

God, Our loving and merciful Father, bring together and keep all families in the unity of love and mutual support.

Instil in each member, the spirit of understanding and affection for each other. Keep quarrels and bitterness far from them, and bring forth forgiveness and peace.

May there be mutual love and affection, and may each member have the safety of their family to develop self-respect, so that they may respect others and grow in solidarity and love for all.

#### Amen.

15 May is recognised as the United Nations' International Day of Families. This day provides an opportunity to promote awareness of issues relating to families and to increase the knowledge of the social, economic and demographic processes affecting families. This year's theme focuses on the need to develop family-oriented policies for sustainable development.

The prayer that I have chosen this week to link in with International Day of Families, is grounded in love and peace. This was a key theme throughout Pope Leo XIV's greeting in his first appearance as Pope, when he proclaimed:

Peace be with you all!

Dear brothers and sisters, these are the first words spoken by the risen Christ, the Good Shepherd who laid down His life for God's flock. I would like this greeting of peace to resound in your hearts, in your families, among all people, wherever they may be, in every nation and throughout the world. Peace be with you!

It is the peace of the risen Christ. A peace that is unarmed and disarming, humble and persevering. A peace that comes from God, the God who loves us all, unconditionally.

Here at St Edmund's we acknowledge the broader global Edmund Rice Family we belong to, and embrace the values we have here at Eddie's regarding Community and Relationships so as to bring about a 'family-like' sense of belonging for all who connect with our school. We thank you for the role you play in supporting and encouraging the growth and development of your children, which is grounded in peace, love and respect for the wonderful individuals they are!





#### Mother's Day Breakfast and Open Homeroom Event

It was lovely to have so may of our parents join us last Friday morning for our Mother's Day event. We hope that you enjoyed the chance to gather with your child, and catch up with friends. The students loved having you here and also enjoyed the chance to bring you into their Homeroom for prayer and time together. Thank you to all staff who contributed to such a special occasion for our visitors, in particular those who were involved in overseeing its preparation and organisation, Susan and Cassandra, from our Marketing and Development Team.



#### Invitation to talk at the Northern Sydney Disability Network Meeting

On Wednesday, I was invited to join a panel at the NSDN meeting held at the HireUp offices in Greenwich, as a guest speaker on the topic of 'Navigating the Education System for Students with Disability'. It was an opportunity to share with those gathered, the wrap-around support we offer families and students here at St Edmund's when it comes to the holistic delivery of learning – social, emotional and academic. It also helped to highlight the significance of partnerships between home, school and external therapists/specialists so as to achieve the best outcomes for our students, as well as the innovative programs we continue to provide and evaluate that supports our students pathway to a hope-filled post-school life.

#### **Post-School Parent/Carer Information Evening**

It was such a fantastic turn out last Tuesday evening at our information evening regarding post-school pathways! Thank you to Lisa for providing input, wisdom and expertise, so as to empower and equip those present with the knowledge they need to navigate this next life-stage event for their child. Thank you to Jacqui A and Sean for attending and assisting with the facilitation of the evening, too.

#### Year 5, 6, 7 and 8 Camp

Such an exciting and eventful three days was enjoyed this week by the staff and students who attend the Stage 3 and Stage 4 Camp at The Tops, Stanwell Tops. These occasions always highlight many hidden talents that our students have as they engage in activities like go-kart racing, archery, inflatable course, rock climbing and the big swing! Witnessing their courage and 'have a go' attitude, as well as hearing the positive words of encouragement being offered by peers as their friends overcome worries pertaining to certain activities, help to highlight the significance and importance of these opportunities for our students. The staff who support our students whilst away, help to create a safe and supportive environment so that our students may flourish. These days are busy for our attending staff, and require a lot of patience and attention, and yet they provide it so willingly and enthusiastically. The staff who remain at school to cover the various lessons of those who are at Camp, ensure that the delivery of learning still remains a focus here for the other students. It really is a massive team effort and I thank all staff for what they do to enable this to take place which greatly benefits all students. A particular thank you to Niamh for facilitating the organisation of the Camp, as well as to those staff who were there – Sean, Judi, Jen B, Julie M, Catherine, Julia K, Lois, Lynda, Diana, Rosanne, Jayel, Larrissa, Rachel and Tara.

#### Eddie's Big Night Out

It is just one month until Eddie's Big Night Out, to be held on 14 June at Miramare Gardens. Enjoy an unforgettable evening that will raise funds to transform our Quad into a piazza-style space that can be enjoyed by our students and community.

