

#### Newsletter Term 1, Week 9 28 March 2025

# PRINCIPAL'S MESSAGE

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. - Prayer of St Francis of Assisi

As a whole school community, we recently celebrated Harmony Day where the theme "Everyone Belongs" was a focus for our staff and students. The Prayer of St Francis is often referred to as a 'Prayer of Peace', where it calls on us to be mindful of ways to respond in a gesture of love, care, compassion and empathy. As a school established in the EREA Tradition, one of our four Touchstones is that of Inclusive Community. This pillar grounds our community in a foundation of acceptance, understanding, belonging and harmony.

Thank you to Terry for coordinating our Harmony Day focus and to you for supporting it! It was so lovely seeing either an injection of

orange, or the representation of different backgrounds being worn by our staff and students. Our diversity helps create a community whose identity is consequentially enriched, and that is indeed something worth embracing and celebrating!

#### **Congratulations Lizzie!**

Lizzie recently received the Sacrament of First Reconciliation at Holy Name Church, Wahroonga. Also present to share in this truly special occasion were her parents, and her grandmother who recently arrived from the UK so as to be part of this moment. Thank you to Terry for supporting Lizzie in her preparation for receiving this Sacrament. We pray that Lizzie continues to feel nourished in her relationship with God as she prepares for other Sacraments within her ongoing faith journey.









# PRINCIPAL'S MESSAGE

#### **Congratulations Year 12 CAFS!**

A massive thank you and acknowledgement for our Year 12 CAFS staff and students for the fabulous enterprise they prepared and facilitated for our community this week. It was wonderful witnessing the growth in skills that were displayed by our students as they packaged the items, visually presented them, welcomed customers, served customers, handled money and card exchanges, and maintained enthusiasm throughout! Many of us walked away with some very delicious bags of 'Bunny Poop' (that look and taste like jelly beans!)

#### Year 12 2024 Alumni Pizza Night

We recently met with our 2024 Year 12 Alumni last Tuesday evening four our annual Alumni Pizza Night. It was wonderful welcoming back our graduands and to learn of what they are enjoying in their post-school life! They are all very busy, engaged and happy with the many activities and opportunities they are accessing across their week. Thank you to Susan, Cassandra, Sean, Tiffany and Terry for helping to facilitate this occasion.



#### World's Greatest Shave

We know the significance of standing in solidarity with others, in particular those who are battling cancer within our community at present. The decision to participate in World's Greatest Shave was one way we chose to demonstrate this, and so I thank the willingness of our staff participants, the enthusiasm of our supporters, and to those who have very generously donated funds to our cause. The very fabulous hairstyles and colours produced was very well received by our students. Thank you to those who helped coordinate this event so successfully – Susan, Cassandra, Sean, Meg and Julia K. If you would like to donate, please do so via this link: <a href="https://www.worldsgreatestshave.com/fundraisers/StEdmundsCollege">https://www.worldsgreatestshave.com/fundraisers/StEdmundsCollege</a>



# PRINCIPAL'S MESSAGE



#### **Best Wishes to Mrs Falvey!**

Next Friday 4 April will be Teresa's last day with us before she commences her Parental Leave. Sharing her pregnancy journey these past number of months has been a very special and joyful occasion for our community, and we extend our prayers and best wishes to her as she and Sam prepare for the birth of their first child. We look forward to hearing the good news when their little blessing enters our world!

#### Thank you and Farewell to Ali

Next Wednesday 2 April we will take the opportunity as a whole school to farewell and extend our heartfelt gratitude, and very best wishes, to our College Nurse, Ali. I know that you all agree that we have been extremely fortunate to have Ali provide such a critical and supportive role within our College community these past number of years. She will be so very dearly missed! We invite parents and carers to join us in our school hall at 2.40pm, where will present Ali with a farewell that she is truly deserving to receive!

