

### PRINCIPAL'S MESSAGE

For this newsletter I have borrowed and adapted part of my speech from the Year 12 Graduation and also a little from my article in the Yearbook, soon to be published.

Friday night's Graduation at Miramare Gardens was amazing. It was a truly student-centred celebration of the hopes, aspirations, and capabilities of our students. Their sentiment was so genuine and honest, combined with their cheeky sense of humour that I have experienced over the year.



A huge thank you to everyone, for the uniquely different contributions you have made, towards the educational and social growth of all our students. In particular, I acknowledge and thank the parents and caregivers who have worked tirelessly, and in partnership with our teachers and staff at St Edmund's College.

I congratulate and admire the way in which you 'live with life', always advocating for your child and nurturing their independence. You are an inspiration and I wish you the very best as you journey with your child during significant periods of transition.

*"I encourage you to live with life. Be courageous, and adventurous. Give us a tomorrow, more than we deserve." - Maya Angelou* 

We celebrate the achievements of all our students – who will no doubt inspire and contribute to a better tomorrow. We acknowledge their hopes and dreams, and we wish them the very best of fortune as they explore life beyond school.

How our students achieve their hopes and dreams matters – Our College rules of Be Kind, Be Caring and Be a Good Learner are important qualities that should continue to influence their lives beyond school.

*"What lies behind us and what lies before us are small matters compared to what lies within us."* - Ralph Waldo Emerson

Our values and how we animate them matter. The President of the EREA Council, Philomena Billington, has mentioned 'animate' in a couple of her speeches. She encourages us to express 'head, heart and hands' with uninhibited action. It means confidently 'Walking the Talk'. Animation is bringing to life our beliefs in a tangible way to create meaningful expressions of what we value. St Edmund's is full of life and joy and possesses breadth of animation that makes our school the most authentic and honest educational setting I have ever experienced.

Thank you for your warm welcoming of me to the St Edmund's community and I look forward to what we will achieve together in 2023.

#### Michael Farrell | Principal

### DEPUTY PRINCIPAL'S MESSAGE

#### Hats/Weather

Another reminder to send in your child's hat and a bottle of water each day. The weather is becoming much hotter and students are being reminded to drink fluids and to move out of the sun into the shade, particularly if they are not wearing a hat.

#### Uniform

A reminder that all students must be in their full College summer uniform including blazers for Presentation Day on Tuesday 6 December 2022.

The College Summer uniform includes:

- White ankle socks for girls
- College socks for boys
- Polished black school shoes
- School colours only for hair ties and/or headbands
- No Jewellery or nail polish

I have noticed that some of our female students have begun to wear artificial nails which are lengthy and brightly coloured to school more regularly recently. A reminder that this does not align with the College uniform policy and a request to ensure that all girls return to school in 2023 without wearing these nails.

#### **Charity Challenge**

A huge congratulations to our wonderful students who performed at the Charity Challenge event on 19 November. Their enthusiasm and energy impressed the crowd and they did St Edmund's proud on the night. The loud cheers in the room following your dancing were amazing. A big thank you to Wendy Scott for her organisational skills and also Juliann Lee, Daniel Tan, Louise Drescher and Cathy McNally-Sheppard who also provided support on the night.

#### Abbotsleigh Concert

What a wonderful night of entertainment from our Year 10/11/12 students who performed at Abbotsleigh last Thursday night. It was a wonderful display of dancing, drumming, music and singing which was enjoyed by all. A big thank you to all of the staff, led by Mrs Eldridge who were instrumental in making their project happen, to Abbotsleigh for their partnership with us and to all of the families who were able to make it as our audience. Well done everybody!





#### Formal

Last Friday night we held our Year 12 Formal at Miramare Gardens. What a night of fun, sparkle and community as we gathered to celebrate and to toast our graduating students. Congratulations to all of our Year 12 students. You looked truly amazing and made us all very proud. Please note the following events for Year 12 as they end their time at the College and I ask you all to keep them in your prayers as they transition through this milestone of leaving school.