There will be a silent auction, a live auction, raffle and more, including live performances by our incredible students, and the fabulous classic rock covers band, The Headliners. Mark Beretta OAM will be our Master of Ceremonies. Mark is best known as the Sport Presenter on Sunrise, and as the host of Seven's major sport broadcasts. Our auctioneer is former Eddie's Parent and Mate Ian Hyman OAM from Hymans Valuers and Auctioneers.

Thank you to everyone who has purchased tickets, donated to our auction and supported the event in a myriad of ways. There are many ways you can get involved:

• **<u>Buy tickets.</u>** Discounts are in place for tables of 10 and St Edmund's students in Years 11 and 12.

- <u>Spread the word</u> about the event with family, friends and colleagues.
- Organise a Corporate Mates Table these tables are great advertising tools and generate goodwill amongst our community. Eddie's Big Night Out could not happen without the generosity of our sponsors.
- Donate item(s) or experiences for our silent auction or live auction. You may wish to organise donations from businesses you work at or frequent. <u>A letter is attached here</u> in support of this request.
- Buy raffle tickets and request additional booklets to sell to your family, friends and colleagues. Tickets
  were sent home this week, please let us know if you have not received any or would like more
  booklets. There are 5 fabulous prizes including the first prize of a 3 night stay in a Magic Murray
  Houseboat valued at \$2390. You can see the included raffle prizes here.

We thank the St Edmund's families and community that have supported our event. Please email Susan and Cassandra at <u>events@stedmunds.nsw.edu.au</u> if you have any queries.

#### Celebrating our awesome Volunteers!

Next week is National Volunteers Week and this week at Assembly, we took the opportunity to acknowledge and thank our incredible volunteers who assist and support us in many and varied ways, across the College each week. We extended our gratitude by presenting Bridget, Robyn, Diane and Sue each with a card and gift, and we will carry the theme of thanks through next week with our choice of bell song. I'm sure you agree that we are very fortunate and blessed to have such generous and selfless individuals giving so kindly to the sense of community we feel here at Eddie's!





#### **Happenings Around the College**

- Enrolment interviews are currently underway for our Stage 3 class and Year 7 intake for 2026. Thank you to Jackie Reilly for what she does to support the expressions of interest here at the College for new students. If you know of anyone who you feel would benefit from attending St Edmund's, please encourage them to get in touch with Jackie: reilly@stedmunds.nsw.edu.au
- Our three national flags are proudly flying high! A huge thank you to Brenden, James, Susan and Sean who have brought this project to life through the support of a Commonwealth Government grant we recently secured. Our three flagpoles are flying our three national flags beautifully! And our remembrance garden looks really lovely, complete with our Lone Pine and rosemary bushes.



• ITP meetings for our Year 12 Parents/Carers have commenced. These will occur over the coming weeks and are facilitated by Jacqui A, Lisa D and the Year 12

Homeroom Teachers, Tracey D, Cherie and Brendon. Our Allied Health Team also support with the provision of supporting documents that families may use in their pursuit of post-school pathways. Thank you to all involved in supporting our students and families with this important life transition.

- Congratulations to our 10L Work Ed students and staff who recently attended the Northern Sydney Disability Network meeting hosted at Hire Up, Greenwich. It was here that the students were involved in the selling of raffle tickets for EBNO. All in the room were very supportive of this cause, helping us to raise close to \$500 in sales for the 90mins we were there! Very generous indeed.
- Good luck to our Cross Country Team who will be competing at the Diocesan event in Gosford next week!
- We welcome students from Mt St Benedict College onsite next Tuesday, who will be participating in our AIM Initiative. We have received so much interest in this program for 2025, that all our available bookings are filled, and we are trying to accommodate more! Thank you to Terry who does a wonderful job facilitating the input sessions with our visitors, and to the whole school staff and students who welcome them so inclusively when the Immersion sessions occur.

Wishing you peace and blessings!

#### Vanessa Dillon | Principal





# YOU ARE INVITED TO



ENJOY AN UNFORGETTABLE EVENING WHILE RAISING FUNDS TO TRANSFORM THE EDDIE'S QUAD.