#### Camp Rock Musical!

This week I was very fortunate to attend one of the three live performances of Camp Rock the Musical at Chatswood's Zenith Theatre. Some of our current, as well as some past students, were engaged in this all inclusive theatre performance – and it was AMAZING!!!!! I know that other staff have also attended and had the same reaction to the joy and talent they witnessed. Congratulations

to – Daniel T, Lizzie, Zara and Alexander Sm for showcasing and sharing with us (and all who were there) the wonderful display of creativity and skill they possess. Congratulations also to past students Hugh, Sonnet and Joe! We hope you continue to find ways to bring these talents to the fore!





#### Vanessa Dillon | Principal

# DEPUTY PRINCIPAL

#### Food Safety at St Edmund's

As a matter of priority please note that approximately one third of our school population report being anaphylactic, allergic or intolerant to foods ranging from peanuts to gluten.

While our Vet Hospitality, Retail and Admin teams are highly trained, and exercise best practice in food safety to support our students and staff, for many in our school community safeguarding against food cross contamination is a new challenge.

In this context please note that our Food Safety Protocols necessarily extend to measures including:

- Reinforcing our situation as a "Nut Aware" school environment.
- Ensuring that food is not shared between students.
- Asking that school provided Ice blocks replace (\$10 a bucket from admin) cakes in Birthday celebrations.
- Requesting that families not bring food for sharing at our Community Movie Night next Thursday
- Providing information on food ingredients used and prepared in our curriculum
- Asking that students not try foods and medicines for the first time at school until they are tested under home or medical supervision
- Educating our students to observe ingredient components of food they are exposed to and understand which foods can adversely affect them and their peers.
- Taking precautions to avoid cross contamination involving food ingredients of concern at school.

As we approach the Easter Season please respect the range of food allergies in our population and refrain from sending your child to school with chocolates or foods to share with other students. Thank you for your consideration and attention to this important matter for the safety and wellbeing of our students.

#### Walk 2 School Road Safety Day

It was a great day of learning engagement last Friday at our Road Safety Day / Walk 2 School Day as our students learned some principles of Pedestrian and Road Safety by:

- Engaging with Snr Constables Nat Smith and Michael Alexander our Police Liaison Officers to learn about Police as resources for safety and security as well as components of a Police car.
- Learning Road Crossing safety protocols developed by Mrs Anderson and our Liberate Pedagogy Team: Stop, Look, Listen, Think: "Is it safe to cross?" if so proceed safely. If not start again at Look!
- Road side Hazard Perception with a Kahoot and Road sign stickers lesson led by Mrs Morgan Meyers and our Allied Health Team.
- A Walk 2 School around the Braeside Wahroonga Ave block and road crossing activity led by school staff and Mr Brannan.

We thank Hornsby Council Road Traffic Officer Maria Leotta, Catholic Schools NSW Road Safety -PDHPE Education Advisor: Beth Lincoln and Wellbeing Senior Manager Jenni Coen as well as Darren Neagle Transport for NSW Education Manager, for their collaborative support of this initiative.



# ROAD SAFETY DAY

















# DEPUTY PRINCIPAL

#### World's Greatest Shave

Last Friday's events were rounded out with combined Colour House Meetings featuring our school student and staff gathering together for an awareness raising and fundraising initiative for a cause close to our hearts: cancer research.

Staff members including Mrs Dillon who had her amazing long hair "bobbed" for the cause as well as Mr Tully, Mr Mitchell, Mr James, Mr Brannan and Mr Terry O'Keefe who were shorn, while Mrs Funk, Mrs Drescher, Mrs March and Ms Stokes were all colour hair sprayed for the cause. All to the great amusement of the student body.

Thanks go to Mrs Kickert and Ms Minkley as well as students including Arpita, Dash, and Ingrid who lent their skills to shaving and spraying the participants.

<u>This link</u> is our fund raising conduit to the Leukaemia Foundation and shows we have more than met our target, although any further donations to this great cause are appreciated.

#### **Reconciliation Action Plan**

This week our Narragaunawali Reconciliation Action Plan Team meets for our second meeting of the Term with our priorities including preparing for Reconciliation Week (27 May - 3 June) initiatives across the curriculum and our July Red Dirt Expedition with Christian Brothers Lewisham, Brigidine, Mater Maria and St Pius X Colleges to the Warrumbungles, Walgett, Brewarrina, Bourke and Dubbo Zoo.

