

Newsletter

Term 3, Week 3 4 August 2023

PRINCIPAL'S MESSAGE

Dear Parents.

The end of week 3 and already there is much to celebrate. The Athletics Carnival was amazing on many levels. Student participation in different events was very high, with everyone involving themselves fully. There were multiple ribbons, of varying colours worn proudly and no shortage of stories to share about funny moments and achievements. All the houses did well, and the scores were close. Mt Sion was the winner on the day and the house to beat at next term's swimming

carnival. We were blessed with perfect weather and with the eager help of the PLC students. A big thank you to PLC for the use of their amazing facilities and their hospitality – feeding all of us. Also, the work of Eddie's staff to create a wonderful event and especially the efforts

of Mrs Horn who also celebrated her birthday on the day.

Ms Bernadette Acret will be taking long service leave commencing Monday 7 August and returning at the beginning of Term 4. In the interim, Ms Julie MacPherson will be covering the School Secretary role. Many of you will know Ms MacPherson who is one of our dedicated Learning Support Officers at St Edmund's.

If you have any enquiries, please contact Ms
MacPherson by email secretary@stedmunds.nsw.edu.au
or by phone via the College office. Please note: Student absentees are still to be notified to the Homeroom
Teacher and the School Secretary.

For all Uniform enquiries, please contact Ms Louise Wytenberg on wytenburg@stedmunds.nsw.edu.au.

We wish Bernie an amazing break and look forward to her return in Term 4.

We welcome students throughout the year and I would

like to make special mention of Fred and James, along with their families, who have started this week with us in Year 8.

Wishing you a lovely weekend.

Kind regards,

Michael Farrell | Principal









ACTING DEPUTY PRINCIPAL'S MESSAGE



Mary, our Mother, your total giving of yourself reminds us that we hold in trust from God our Father all our accomplishments and talents and gifts - trusted as we are to offer them in his service, and bring happiness and well-being to all.

Your "Yes" to God's invitation to be the mother of his Son reminds us that prayer is not just words but is from the heart.



We ask you to pray to Jesus for us that the Holy Spirit may live fully in us, too, so that we may be prepared to join you in saying "Yes" to God our Father, so as to ensure God's love is offered to all, especially the most vulnerable and ignored. Amen.

On 15 August, it will be the Feast of the Assumption within the Catholic Tradition. This is when Mary was assumed, body and soul, into Heaven, as recognition of the faith she held in God and the model of discipleship she provided to others during her time on earth.

Mothers often hold special significance within our lives, and it is in Mary that we pray for the guidance, love and support of our mothers who often give of their all.

On Tuesday 8 August it will be the Feast Day of another significant Mary within the Catholic faith - St Mary of the Cross, Australia's first Catholic Saint. The work of Mary Mackillop has been well documented and celebrated throughout our Australian Catholic Church History. One admiring quality of Mary was her love, tenderness and compassion towards the most needy in society.

May we seek inspiration from her quote above and her legacy, which is beautifully captured in her most well-known quote below:



"Never see a need without doing something about it."

Year 9 Spirituality Day

On Friday 11 August our Year 9 students with participate in a Spirituality Day with Mrs Macdonald and their Homeroom staff. The focus for this day will continue to develop their understanding and awareness of the Christian story and how St Edmund's is connected to this rich tradition. It will take place within normal school hours at Oxford Falls.

Athletics Carnival

A massive shout out to all staff and students for their enthusiasm and active participation in our recent whole school Athletics Carnival! There were so many highlights throughout the day, in particular seeing the enjoyment being had by all. Our friends at PLC helped provide support for us through the use of their facilities, as well as through the assistance of their students. The encouragement of our parents, carers, siblings and grandparents also provided a wonderful atmosphere! Mrs Horne is to be thanked and congratulated on all her hard work, preparation and dedication to provide such a successful Carnival! An additional congratulations to Mt Sion – the winning House Team on the day!

ACTING DEPUTY PRINCIPAL'S MESSAGE

Whole School Green And Gold Mufti Day

Following the Matildas' triumphant win over Canada in their final pool match of the FIFA Women's World Cup 2023, there is growing momentum within the NSW community to support our national women's football team on Monday 7 August by wearing green and gold.

At St Edmund's we know that many of our staff, students and families have been enjoying the spectacle and skill that has been showcased these past weeks within the Women's World Cup event! We would like to harness this excitement, interest and patriotism by allowing the students to come dressed in Green and Gold mufti clothing on Monday 7 August. Let's hope there will be some other opportunities for the Green and Gold mufti to be worn, as we cheer on the Matildas to make it all the way to the Final!

Keeping Australia Beautiful Day

Today's assembly had a focus on Keeping Australia Beautiful Week. Please see below some information that our Year 12 leaders shared with our students.

Firstly, I would like to tell you a little about why we have Keep Australia Beautiful Week.

A national Keep Australia Beautiful Association commenced in 1971, so 52 years ago. It was founded by Dame Phyllis Frost and Colin Hill. Their

vision was for every Australian to feel inspired and empowered to take action that help to protect our environment for generations to come.