# TICKETS INCLUDE A 3 COURSE MEAL, BEVERAGES AND LIVE ENTERTAINMENT.

Date
Venne
tickets
Dress
RSVP
Booking
Quesies

Saturday 14 June • 7pm - Midnight

Miramare Gardens 48 Myoora Rd, Terrey Hills

\$210pp or \$2000 for a table of 10

After 5 with a touch of green

Monday 2 June

www.stedmunds.nsw.edu.au/ebno

events@stedmunds.nsw.edu.au

Eddie's Big Night Out Mates Tables

# **TOP MATE \$12,000**

- 2 tables of ten guests each
- Table signage & company logos on screens during evening
- Acknowledgement throughout the evening
- Half page advertisement in the Events Program
- \$8000 tax deduction sponsorship

# **BEST MATE \$8,000**

- 1 table of ten guests
- Table signage & company logos on screens during evening
- Acknowledgement throughout the evening
- Quarter page advertisement in the Events Program
- \$6000 tax deduction sponsorship

# **GREAT MATE \$4,000**

- 1 table of ten guests
- Table signage & company logos on screens during evening
- Acknowledgement throughout the evening & in the Events Program
- \$2000 tax deduction sponsorship

# BOOKINGS

- Online www.stedmunds.nsw.edu.au/ebno-mates
- Enquiries events@stedmunds.nsw.edu.au



St Edmund's COLLEGE



Thank you for your support



Eddie's Big Night Out Donation Request

The silent and live auctions are central to the success of Eddie's Big Night Out. If you, your employer or one of your contacts have any items or experiences that can be donated it is much appreciated.

The live auction is centred around premium items/experiences such as box seats to a sporting match or concert or a stay in a holiday home. The silent auction is based upon smaller scale items that can be made up into hampers.

All donations are welcomed and valued. Below are some suggestions.



#### **ELECTRONICS**

Headphones, electronic equipment, tech items, electronics vouchers



#### GOURMET

Wooden boards, aprons, bbg equipment, gourmet products, vouchers to restaurants/cafes



#### SPORTS

Sports equipment, footballs, sports memorabilia, team clothing, vouchers to sporting fixtures



#### **SPA PRODUCTS**

Luxury soaps/lotions/bath products, perfumes, bath robes, gift certificates to day spas



#### **VOUCHERS**

All vouchers including supermarkets, retail, restaurants, theatre, experiences and hotels



#### **ALCOHOL**

Wines and spirits bottles, glasses, vouchers for bottle shops, beverage experiences

Please email events@stedmunds.nsw.edu.au if you would like to discuss potential donations. Thank you for your support.

# DEPUTY PRINCIPAL



#### Year 5-8 Camp "The Tops" Stanwell Tops

As the newsletter is finalised our Stage 3-4 students are returning from some formative learning experiences at our Year 5 - 8 Camp.

Congratulations to our students who have demonstrated positive growth mindset to enjoy these experiences with their peers. "Highlight" activities included the Giant Swing, Go Karting, Archery, Kitemaking, Movie Night and the Disco.

Some of the Kites our students constructed and certainly the great enjoyment and learning derived from them, paralleled the work of Lawrence Hargraves (formerly featured on the old \$20 note) who pioneered "heavier than air" human flight by box kite in the late 1800s at the nearby heights overlooking Wollongong!

A big thank you to our generous staff who sacrificed some family and sleep time to facilitate this holistic opportunity of growth and development for our students.

#### SOSUNs

Sunday 3 May featured a Picnic in Wahroonga Park with many former students of St Edmunds as members of the Sydney Special Olympics Upper North Shore (SOSUNs) division of the Paralympic Movement.

Nathan and Charlie (pictured) are leaders of the group which will be represented at the upcoming Disability and Post School Expo convened by Ms



Lisa Duffy our Family Engagement Officer in Week 7, Tuesday 10 June 4-7pm at St Edmund's.

#### Fun Run

One of the upcoming community initiatives supported by SOSUNs is a the <u>Ku-ring-Gai Chase Fun Run</u> and Barry Easy Walk on Sunday June 15 (the day after Eddies Big Night Out for those who are up for it!) Keep up the training!

#### **Reconciliation Week**

We are excited to share that preparations are underway among our student leaders for National Reconciliation Week 27 May (1967 Referendum) - 3 June (Anniversary of the Mabo High Court Determination) to celebrate the story, background and culture of our First Nations people and thereby the shared story of all Australians. Some highlights of the week will include:

- National Reconciliation Week Themed Assembly on Friday 30 May
- Year 9 Excursion on Friday 30 May to participate in ceremony and lay a floral tribute at the Aboriginal

and Torres Strait Islander Veterans Commemoration at the ANZAC Memorial, Hyde Park, along with a themed visit to the Australian Museum, College St Sydney.