Our Voices for Reconciliation Choir are currently rehearsing Goanna's Shane Howard song: Solid Rock for Reconciliation Week and our Year 9 students will proudly represent St Edmunds College at the Aboriginal and Torres Strait Islander Veterans ANZAC Memorial Hyde Park Commemoration and Museum excursion on Friday 30 May.

Our developing Reconciliation Action Plan can be viewed in draft at <u>https://www.narragunnawali.org.au/</u> <u>users/your-dashboard</u>

We are proud to have Kamilaroi leader and Moree based Catholic Schools NSW Aboriginal Education Manager Mrs Sharon Cooke as a consultant patron of our RAP. Sharon is a good friend of St Edmunds and EREA who we are proud to be associated with,

#### **Social Justice Outreach**

Our students have prepared meals for our Social Justice Outreach in Hornsby next Tuesday 1st April. If you would like to be involved in delivering and supporting the serving of these meals at Hornsby Church next Tuesday or next Term please contact myself or Bernie at School.

#### Office of the eSafety Commissioner - Upcoming Webinars and Resources

Parent and Carer series: Understanding and using parental controls to help protect your child online Wed, May 14, 2025 12:30 PM - 1:15 PM AEST

Connections and parents of the College maybe interested in subscribing via the Office of the eSafety Commissioner - to the free upcoming educational Webinars and Resources including that listed above. <u>The Office of eSafety website</u> is a highly credible and important resource for parents, schools and the general community.

#### St Edmunds Community Movie Night will take place next Friday 4 April

Please refer to the promotional flier on the following page and RSVP so that we can cater for the correct numbers. We look forward to a great evening celebrating great joy, inclusion and solidarity within our community.

# FRIDAY 4 APRIL

5PM - 7PM · ST EDMUND'S COLLEGE

- Please arrive at 5pm for a 5.20pm movie start. Entry is via Braeside Avenue. The chosen movie is Inside Out 2.
- This is a community event students attend with their parents and siblings. There will be a small number of staff present, however parental supervision is required.
- Popcorn, ice blocks and bottles of water will be provided to all in attendance. We request that no external food is brought to this event to ensure the safety of all guests.
  - Chairs will be set up, however space at the front will be provided for BYO cushion.

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# RSVP WEDNESDAY 2 APRIL STEDMUNDS.NSW.EDU.AU/MOVIE

# OUTDOOR FITNESS EQUIPMENT



















# YEAR 11 AND 12 DOMESTIC COOKING - THE DISH

















# YEAR 10 DOMESTIC COOKING - THE DISH



# YEAR 12 RETAIL JELLYBEAN SALE



# PDHPE AND SPORT

#### **Other News in Sport**

#### Surf Life Saving's Inclusive State Championships

Congratulations to Rosie and Kate's (ex-Eddies student) club North Steyne for winning the Surf Life Saving's Inclusive State Championships on the weekend. Unfortunately, this year, cyclone Alfred brought with it treacherous surf conditions which meant the water events had to be cancelled. However, the beach events were on! Rosie and her team mate Kate (ex Eddies) were in the Under 19 category. They started with a sprint event and ended with Flags. It's a great social event where all the kids and coaches support each other, and there are medals for Gold, Silver and Bronze received on a podium. Rosie won 2 x silver medals at the Championships for the Beach Sprint and Flags events.



A number of different clubs were involved, which included Sophia and Isabella from South Curl Curl. Sophia won 2 silver medals (Beach Sprint and Flags) and Isabella won a gold and silver medal (Beach Sprint and Flags).

Congratulations on your excellent achievements!

#### Lois Horne | PDHPE and Sports Coordinator



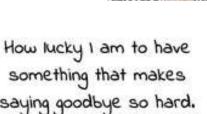


# NURSE ALI

As I write my last newsletter piece and navigate the many emotions I am feeling, this alerted me to the change of emotions people experience as the days draw shorter and the weather cools.

On Sunday 6 April our clocks will turn back an hour, darker evenings ahead. Sometimes during Autumn and Winter our mood changes and we may lose interest in activities and social engagement. Some ideas below to combat the seasonal blues.

