



PRINCIPAL'S MESSAGE

Dear Parents,

I mentioned in the last newsletter that I would focus on parent obligations around communication. It is not my intention to provide you with a list of dos and don'ts' but rather an overview of expectations and why. You can read the Parent Handbook for specific details. As I mentioned previously, my focus on this topic is not a reaction to anything specific that needs addressing. My overall impression is that our community communicates very well. I was intrigued by the impact of social media explored by Tod Samson through his documentary 'Mirror Mirror'. He investigates how the internet is affecting our relationships and what impact this is having on our lives. I am also reviewing and editing our parent handbook and I was interested in the guidance provided to parents on our interactions with each other – not just social media but inclusive of all forms of communication with each other in all settings.



I strongly believe the formation of positive relationships that builds a robust community is rooted in the quality of our communication and trust. Trust in our school's policies and procedures and values. Trust that our school, teachers, parents, and students won't be the focus of disparaging remarks. Trust is the essential element to the positive relationships we seek professionally and personally.

Our school aims to be a good communicator, with timely and helpful information. There are times when situations occur that are of a sensitive nature and our obligations around privacy must take precedence. When this occurs, it is appropriate that limited information is shared – I appreciate this can be frustrating, and unfortunately, in the absence of information, the vacuum can be filled with speculation. In these moments I ask that you trust our processes that always place the welfare of all the children first. My request is that you extinguish any conversation that engages in rumour and gossip and the promotion of theories. This is counter-cultural to the diet of salacious media and news we are fed that promotes taking a side. It's healthy for all of us to be more discerning and not promote unsubstantiated theories as the truth. Tod Samson's documentary is a reminder to enjoy all the benefits of the internet but to be vigilant regarding our children's access to social media, and for us, adults to model appropriate behaviours online, and in person as our children are following our example.

Positive relationships and a robust community built on good communication and trust mean that you can disagree with decisions, with the confidence that your views will be respected. If at any time you have a grievance, you should bring that to the school's attention through established channels of communication.

Strong and productive partnerships between parents, families and school is an essential component of an Edmund Rice Education. At St Gabriel's and St Edmund's, parents are a respected and an integral part of their child's education and an important part of the school community. We have a long and highly valued tradition of parental involvement which greatly contributes to the spirit of family and community.

Together we are better, and our respectful communication with each other will strengthen our spirit of family and community.

PRINCIPAL'S MESSAGE



World Teachers' Day

October 28th is a day within our nation's calendar when we celebrate the wonderful work that teachers do. And so, as a school community, we extend a Happy World Teachers Day to all our fabulous educators here at St Edmund's.

I remember reading something once that has always resonated with me - "Teachers have three loves: love of learning, love of learners, and the love of bringing the first two loves together." (Scott Hayden)

All teachers at St Edmund's realise the responsibility and privilege that educating the minds and hearts of young people brings. I witness every day all that the teachers do to positively influence the lives of our students through our Liberating Education, as well as the care they extend and the genuine connections they form with each individual student.

I'm sure you will agree, that all our students greatly benefit from the commitment and dedication of our staff, as well as their passion, enthusiasm and expertise for realising the potential within each student they encounter. Students thrive when they are noticed and nurtured. Here, at St Edmund's the students are very fortunate to have this commitment from our educators – to create an environment where they are cared for, accepted, known and encouraged.

To all our teachers – have a great World Teachers Day! Be sure to give yourself a 'pat on the back' as there are many of us who congratulate and express gratitude for all that you do. Our wonderful parent community will extend their thanks to you in a special way next week. Today our students have written some special message for their teachers, created some wonderful art and filmed video messages which you can enjoy on our [Facebook page](#).

Michael Farrell | Principal

WELLBEING

Dear Parents and Carers,

Have you ever felt like you and/or your son/daughter could use some extra support and knowledge around mental health? We've found that engaging presenters from mental health organisations with lived experience can go a long way to improving the journeys of young people through life.