- House Meeting Activities on Friday 6 June
- · Integrated learning in lessons throughout the week

Friday 30 May also marks the anniversary of the 1942 WWII Japanese Midget submarine night attack on Sydney Harbour in which 28 sailors lost their lives! Lest We Forget!

#### **Red Dirt**

At this stage we are proud to note that 5 St Edmunds Students and Staff will join the 5 school Red Dirt Expedition to interact with and learn from schools, communities and cultural sites in Remote and Rural Western NSW. This will occur in the first week of our July School Holidays and we know that our students will give a great account of themselves and return to share their learnings as we celebrate NAIDOC Week in Term 3!

#### Photo Day 27 May

A reminder to all parents that our upcoming School Photo Day takes place on Tuesday 27 May.

#### National Reconciliation Week

National Reconciliation Week is 27 May - 3 June. This is a time for all Australians to explore how each of us can contribute to achieving reconciliation in Australia.

#### E Safety Commissioner

Last Wednesday I attended The Office of the E Safety Commissioner's Webinar on Parental Online / Internet Controls for Parents which highlighted risk mitigation measures ranging from managing parental concerns from cyberbullying to online content.

The principle of using active parental oversight and family tech agreements (which are provided on the E safety Commissioner website) to support consistent family values and protocols was emphasised. Software tools, controls, for both routers, mobile devices and gaming limits, along with strategies to mitigate potential harm and gradually change behaviours as families and technology evolve were provided.

All of this information is available on the <u>E Safety website</u> along with regularly updated E Safety guides for over 200 games and apps from Roblox to Instagram:

There is advice on "how to have hard conversations", working together to support resilience in teens and how to have "shoulder to shoulder" conversations to this end.

There is a plethora of resources on the website accessible to parents and teachers and community leaders, along with registration opportunity for upcoming webinars such as the next Term 2

conversations on "Preventing Sexual Extortion" and "Using and managing Artificial Intelligence".

We are uniquely fortunate and the envy of the world, to have a credible and reliable government resource in this space and parents and carers are encouraged to be informed and supported in using this resource.

Have a great weekend while our staff catch up on some rest and family time after a great Year 5 - 8 Camp and quality Stage 5 and 6 Learning Activities back at St Edmunds!

Looking forward to Week 4 next week, the fun interactions and learning continue.

#### Sean Brannan | Deputy Principal

# THE DISH

St Edmund's are rostered for the dinner service on Tuesday 27 May, our food tech classes along with Mr Elcoate will be preparing main meals with dessert. The Dish has advised their community pantry is always in need of more supplies and they have asked if our community can please contribute to the pantry. They have requested for breakfast items such as cereal, long-life milk, spreads, tea, coffee, hot chocolate, or anything else that would be considered a breakfast pantry item. These items can be sent into the college office anytime from now until Tuesday 27 May. Thank you for your assistance and effort in supporting such a worthy cause.



Please see this link for an overview on The Dish.



We enjoyed welcoming the mothers, grandmothers and college community to a special breakfast last Friday for Mother's Day. We hope everyone enjoyed the breakfast and Mother's Day. The countdown is on to Eddie's Big Night Out and there is a great night planned. We hope to see everyone there!

Nathan, Arpita, James, Ella, Will and Liam | Student Leadership Team

## AWARDS

#### **Student of the Week**

5/6	Isabella and Clemmie
7S	Lucinda

- 7V Jonny
- 8B Jaydon and Seb
- 8P Will and Aliyana
- 9M Holly and Alex
- 9P Elodie and An-Yu
- 10L Ruby and Rachel
- 100 Ashley and Daniel Lee
- 11A Leela and Brendan
- 11J Gemma and Riarna
- 12D Michael and Will
- 12E Liam and Parmida
- 8B Silver Award
- 8P Bronze Award

#### **Eddie's Best**

Isabella Jeremy Hunter Bara Sam

- Daniel
- Ted
- Charlie L
- Indigo
- Sam
- Isabella
- Antonio
- Ella
- спа
- Jaydon
- Lizzie, Will and Jack

congratulations

# SENIOR FIRST AID OFFICER

#### Food Allergy Awareness Week: Not sharing is caring!

This week at school is Food Allergy Awareness week, which is an important topic seeing as many of our students have food allergies. When it comes to food at St Edmunds, not sharing is caring! This is because even a tiny crumb of the wrong food can cause a serious reaction for someone with an allergy.