- 1. Embrace natural light & vitamin D: Sunlight helps boost Seratonin and regulates sleep
- 2. Stay active: Exercise regularly. Physical activity releases endorphins, which have mood-boosting effects. Find activities you enjoy. Whether it's going for a walk, hitting the gym, trying a new sport, or getting creative make sure to find activities that you enjoy and can stick with.
- Stay Social: Plan social activities. Schedule regular catchups, whether it's coffee with a friend, a movie night. Stay connected. If in-person interactions are difficult, use video calls, phone calls, or email to stay connected.
- 4. Nourish your body: Eat a balanced diet: Focus on fruits, vegetables, and whole grains to provide your body with the nutrients it needs. Limit processed foods and sugar: These can negatively impact your mood and energy levels. Stay hydrated: Drink plenty of water to stay energized and alert.
- Maintain a healthy sleep schedule: Aim for 7-8 hours of sleep: Getting enough sleep is crucial for both physical and mental health. Meditation and deep breathing have shown to reduce stress and anxiety and aid sleep.





6. Seek professional help when needed: Don't Hesitate to Reach Out: If you're struggling with persistent low mood or symptoms of Seasonal Affective Disorder (SAD), seek help from a mental health professional.

As my time here comes to an end, It has been a privilege to be part of this school community, supporting and caring for the students, staff and families.

Thank you to everyone who have made this journey so rewarding - your kindness and trust mean a lot. I will always cherish the memories and connections I have made here. Wishing you all the very best.

#### Alison Andrews | Nurse



# **RISKY BUSINESS**

#### **Community Code of Conduct**

Edmund Rice education Australia and St Edmund's College have developed a Community Code of Conduct flyer, which summarises the rights and responsibilities of parents and community members as we work in partnership in the education of the students entrusted to our school.

Please find below a copy of the flyer for reference. The flyer is also available on our website along with the <u>full Community Code of Conduct.</u>

#### David Mitchell | Risk and Compliance Officer





# MISSION AND IDENTITY

#### **First Reconciliation**

Congratulations to Lizzie Veale in Year 8 for achieving her next significant milestone in her faith journey.

On Wednesday evening, Lizzie joined other members of the local Holy Name Parish community making her First Reconciliation.

Lizzie prepared with several sessions at school learning about the sacrament and understanding the forgiveness that the Lord gives us all when we say sorry.

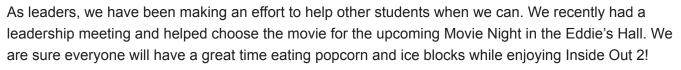
Father Kelvin and Father John prayed with the young people, listened to their stories and gifted them with God's forgiveness.

It was a lovely ceremony and it was especially nice that Lizzie's grandmother could be there, having travelled all the way from England.

Please keep Lizzie in your prayers as she continues her faith development with the final Sacrament of Initiation, First Eucharist, coming up next in Term 2.

#### Terry O'Keefe | Coordinator Mission and Identity

## CAPTAIN'S CORNER



Nathan, Arpita, James, Ella, Will and Liam | Student Leadership Team

















One of the main themes that I have noticed in Term 1 is 'Knowledge is Power'. I have worked with many families this term who have been able to navigate the complexities of systems such as the NDIS, because of being empowered by information and the use of key resources and tools. It is inspiring to see!

This is what I am hoping to continue to contribute to with our webinar series and face to face information sessions.

In line with this theme, and Term 1's theme of NDIS Foundations, I'd like to take this opportunity to summarise different NDIS decision-making support roles, especially for families who have a child who is 17 and will be turning 18 soon. If this is you: please read to the end!



The <u>NDIS Supported Decision Making Policy</u> references <u>The United Nations Convention on the Rights</u> <u>of Persons with Disabilities (UNCRPD)</u>, which outlines the rights of people with disability to dignity, autonomy, decision making, and recognition of legal capacity.

The NDIS Act (2013) recognises the need for people with disability to make decisions that affect them.

As a starting point, the NDIS Act assumes that adult participants have the ability to make their own decisions about the NDIS. Supported Decision Making is about providing support to people so that they can make their own decisions, rather than making decisions for people.