#### Year 12 Events

Tuesday 6 December	College Presentation Day	<ul> <li>PLC, Pymble – Gillian Moore Centre</li> <li>9:40am – 11:30am</li> <li>Year 12 will be presented with their 'testamurs'/officially 'graduate'</li> <li>Years 7-11 to receive Merit Awards</li> <li>Students to return to the College on school/hired transport</li> </ul>
Thursday 8 December	Year 11/12 BBQ	Year 11 will host a farewell BBQ for Year 12 at Clontarf as part of the school day (an excursion). You will receive a permission note for this in the coming days.
Friday 9 December	Last Day	<ul> <li>11:30am   Year 12 parents may attend to join the Year 12 Mass that we will be holding onsite with Fr Paul which will be attended by the whole school community. Following the Mass, there will be a sausage sizzle provided for Year 12 parents and students.</li> <li>Finally the College community will form a 'farewell' arch and our Year 12 students will process through the arch and out of the front entrance of the school where parents will meet them.</li> <li>Following the arch/farewell, parents in attendance usually choose to take their child home - this would be at approx. 1:30/1:45pm</li> </ul>

#### Presentation Day

Please note the confirmed details for this year's Presentation Day below:

Date: Tuesday 6 December 2022

Time: 9:40am until approx. 11:30am

Location: PLC Pymble – Gillian Moore Centre for Performing Arts

Parents are welcome to attend on the day. All students in Years 7-11 will receive a Merit Award and Year 12 students will receive their graduation testamur. There will also be other awards and presentations on this day.

All students will travel with their class on school/hired transport and will return to school for the afternoon session to meet their homeroom staff for 2023, as has been the case in previous years.

For this reason, we discourage any parent drop offs/pickups on the day unless you have a special circumstance, which you can discuss with myself so that alternate plans can be made.

#### Rebecca Kirwan | Deputy Principal



The Principal, Mr Michael Farrell invites our Families and Friends to the St. Edmund's College PRESENTATION CEREMONY

Tuesday, 6<sup>th</sup> December 2022

9.40 a.m. – 11.30 a.m.

To be held at the Gillian Moore Centre for Performing Arts, Pymble Ladies' College, Avon Road, Pymble

**All** students will be travelling to and from the venue by hired coaches, departing St. Edmund's at <u>8.45 a.m</u>.

Our normal class timetable will continue for students during the afternoon and an opportunity to meet homeroom staff for 2023 will occur.

### WELLBEING

"You are the salt of the Earth. But, if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." Matthew 5: 13-16

#### **Terry's Special Celebration Liturgy**

Last Friday, 18 November, we gathered as a faith community to acknowledge and thank the incredible contribution Terry has made to the teaching vocation these past 40 years.

For us, at St Edmund's, we feel especially blessed that over 30 of those years have been spent within our community. Terry is someone who lives the values of Jesus every day. His interactions and relationships with students, staff and families are full of love, service, compassion and joy.

He is a wonderful example of discipleship, and inspires us all to let our light shine, in the same way that his light has shone – and continues to shine, so as to bring hope to the lives of all we encounter.

A big thank you to all the staff and students who attended and provided such joy for Terry and his family on this special day! A special thank you to Claire and Ben M for their words on behalf of the students; and to Mr Farrell, Mrs Macdonald, Mrs Reilly, Mrs Eldridge, Lisa S, Mr Southern, Lisa O, Katie, Gen, Julie Mac, Julie M, Catherine, Susan and Mrs Kirwan for the special role they played within the liturgy.

We also thank Fr Paul, Parish Priest of Holy Name; Fr Sam, Assistant Priest of Holy Name; and Bishop Anthony Randazzo, Bishop of Broken Bay Diocese, for being there to commemorate and celebrate such an achievement! Bishop Anthony spoke with tremendous appreciation and respect for the loving service Terry has provided throughout his career – words that were indeed echoed by all who were present. Congratulations, Terry!









### WELLBEING

#### Mental Health Awareness Day

Following the recent national focus on mental health throughout the month of October, Ms Cox and the Year 11 students have created an educational video to help raise awareness for the students of St Edmund's regarding this important topic. All students are invited to wear blue mufti clothes next Tuesday 29 November, in solidarity with the meaning behind this video. All students and staff will view the film on Tuesday morning. Thank you to Ms Cox and our talented students for this inspiring initiative.