As we have communicated to you in our last Newsletter, we have organised an information session for you to attend in alignment with KYDS Youth Development Service. This will take place on Thursday 3 November at 6:30pm. Nick Kenny, from KYDS Youth Development Service, will be presenting Mental Wealth: From Surviving to Thriving. In this free & online session, you will learn:

- Why we need to focus on more than just “mental health”
- Simple & effective tools to manage stress & anxiety
- Understanding neurodiversity and how to support someone with ADHD
- How to overcome stigma and where, how & why to seek help

About the presenter:

Nick Kenny is Partnership Manager with the mental health organisation KYDS Youth Development Service, an ACA-accredited counsellor and Chief of NSW Speakers Tribe. He has completed a Diploma of Counselling, a Bachelor of Arts with Honours in Modern History, and Master of Politics and Public Policy.

After growing up with an ADHD diagnosis, Nick became fascinated with psychology and the practical side of substance use disorder. This career path rarely ends well. Through SMART Recovery, Nick learned the human potential for change, and became obsessed with personal development, positive psychology, and different healing methods.

He has since spoken in front of hundreds of different audiences, and since lockdown has helped over 4000 people take ownership of their mental health through workshops and presentations. In his spare time, he can be found trying to stay afloat on a bodyboard.

We very much look forward to hosting you via the link below:

Join Zoom Meeting

<https://us02web.zoom.us/j/81808075868?pwd=WWdhSng2UDNLS0hnK0o5bDJxRWRKQT09>

Meeting ID: 818 0807 5868

Passcode: 896023

Kindest regards,

Vanessa Dillon | Head of Wellbeing

SWIMMING CARNIVAL

The St Edmund's Swimming Carnival was held at Pymble Ladies College on Tuesday, 25 October. It was a wonderful indoor venue and the PLC staff and students were paramount to the smooth running of events on the day. The St Edmund's staff supported each event in full force, whether they were cheering in the stands, working on the pool deck, racing against the Year 12 students or in the pool swimming lap upon lap with our red and white level swimmers. But the St Edmund's students were the true champions! Almost everyone entered the pool at some stage and tried their hardest in every race. The high level of participation from every house group kept the scores close until the very end, making it a fun and enjoyable day for all involved. The war cry competition and the outstanding display of house colours and costumes added to the atmosphere.



The house cup was awarded to Callan this year, but it was hotly contested by all other houses. The results are outlined below:

War Cry

Competition

- 1st Mt Sion
- 2nd Callan
- 3rd Waterford
- 4th Kilkenny

House Relay

- 1st Waterford
- 2nd Mt Sion
- 3rd Callan
- 4th Kilkenny

Overall Point Score

- 1st Callan 203 points
- 2nd Mt Sion 197 points
- 3rd Kilkenny 190 points
- 4th Waterford 185 points

Congratulations to the St Edmund's Champions

- Year 7: Sophia and Matthew
- Year 8: Gemma and Isaac
- Year 9: Lucy and Michael
- Year 10: Sonnet and Zane
- Year 11: Mikayla and Ben P
- Year 12: Nicki and Koosha



These events cannot run smoothly without the hard work of all school staff on the day. So, thank you for all working so hard and making it a memorable carnival. It was also great to have so many parents and grandparents in attendance.

Lois Horne | PDHPE and Sports Coordinator



SWIMMING CARNIVAL



YEAR 11 AND 12 HOSPITALITY

Our new coffee machine has arrived and our senior Hospitality students are working hard on their skills, grinding beans, frothing milk and delivering delicious espresso coffee, much to their delight, and that of our coffee-loving staff! This coffee machine is portable and we are planning for our students to use it to serve the school, and wider community in the future. A second coffee machine also provides students with more opportunities to practice their barista skills.

Many thanks to Hornsby RSL Club and Magpies Waitara, who helped us fund this purchase via community grants.

Cherie Pisani | Technologies Coordinator



WELCOME BACK YEAR 11 AND 12

Today we welcomed back our Year 11 and 12 students from retreat. We look forward to hearing about their adventures and will share some photos in the next newsletter. Clearly, they were missed - and 10J has made a special artwork on display in the reception area for their return.