Food allergies and reactions happen when the body's immune system mistakenly treats particular foods as dangerous, which triggers reactions that can be mild or life-threatening. Some common food allergies you probably know already are peanuts, tree nuts, milk, eggs, soy, wheat, fish, and shellfish, but there are many more!

For some people, a food allergy can cause a severe, lifethreatening reaction which is called **anaphylaxis**. Anaphylaxis is a fast and severe allergic reaction that can impact negatively on the whole body, often causing sudden swelling, difficulty to breathe, and impact blood pressure. If not acted on immediately, anaphylactic reactions can be fatal. Many people who have anaphylaxis will carry an EpiPen wherever they go.

If you ever need to use an EpiPen, it is helpful to remember the simple saying: **"Orange to the thigh, blue to the sky"**—this means the orange end of the pen should be pressed firmly into the middle part of the outer thigh, and the blue end will point toward the sky.

An important reminder: If you carry an EpiPen (or any epinephrine injector), make sure to **check the expiration date regularly**. An expired EpiPen may not work properly in an emergency, so it's critical to replace it before it expires.

As you already know, at our school we have a no food

sharing rule—and that's because even a small trace of the wrong food can cause a life-threatening reaction for someone with an allergy. That's why we don't share our food at St Edmund's, because not sharing is caring!

Remember:

Avoid sharing food: Something you can eat might be dangerous to someone else.

**Check labels**: Always look at the ingredient lists on food packaging before bringing to school or even to birthday parties.

**Communicate**: If you have any food allergies, let your teacher or the school know so we can take the right steps to protect you. Parents, please remember to keep this information up to date with the college.

Tara Abrahamian | Senior First Aid Officer





#### Do you know how to use an Epipen?



# FAMILY ENGAGEMENT

Thank you to those of you who came along to last week's Post School Transition Planning information evening. It is very exciting to see families putting 'knowledge is power' into action and using new information to self-advocate! The slides from last week have been shared with all families via email already, but please let me know if you have any questions about the content and related resources shared and linked to in the slides.

You hopefully will have received your child's copy of their 'My Health Matters' folder, provided by Council for intellectual Disability. I am hoping that these binders and their contents will facilitate a way to capture, store and share key

health information with key treating professionals. The whole folder is written in Easy Read with pictorial supports for each statement, so I am hoping that you will be able to read and use this folder with your child, and add pages that you choose, to relevant sections.

If you haven't done so already: please pop 10 June, 4-7pm in your diaries! Service provider stallholder RSVP's are rolling in for our Disability and Post-School Expo - I will share more details once all of the stallholders are confirmed.

#### Parent Group Post School Evening

This will be onsite at school on Tuesday 27 May 6-7:30pm. Come along to hear from 3 Eddie's Alumni families about their post school journeys and share and learn together. The flyer is on the following page.

#### **NDIS Work Goals**

One of the post school planning topics we spoke about last Tuesday evening was capturing work goals and collating evidence to request funding for employment goals in an NDIS Plan. For those of you that missed that session, I was advised at a recent NDIS Webinar that they would like the following documents to be completed, for those participants who have work goals:

School Leaver Employment Goals Worksheet.

Let's Talk About Work Booklet.

#### **Call for Parent Representatives**

I have drafted a template that families can use when collating key essential information when preparing for an NDIS Planning (Reassessment/Review) meeting. This document is similar to what you may expect when working with a Support Coordinator, however I am aware that the vast majority of school-aged NDIS participants do not have funding for Support Coordination in their NDIS Plan.

I have heard back from 3 families who are able to join me in a working party to make this document as useful and helpful as possible: THANK YOU! I would love more people to join us - if you are interested, please email me at <u>duffy@stedmunds.nsw.edu.au</u> and I will share the document with you, as well as invite you to a Teams meeting in the next few weeks to discuss your feedback as a parent group.

Until next time! I hope to see lots of you on Tuesday evening, 27 May!

Yours in Community,

#### Lisa Duffy | Family Engagement Officer



# <image><text>

The Parent Group Post School Evening will be held on 27 May, 6pm - 7.30pm, at St Edmund's College. This evening provides an opportunity to hear from Eddie's Alumni and their families about their post school journeys and share and learn together. All St Edmund's families are welcome to attend.