This year Keep Australia Beautiful week is next week 7-13 August and you are all encouraged to do the right thing by reducing what's in your bin. The way to do this is by choosing one of the 6R's of waste. They are:

Refuse: Don't buy thing that do not have recyclable packaging

Rot: Put things that you can into a compost bin

Reduce: Minimise the amount of waste

Reuse: Choose reusable things

Recycle: Make sure to use your recycle bins **Restore:** Fix things instead of replacing them

So please all try to do some of these things starting next week.

UPCOMING EVENTS

Post-School Provider Evenings For Parents/Carers Years 10/11/12 students

A reminder that our annual Post-School Provider Evening will take place over three consecutive Thursday evenings beginning 17 August. These will be three separate events taking a webinar format, so you are encouraged to attend all three to maximise the information made available. These events will take place from 6pm until 7.30pm with relevant information and links to be sent within the coming week.

Science Week

National Science Week will take place from August 14-18 in schools around Australia. Our Science teaching team have planned some fun, engaging and educational activities for our students to enjoy throughout the week, so as to help them learn more about the theme Innovation: Powering Future Industries. Thank you to Mrs Hopkins, Mr James and Mrs Daly for their expertise and enthusiasm around this focus for our students.



Father's Day Breakfast

We warmly invite all dads and special males to attend our Father's Day Breakfast with their child on Friday 1 September from 7.30am until 8.30am. This morning will include a reflection, raffle and light breakfast, with raffle tickets available for purchase now when you RSVP via www.stedmunds.nsw.edu.au/fd Please RSVP by 28 August. Hope to see you there!

Men's Group Evening

A reminder that our dads/uncles/grandads/male carers are all warmly invited to attend the next Men's Group Evening on Thursday 10 August from 6.30pm. This term's meeting will be held here onsite at St Edmund's College. Please see the below flyer for further information regarding the topic for discussion "Moral Injury".

RSVP & ENQUIRIES: Warren Hopley: hopleywarren@hotmail.com

Brendan Wingrave: brendan.wingrave@gmail.com

Wishing you peace and blessings,

Vanessa Dillon | Acting Deputy Principal



WELLBEING

Consent

In our Pastoral Care lessons, the students have been learning about consent. Consent is a fundamental aspect of respecting individual autonomy and dignity, and it plays a crucial role in all aspects of life. Consent is not just making a verbal agreement; it demonstrates an understanding of the situation and the ability to make an informed decision. Obtaining consent also fosters a sense of agency and ownership over personal choices. As part of the SoSafe program, the language we use to teach Consent includes:



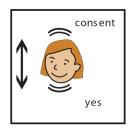
Yes consent means: I ask, you say yes. You ask, I say yes. We cannot give consent if it breaks rules.

No consent means: I ask, you say no. Or you ask, I say no. Everyone is allowed to say no.

The eSafety Commissioner run Professional Learning for families to learn more about Online boundaries and consent. This 30-minute webinar is designed for parents and carers.

It will cover:

- why the consent conversation is so important to have with school children
- easy ways to explain online boundaries and consent
- opportunities to discuss and model consent through discussions, scenarios and practising helpful phrases for saying 'no'.









Consent means I ask, you say yes. You ask, I say yes

No consent means I ask, you say no. Or you ask, I say no.

Term 3 Dates (Australian Eastern Standard Time)

7 August: 12.30pm to 1pm23 August: 7.30pm to 8pm

• 7 September: 12:30pm to 1pm

This is the link to the webinar https://www.esafety.gov.au/parents/webinars

Judi North | Acting Head of Wellbeing

NATIONAL SCIENCE WEEK



Science Week

Week 5

Monday 14th – Friday 19th August This year it's all about **Inventions**.

In class we will be learning about:

- Old Inventions
- New Inventions
- Possible FUTURE inventions and Technologies
- How future inventions will affect our lives





2023 Science Week Activities

- Activities in Science classes, including using robots, VR head sets and the Inventioneers App
- 2) Science Week Class Kahoot! Quiz
- 3) Colouring Competition
- 4) Assembly Class Kahoot! Quiz Competition

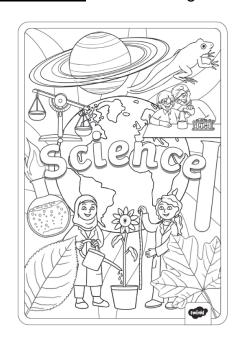
NATIONAL SCIENCE WEEK

ş national **science** week2023

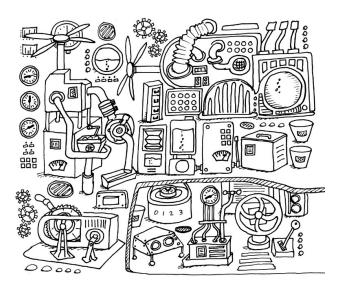
Colouring or Drawing COMPETITION !!