The Office of the Public Advocate in Victoria has produced a helpful video that distinguishes between supported and substitute decision making. <u>https://www.publicadvocate.vic.gov.au/opa-s-work/supported-discussions-project/watch-online-decision-making-a-human-right</u>

In an NDIS context, 'decision **supporters**' assist a person who requires support to make decisions. A supporter does not make the decision.

Decision representatives are different. There are two types of decision-making **representatives** under the NDIS Act: Child representatives and nNominees.

**Child representatives** make decisions about the NDIS on behalf of participants under the age of 18. **Nominees** make decisions about the NDIS on behalf of participants over the age of 18.

The NDIS' policy position on child representatives and nominees is that:

- supported decision making must be encouraged;
- representatives (child representatives and NDIS nominees) will not be appointed as an alternative to providing appropriate support;
- we will only appoint plan nominees on our own initiative if a participant cannot be supported to make their own decisions about the NDIS.
- the will, preferences and rights of all participants will direct decisions that affect their lives.

Since the NDIS will always start from the principle that an adult can make decisions for themselves, the person acting in the Child Representative role will not automatically continue in a Plan Nominee role once the participant turns 18. There will need to be an application for Plan Nominee status to request ongoing NDIS decision making representation if that is what is agreed is best for your child.

I recommend contacting your NDIS representative at least one month before your child turns 18 to get this started so that your access to your child's NDIS profile, planning, and decision representation does not cease when they turn 18.

#### What is up next?

The theme for Term 2 is Post School Options (and this is open to all families, not just Year 11 and 12 families!). Here is a taste of what is planned:

Post-School Transition Planning	Face to face (onsite)	6.5.25 6-8pm	Big picture thinking and discussion about 'what next' after school, when considering goals, support needs, services, and beyond funding
Parent Group Post School Evening	Face to face (onsite)	27.5.25 6-7:30pm	Hear from Eddie's Alumni about their post school journeys and share and learn together
Employment Supports	Live webinar (recorded)	13.5.25 Daytime 12-1:30pm	NDIS funded (including SLES, School Leaver Employment Supports) + Mainstream Employment supports
NDIS: Social and Community Participation	Live webinar (recorded)	9.5.25 Daytime 12-1:30pm	'Core funded' NDIS options: Social programs, Day Programs, making sense of funding categories and support ratios etc
Transport, Travel, Travel Training, NDIS Recurring Transport, Taxi subsidies	Live webinar (recorded)	3.6.25 Daytime 12-1:30pm	Making sense of NDIS funded and Mainstream support options
Disability and Post School Expo	Face to face (onsite)	10.6.25 3-7pm	Social and Community Participation + Employment Support Providers + Allied Health + Mainstream + TAFE + etc

#### Expressions of Interest: Sibling Support – Survey is still open!

One of the ongoing priorities of St. Edmund's College in 2025 is whole of family support, including the specific support needs of the siblings of our students.

We would love to seek your expression of interest regarding the potential facilitation of a speciallydesigned group-based sibling support program, known as Sibworks.

Sibworks is a Sibling Peer Support Group for children who have a brother or sister with a disability. The program aims to provide an opportunity for sibling children to connect with other siblings, learn more about the needs of their brother or sister, share their feelings and experiences, develop skills for their future relating to emotional wellbeing and resilience, and provide opportunities to connect with others who may share similar experiences.

We ask you to <u>complete a quick survey</u> so that we can determine if Sibworks might be of benefit to our community, and therefore be provided for families to access during the July or September school holidays. For more information about Sibworks and Siblings Australia Inc, please <u>visit their website</u>.

