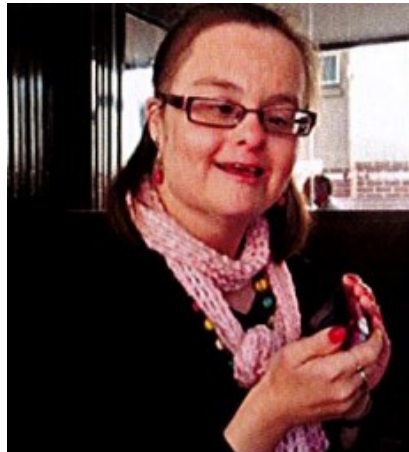
Clare was a student at St Edmund's in the late 90's graduating in 1999. She was a very happy and engaging character who loved singing and dancing. During her time at St Edmund's she took on the persona of Dolores. Dolores was her favourite character from the Sister Act movies. Clare loved meeting and talking to people and making friends.

After leaving St Edmund's Clare spent many years at Catholic Care and left her indelible mark on everyone who shared her company.

Just a few weeks ago, Clare was diagnosed with an already-advanced form of cancer.

We know Clare is now in a better place.

Our prayers and thoughts go to all her family, friends and work colleagues who will miss her smiling face so much.



Yasmin, Clare and Sarah



Matthew, Jessica, Martin, Hannah, Clare and Sarah



Lifted Up By Angels – An original artwork by Clare (Leah) Rogerson

FATHER'S DAY BREAKFAST