Please contact Lisa Duffy, Family Engagement Officer, for more information: duffy@stedmunds.nsw.edu.au

Please RSVP at www.stedmunds.nsw.edu.au/parent

www.stedmunds.nsw.edu.au/parent

- auffy@stedmunds.nsw.edu.au
- 🛛 60 Burns Road, Wahroonga
  - 02 9487 1044

Please note any external events or organisations listed in the Community section are not endorsed by the College, but are included as they may be of interest to our families. As with any service provision sourced by families for their young person, we encourage due diligence in making informed decisions.

# ASSIST ALL HOOPS

ASSIST ALL

TIME: 4:40PM - 5:20PM WHERE: NORTH SYDNEY INDOOR SPORTS CENTRE AGES: ALL AGES COST: \$110 - 8 WEEK PROGRAM DATE: 6TH MAY 2025



Australian Government
Department of Social Services





# **SIGN UP NOW**







#### HILLS DISTRICT NETBALL ALL STARS PENNANT HILLS PARK FRIDAY NIGHTS 5.00-6.00PM 10 WEEKS, JUNE TO AUGUST

Sessions will be made up of warm up activities, skills practice and some game play.

## **REGISTER HERE!**

https://www.playhq.com/netballaustralia/register/95d238

Any questions please email:

allabilities@hdnanetball.com.au





# FREE TO ATTEND!

'Ready-Set-Connect is a fun and engaging speed-networking event connecting disability service providers with the people who need them.

In this interactive format, service providers will showcase their products and services, while attendees discover local service options and make valuable connections, opening the door to greater choice and control.

# WHO?

- Support Coordinators / Navigators
- People with Disability
- Parents and Carers
- 🖉 LACs
- Support Workers
- Social Workers
- Case Managers
- Teachers

#### Register at: onecommunity.net.au/Ready-Set-Connect

# () WHENB

10:00 AM - 12:30 PM Wed 25 Jun 2025 Magpies Waitara 11-37 Alexandria Parade Hornsby NSW

If you are a provider and would like to host a table to promote your services, please visit our website!

Get in touch with us

02 4003 4875

info@onecommunity.net.au





# You're invited to your local Pathways to Employment

#### 14 AUG 2025 THUR 10am - 2pm

Level 5, Suite 504, 20 George Street

Are you leaving school and planning for future employment?

# DON'T MISS THIS EVENT



Hear from parents and past trainees.



Discuss your needs and employment plan.



School Leaver

Lucky door prizes and light lunch provided.

# **To RSVP Scan** the QR Code

call Donna on 02 8886 5800



**Bookings essential!** 

NOVA Team to discuss your

This event is for school leavers,

Pathway to Employment.

Come and meet the

parents and teachers



www.novaemployment.com.au www.transition.com.au

NDIS Registered



Unwind and share experiences with others who understand

# MyTime Wahroonga Firepit Night

# Thursday 22 May 2025

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

WHERE: St Lucy's School Maple Courtyard 21 Cleveland St, Wahroonga WHEN: Thursday 22 May 2025 TIME: 6.30pm-8.30pm CONTACT: Justine Spurrs familysupport@stlucys.nsw.edu.au mytimewahroonga@gmail.com











# mytime.net.au

Unwind and share experiences with others who understand

# **MyTime Wahroonga**

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

# Men's Evening - Thursday 5 June 2025

WHERE:

35 Billyard Avenue, Wahroonga. "The Sunroom" at Holy Name WHEN: Thursday 5 June 6.30pm-8.30pm WHAT:

Pizza followed by a group discussion

CONTACT: Warren Hopley mytimewahroonga@gmail.com











mytime.net.au

# **MyTime Wahroonga**

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

THURSDAY 22 MAY Firepit Evening at St Lucy's 6.30pm-8.30pm

THURSDAY 5 JUNE Men's Evening 6.30pm-8.30pm Facilitator: Warren Hopley

**TUESDAY 10 JUNE 10.00am-12.00pm** Facilitator: Terry Williamson

TUESDAY 24 JUNE 10.00am-12.00pm Facilitator: Terry Williamson

**ADDRESS:** 35 Billyard Avenue, Wahroonga. "The Sunroom" at Holy Name

EMAIL: mytimewahroonga@gmail.com











mytime.net.au

Unwind and share experiences with others who understand