#### Speaking NDIS: Live Webinar (will be recorded) Tuesday 8 April, 6-8pm

This is a repeat of the same information session held at school on 25 February, all about some of the significant changes that we have seen in NDIS legislation and policy since 3 October, 2024 (and what it means for NDIS Participants), including information about:

- Key sections of NDIS Legislation to know (and why): NDIS Act 2013 Sections 24, 25, 34
- NDIS Act 2013 Section 34: Reasonable and Necessary Supports, and why understanding this is critical for funding justifications
- · Key changes in NDIS Legislation and what this means for NDIS funding decisions
- Impairment Notices
- NDIS Eligibility Reassessment
- · Unpacking the new definition of an 'NDIS Support'
- Supports that are not 'NDIS supports'
- Understanding the new concept of a 'Replacement Support' and when and how an application can be made
- Understanding the impact of changes to key sections of the NDIS Legislation on NDIS Access, NDIS funding criteria, and spending NDIS funds
- The importance of understanding specific 'NDIS Language' (and its use in supporting evidence and reports)

#### What you may have missed

#### 1. NDIS Plan Changes webinar: Tuesday 11.3.25

Topics covered included:

- NDIS Participant Check-ins
- Change in Situation/Change of Circumstances applications
- Internal Reviews/requesting an internal review of a decision
- External reviews/external appeals and applying to the Administrative Review Tribunal (ART)
- Evidence requirements through all of these processes

FEO Webinar\_NDIS Plan Changes-20250311\_180249-Meeting Recording.mp4

#### 2. NDIS Access Webinar: Tuesday 4.3.25

This topic included information about NDIS eligibility criteria, the application process, and the evidence required for applying to the NDIS for the first time (or if you have made an application that was not accepted)

Family Engagement Webinar\_NDIS Access-20250304\_120115-Meeting Recording.mp4

#### 3. NDIS Pricing Arrangements and Price Limits: Webinar Recording Link from 25.3.25

This Webinar discussed NDIS Price caps, Support Categories and Support Descriptions, support purposes (Core, Capacity Building, Capital), support items such as 'Non Face to Face Supports' and 'NDIA Requested Reports', and support ratios. We explored the Pricing Arrangements and Price Limits document and its value in NDIS plan budgeting and spending NDIS funds in line with funded supports.

FEO Webinar\_NDIS PAPL and Budgeting-20250325\_120137-Meeting Recording.mp4

#### **Information Share**

Hornsby Ku-Ring-Gai Community College has received funding for an 'Empowerment Through Leisure' grant, some of which they hope to make available to school-aged teenagers.

The program will be free of charge and participants with disability do not need to be on the NDIS. This program will be launching in Term 2, and if anyone is interested in attending or finding out more, please <u>fill out the short form here</u>.

Contact: peersupport@hkcc.nsw.edu.au

Until next time!

Yours in Community,

Lisa Duffy | Family Engagement Officer

# YEAR 12 FORMAL COMMITTEE

The Year 12 Formal is confirmed for Thursday 27 november at Avondale Golf Club. If any Year 12 parents would like to be involved in the planning committee for the Pre-Formal and Formal please email <u>dickenson@stedmunds.nsw.edu.au</u>

# LOST PROPERTY



# GAMES IN THE LIBRARY



# EASTER STALL

On Tuesday 8 April the Year 12 Retail students will sell some Easter products at the end of the school day, 2pm - 3pm. We have some lovely little bags with eggs, a Lindt bunny and a heart. We also selling baskets and beautiful eggs made with the laser cutter in the Wood Tech department. Any leftovers will be sold on Friday 11 April, 1.50pm - 2.10pm, just before our last Assembly of Term 1 starts. Please come and support us.



Many thanks,

The Retail team

Gaster Itall YEAR 12 RETAIL ST EDMUND'S COLLEGE

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# YOU ARE INVITED TO



ENJOY AN UNFORGETTABLE EVENING WHILE RAISING FUNDS TO TRANSFORM THE EDDIE'S QUAD.

## TICKETS INCLUDE A 3 COURSE MEAL, BEVERAGES AND LIVE ENTERTAINMENT.

Date
Venne
tichets
Dress
RSVP
Booking
Quesies

Saturday 14 June • 7pm - Midnight

Miramare Gardens 48 Myoora Rd, Terrey Hills

\$210pp or \$2000 for a table of 10

After 5 with a touch of green

Monday 2 June

www.stedmunds.nsw.edu.au/ebno

events@stedmunds.nsw.edu.au

Eddie's Big Night Out Mates Tables

# **TOP MATE \$12,000**

- 2 tables of ten guests each
- Table signage & company logos on screens during evening
- Acknowledgement throughout the evening
- Half page advertisement in the Events Program
- \$8000 tax deduction sponsorship