Parent information session: Nick Kenny, KYDS: A big thank you to Nick, who we have partnered with to provide parent/carer information sessions regarding mental health. This first session took place a few weeks ago and focussed on the topic: Mental Wealth: From Surviving to Thriving. Nick described Mental Wealth as an abundance of the mind: a mind that is healthy and provides positive impact on one's wellbeing. He said that, as humans, we are wired to look for the negatives due to our flight, fight or fright response when facing a confronting, compromising or challenging situation. However, as humans, we also have the capacity to re-wire and re-train our brain thanks to its neurological elasticity. So, the capacity to view situations more positively, to become more self-aware of our own emotional triggers and to adopt healthy strategies to support our need for emotional regulation, is always present. Nick said that positive, healthy connections are key for all humans, and he shared three important factors that build one's mental wealth in this space – mind (connect with yourself), mates (connect with others) and meaning (connect with the positives).

We look forward to arranging more talks from our friends at KYDS throughout next year, and we hope you will find benefit in attending them.

#### Vanessa Dillon | Head of Wellbeing



TUESDAY 29TH

AWARENESS DAY FOR MENTAL HEALTH

#### WEAR A BLUE TOP WITH YOUR OWN CLOTHES

Yr 11 students will be premiering a movie they have made to raise awareness about mental health. Please see email for more details about the day.

### YEAR 12 GRADUATION FORMAL

















### YEAR 12 GRADUATION FORMAL



INDIRA



CLAIRE



OWEN



CHRISTIAN

BEN



BRENDAN



LORELLE

KOOSHA



RYAN



ANGEL

PIPER



LUCAS



BIANCA

SAMUEL



LACHIE

SARAH

ELLA

NIKI

JOSH

### AUSTRALIANA-RAMA CONCERT WITH ABBOTSLEIGH

















# CONCERT & MORNING TEA WITH ABBOTSLEIGH

















### ROBOTICS CLUB WITH ABBOTSLEIGH













### YEAR 9 & CAPTAINS MISSION MASS ST PATRICK'S









### **KEY DATES**

Wednesday 30 November - Friday 2 December Years 9 and 10 Camp Tuesday 6 December Presentation Day NEW DATE

Thursday 8 December Year 11 and 12 BBQ Friday 9 December Year 12 Farewell Mass

Friday 9 December Last day of Term 4

### FROM THE PARENT GROUP

This week we had our final Parent Group Meeting for the year. It was a small group that met with a lovely supper and beverages. We had a tour led by Michael Farrell and Rebecca Kirwan and were lucky enough to talk in detail about the progress of our new learning spaces and school hall and see the new spaces. All of our students have been enjoying these new spaces and what is to come for them is even more exciting. It was noted how well the students have adapted with change, managed the unexpected and been totally engaged in the building





developments, learning about buildings and machinery.

Walking around the remains of our old building I thought about the vision and compassion people had to create a space so long ago for peoply who were blind and had needs that couldn't be met in main stream schools. Two storey houses with no lifts, no computers or interactive boards for learning. We are so fortunate today that there is so much on offer for

our students and this new building will create so many more enjoyable interactive teaching moments.

Some good suggestions were made at the meeting about how our group can grow and evolve. Our meeting dates will be in the school calendar look for them and put in your diary, I am looking forward to what we as a school parent and carer community can do in 2023.

#### Janine Eastham | Parent Group Leader, Tom's Mum (Year 11)



### LOST PROPERTY

We have a range of unclaimed lost property.

If you recognise any of these items please contact the office to collect.

### AWARDS

#### STUDENTS OF THE WEEK

7E	Ashley and Sebastian	7V	Rachel and Ruby
8D	Alexander and Ben	8F	Isaac and Sam
9C	Alessio and Rosie	9M	James and Bradley
10J	Claudia and Annamieke	10S	Brandon and Chloe
11A/H	Dom and Ben P	11S	Daena and Byron
12M	Bianca and Josh	120	Piper and Ryan

#### EDDIE'S BEST

7E	Zara	7V	Daniel L
8D	Sienna	8F	Christopher
9C	Seul Yi	9M	Will
10J	Hugh	10S	Zane
11A/H	Mackenzie	11S	Nathan
12M	Ella	120	Claire

congratulations

#### COMMUNITY

A big congratuations to Ben W in Year 11 for getting his provisional P1 licence (red Ps). And on his first attempt! Great to see another conscientious Eddie's driver on our roads!