THE DISH

Tuesday was the final of our four contributions this year to the Dish in Hornsby.

Thank you to everyone who has helped with this initiative throughout the year. The dinners and desserts supplied by our parent community have been much appreciated by the college and the vulnerable people in our local area. We extend this appreciation to our dedicated staff who have organised, delivered and helped serve the dishes.

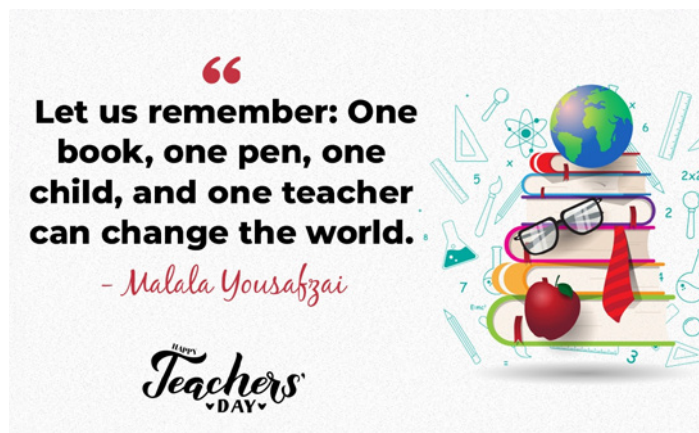


FROM THE PARENT GROUP

Weeks that have carnivals where the whole school attends are always such fun. The students enjoyed such a great day supporting their houses and class mates as they battled out victory. Thank you to everyone who was involved in such a fantastic fun event. Susan Dickenson, our new Head of Marketing & Development has been uploading some great pictures of what is happening around the school. Make sure you follow [stedmundcollege.wahroonga](#) on [Instagram](#) and St Edmund's College Wahroonga on [Facebook](#) as the official social media pages of the school.



Also please remember to check Class Dojo, the newsletter and emails for regular updates on school events and day to day activities at Eddie's.



We are celebrating our wonderful teachers, learning support, administration, grounds and executive staff as part of World Teachers' Day. Our staff will enjoy a wonderful morning tea next week to show our appreciation. Please consider sending your home room teacher an email of appreciation for their dedication, hard work and assistance that they do for our children.

**Janine Eastham | Parent Group Leader,
Tom's Mum (Year 11)**

KEY DATES

Friday 4 November

Eddies Got Talent

Tuesday 8 November

Mufti Day

Thursday 10 November

Men's Group Meeting -

DATE CHANGE

Friday 25 November

Year 12 Graduation Formal

Wednesday 30 November

- **Friday 2 December**

Years 9 and 10 Camp

Thursday 8 December

Presentation Day

Friday 9 December

Year 12 Farewell Mass

Friday 9 December

Last day of Term 4

AWARDS

STUDENTS OF THE WEEK

7E	Lucy and Seb	7V	Holly and Charlie
8D	Sienna and Cameron	8F	Isabella and Louis
9C	Amie and Ella	9M	James and Parmida
10J	Krish and Christian	10S	Chloe and Summer

EDDIE'S BEST

7E	Sophia	7V	Daniyal
8D	Daniel	8F	Brendan
9C	Nathan	9M	Bradley
10J	Claudia	10S	Luke

congratulations

LOST PROPERTY



We have a range of unclaimed lost property.

If you recognise any of these items please contact the office to collect.

Variety
**ACTIVATE
INCLUSION**
SPORTS DAYS

A FREE, FUN & INCLUSIVE DAY OF ACTIVITIES TO TRY!



FOR CHILDREN 5 - 18 YEARS WITH PHYSICAL, SENSORY OR INTELLECTUAL DISABILITIES

Friday, 18th November 2022

10:00am - 1:00pm

Ryde Aquatic Leisure Centre

504 Victoria Road

Ryde, 2112

Scan the QR Code to register



Delivered by:



Contact:

Kristy Rohrer
+61 2 8736 1223
aisd@sports.org.au