# **BEST MATE \$8,000**

- 1 table of ten guests
- Table signage & company logos on screens during evening
- Acknowledgement throughout the evening
- Quarter page advertisement in the Events Program
- \$6000 tax deduction sponsorship

# **GREAT MATE \$4,000**

- 1 table of ten guests
- Table signage & company logos on screens during evening
- Acknowledgement throughout the evening & in the Events Program
- \$2000 tax deduction sponsorship

# BOOKINGS

- Online www.stedmunds.nsw.edu.au/ebno-mates
- Enquiries events@stedmunds.nsw.edu.au







Thank you for your support



Eddie's Big Night Out Donation Request

The silent and live auctions are central to the success of Eddie's Big Night Out. If you, your employer or one of your contacts have any items or experiences that can be donated it is much appreciated.

The live auction is centred around premium items/experiences such as box seats to a sporting match or concert or a stay in a holiday home. The silent auction is based upon smaller scale items that can be made up into hampers.

All donations are welcomed and valued. Below are some suggestions.



#### **ELECTRONICS**

Headphones, electronic equipment, tech items, electronics vouchers



#### GOURMET

Wooden boards, aprons, bbg equipment, gourmet products, vouchers to restaurants/cafes



#### SPORTS

Sports equipment, footballs, sports memorabilia, team clothing, vouchers to sporting fixtures



#### **SPA PRODUCTS**

Luxury soaps/lotions/bath products, perfumes, bath robes, gift certificates to day spas



#### **VOUCHERS**

All vouchers including supermarkets, retail, restaurants, theatre, experiences and hotels



#### **ALCOHOL**

Wines and spirits bottles, glasses, vouchers for bottle shops, beverage experiences

Please email events@stedmunds.nsw.edu.au if you would like to discuss potential donations. Thank you for your support.

## AWARDS

#### Student of the Week

5/6	Ally and Charlie
7S	Cody, Tom and Jeremy
7V	Lachie
8B	Chloe and Bara
8P	Lucas and Jack
9M	Nathan and Holly
9P	Elodie and Oscar
10L	Holly and Olive
100	Daniyal and Oscar
11A	Sam and Cameron
11J	Finley and Ben
12D	Amie and Emma
12E	Ella and Andreas

#### **Eddie's Best**

Laurence Caitlyn Haydon Seb Leah Aaron Matilda Charlie Rachel Sienna Bento

- Lauren
- Alessio

congratulations

# COMMUNITY

# Autumn Holiday Program



#### WHAT DOES INCLUDE?

1:1 support Transport Meals

Age: 3 - 25

Our prices are in line with the NDIS Standards





#### BOOK NOW!

0468 684 949 www.howecare.com.au admin@howecare.com.au



## COMMUNITY





Castle Hill & Hornsby



Exciting activities and new skills await at Morhaven these April School Holidays!

The school holidays are here, and we're excited to share all the amazing activities we've lined up for April! Whether you're looking to try something new, get fit, or just have fun with friends, we've got something for everyone.

Check out some of the highlights that will make these holidays unforgettable

#### Drop the Mic – Podcast Group

Our Drop the Mic podcast group is back and better than ever! This is your chance to be a radio star as we record episodes, chat about everything under the sun, and have a blast while doing it. Whether you're a podcast pro or a first-timer, we'll guide you through the process and make sure you leave with your very own episode to share.

#### Stronger Together Fitness Group

Join our Stronger Together fitness group, where the focus is on getting fit, having fun, and supporting each other! This program is all about building strength, confidence, and community through exciting fitness challenges. No matter your fitness level, we'll make sure you feel empowered and ready to tackle anything!