FAMILY FUN NIGHT

We warmly welcome all students, families and the local community to our Christmas Family Fun Night.

7 DEC 2022

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ST GABRIEL'S SCHOOL 190 OLD NORTHERN RD, CASTLE HILL

We'll have Christmas stalls where you can purchase some Christmas gifts and decorations, a children's disco, games and fun for the kids, food and even a visit from the man in the red suit.

**5PM - 8PM** 

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\* RSVP for free at the QR code and go in the draw to win our lucky door prize!





# UNDER 18'S HOLIDAY PROGRAM JANUARY 2023

A creative arts school holiday club for children under 18, living with a disability. Come along to express yourself and learn new creative skills!

9.00AM - 4.00PM | NDIS FUNDING PLUS ACTIVITY COSTS

WEEK 1	MONDAY 9 JANUARY Are We There Yet? production at the Opera House including ferry ride	TUESDAY 10 JANUARY Creators Day	WEDNESDAY 11 JANUARY Museum of Contempory Art with arts and crafts	THURSDAY 12 JANUARY Wild City at the Opera House	FRIDAY 13 JANUARY Creating costumes	
WEEK 2	MONDAY 16 JANUARY Photography	TUESDAY 17 JANUARY Theatre games - write a script and film a short play	WEDNESDAY 18 JANUARY Card making	THURSDAY 19 JANUARY Painting the fine arts	FRIDAY 20 JANUARY Macrame	
WEEK 3	MONDAY 23 JANUARY Indigenous art - celebrating the Guringai People	TUESDAY 24 JANUARY Movie at the cinema	WEDNESDAY 25 JANUARY BBQ and creative arts	CONTACT US FOR MORE INFO P: (02) 9488 2500 E: disabilityfutures@c W: www.catholiccared	5 CatholicCare NFO Diocese of Broken Bay 2500 utures@catholiccaredbb.org.au	



Autism Community Network

Real Families • Real Support



# Join the Community! ACN is a non-profit that offers support and activities to autism families across Sydney



Bayside - Blacktown - Canterbury-Bankstown - Central Coast Chatswood - Cumberland - Georges River - The Hills - Hornsby Hurstville - Inner West - Northern Beaches - Parramatta Penrith - Sutherland - Wollongong



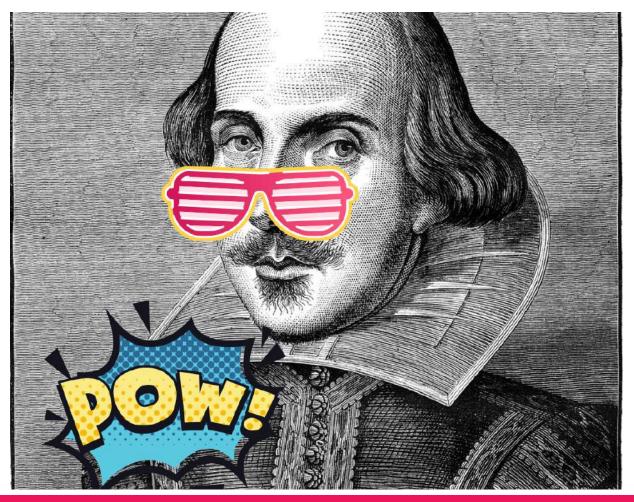
www.acnaustralia.org.au 🌘

# **MACBETH SUMMER RESIDENCY**

"DOUBLE, DOUBLE TOIL AND TROUBLE; FIRE BURN AND CAULDRON BUBBLE."

JOIN A PROFESSIONAL DIRECTOR TO EXPLORE SHAKESPEARE'S MACBETH.

EXAMINE THE CHARACTERS AND THE THEMES OF THE PLAY. THEN PERFORM IT!



# ENROL NOW! 9TH - 13TH JAN 2023

#### WE TAKE CREATIVE KIDS VOUCHERS

STYP MARIAN ST THEATRE FOR YOUNG PEOPLE