#### Cook's Corner

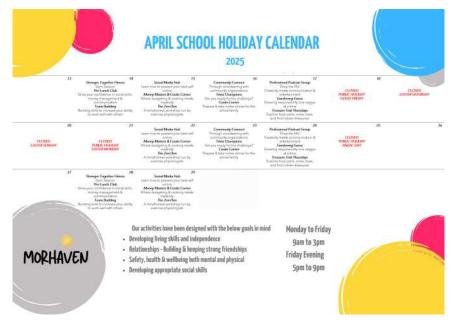
Time to get cooking in Cook's Corner! In this hands-on program, you'll learn new cooking skills, try out

delicious recipes, and maybe even discover a new favorite dish. From simple snacks to full meals, you'll leave with practical skills you can use at home. Bon appétit!

We can't wait to see you in action this school holiday season! <u>Take</u> <u>a look at the full calendar here</u>

and make sure to register early by sending us at email at hello@ morhaven.com.au —spaces fill up fast!

Don't miss out on all the fun and exciting activities we have in store!



# GIANT BOOK FAIR



With an incredible selection of over 80,000 books at unbeatable prices!

# FRI 11 to SUN 13 APRIL 8am–5pm Macquarie University 12 Wally's Walk, Macquarie Park

Lifeline Harbour to Hawkesbury Sydney – supporting your community

Northern Sydney Post School Expo for People with a (dis)Ability

Wednesday 7 May 2025 10:30am - 2:30pm Hornsby RSL



#### Discobility: A night under the sea

Next date: Friday, 11 April 2025 | 6pm to 8.30pm

Location: Dougherty Community Centre, 7 Victor Street, Chatswood, 2067

**Bookings:** <u>https://www.willoughby.nsw.gov.au/Eventbrite/Discobility-A-night-under-the-</u>sea-1204317809989

Join us for 'Under the sea: A discobility event', a vibrant, all-abilities disco experience filled with music, lights, and underwater magic

Discobility is delighted to host this all-inclusive dance party for young people of all abilities, ages 12 to 18. Dive into an unforgettable evening featuring a live band spinning your favourite tunes, ocean-themed face painting, a sweet treats station, fairy floss and popcorn, and even a silent disco for those who prefer a quieter vibe.

Teens will have the chance to meet new friends, embrace their individuality, and dance the night away under shimmering lights and sea-inspired decor. Admission includes snacks, themed treats, and refreshments!

We are also thrilled to share that we have partnered with AlongSiders, a registered NDIS provider, who will be hosting an information desk on the night for families and caregivers. AlongSiders offers vital support to individuals living with disabilities, with a focus on providing tailored services and fostering independence. Their team will be available throughout the event to share information and answer any questions caregivers may have regarding NDIS services and support options.

Our mission is to create a joyful, inclusive space that celebrates diversity and empowers every attendee to feel confident and free to have fun.

Don't miss this magical 'Under the sea' adventure—where the ocean's treasures meet the dance floor! Young people who require 1:1 support or direct supervision will need a carer to accompany them. Carers do not require a ticket. We will have friendly staff wearing fluorescent visors to supervise young people throughout the night, ensuring everyone has a fun and safe experience!

Willoughby City Council may photograph and film the event and its participants. Participant acknowledges that the event may be reproduced for use on Council's website, publications, public displays and in promotional video footage. Please let us know if you do not give consent to your photo being taken.

# Sony Camp

Since 1999, The Sony Foundation Children's Holiday Camp Program has given Year 11 students the opportunity to care for children with a disability who are aged between seven and 14 years over a four-day period.

The children are treated to a camp full of thrilling and exciting adventures and are cared for in either Pymble or Shore's (Sydney Church of England Grammar School) Boarding Houses, 24 hours a day, by Pymble and Shore students. These Year 11 students, supported by a team of dedicated teaching and medical staff, will quickly learn about the challenges and demands involved in caring for a child with special needs in a life-changing experience.

Applications to have your child join Sony Camp as a camper in 2025 have now opened. <u>Please learn</u> more and apply here.

For any enquiries, please email <u>sonycamp@pymblelc.nsw.edu.au</u> or contact Camp Co-ordinator Mariel Lombard on 9855 7610 or email <u>mlombard@pymblelc.nsw.edu.au</u>



# SOCIAL MEDIA

If you haven't followed St Edmund's on social media (Facebook, Instagram and LinkedIn) and would like to, please click the below icons to visit our pages. We love community involvement in this space!