Collect your colouring competition sheets from your Science teacher

<u>DUE DATE</u> - All colouring sheets or drawings are due by <u>Monday 15th August 2023</u>







My Invention Drawing

<u>Draw your own</u> invention picture on A4 paper

- Give your invention or world a <u>name</u>
- Explain what it does
- <u>Label</u> your drawing
- Hand drawn pictures only on <u>A4 paper</u> (no cut and paste)

YEAR 12 FORMAL PARENT COMMITTEE



The Year 12 Graduation Formal will be held on Tuesday 28 November at Miramare Gardens, Terrey Hills.

This will be a fantastic celebration for our students and their families, along with the Eddie's staff and community.

We will be holding our first parent/carer committee meeting later this month.

If any Year 12 parents or carers would like to be involved in this committee please email Susan

dickenson@stedmunds.nsw.edu.au

KEY DATES

TERM 3

Monday 7 August Green and Gold Mufti Day

Thursday 10 August Men's Group

Tuesday 29 August Mufti Day

Friday 1 SeptemberFather's Day Breakfast

Tuesday 5 SeptemberParent Group Meeting

Wednesday 6 -Friday 8 September Years 9-10 Camp

Thursday 14
September
Charity Challenge
Golf Day

Friday 15 September Eddie's Got Talent

Wednesday 20 -Friday 22 September Senior Retreat

Friday 22 September
Last Day of Term

TERM 4

Tuesday 10 OctoberFirst Day of Term
(Students)

Tuesday 17 October Swimming Carnival

Thursday 2 November Men's Group

Tuesday 14 November Mufti Day Saturday 18 November Charity Challenge Gala Ball

Tuesday 21 NovemberParent Group Meeting

Friday 24 November Abbotsleigh Concert

Tuesday 28 November Year 12 Formal Tuesday 5 December
Presentation Day
Friday 8 December
Last Day of Term

Last Day of Term Year 12 Farewell Mass

ATHLETICS CARNIVAL

The St Edmund's Athletics Carnival was held at Pymble Ladies College on Tuesday, 1 August. The weather was absolutely perfect, PLC staff and students volunteered to support the event, and we all enjoyed the sausage sizzle they put on for us at lunch time. All the St Edmund's students displayed consistent effort, and a high level of participation, making it a fun and enjoyable day for all involved. The war cry competition and outstanding display of house colours added to the atmosphere.



Congratulations to every house group for earning over 300 points each. The house cup was awarded to Mt Sion this year, but it was hotly contested by all other houses.

The results are outlined below:

1st - Mt Sion - 359 points

2nd - Waterford - 343 points

3rd - Kilkenny - 325 points

3rd - Callan - 325 points

These events cannot run smoothly without the hard work of all school staff on the day. So, thank you for all working so hard and making it a memorable carnival. It was also lovely that so many parents, grandparents and friends were able to attend.

Lois Horne | PDHPE and Sports Coordinator









ATHLETICS CARNIVAL

















AWARDS

	Student of the Week	Eddie's Best
7G	Daniel and Dylan	Alex
7M	Ted and Maxyne	Elodie
88	Lucy and Ashley	Matthew
8V	Rachel and Charlie	Indigo
9C	Isabella and Elle	Sienna
9F	Sam and Daniel	Christopher
10M	Andreas and Liam	Ella
10N	Toby and Lucy	Michael
11J	Kate and Chloe	Claudia
11S	Luke and Summer	Brandon
12G	Ben and Luke	Athena
120	Tom and Byron	Rafe



Guessing Competition

How many frogs?



\$1 per guess

Money raised goes to help children in need.

Guessing Competition

Claudia in 11J will be raising money for UNICEF as part of her Leadership Goals. This fundraiser will involve a Guessing Competition that will take place every recess throughout Week 5. Each guess costs \$1, and the person with the closest guess will win the jar of lolly frogs.

This is a wonderful initiative of Claudia's in response to a need she identified within our world – supporting disadvantaged children. We trust that you will support what she has organised.

FROM THE PARENT GROUP

We have had a wonderful response to our Parent Social with about 20 people attending so far. Please join us from 6.30pm at the Greengate Hotel tonight (details below) if you are free. A section has been booked in the Sports Bar area if you are looking for us my mobile is 0412 779 580.

Some dates to put in your diary for upcoming events:

Men's Group Evening - 10 August

A great night for our dads and carers to catch up over dinner. It is low key, with opportunity to chat and talk about relevant topics.



Such a fun event to celebrate Father's Day by having breakfast with you child at school and experiencing their school environment.

Parent Group Meeting - 5 September

An opportunity for parents and carers to gather together to support, encourage and engage with each other as carers of children with special needs. These meetings provide an informal setting to get to know other families within the school community.

Charity Challenge Golf Day - 14 September

Look out for information on this event. For our golf lovers or just social swingers this is a great event organised for our school.

Year 12 Formal Committee

We are also looking for a couple of Year 12 parents or carers to be a part of the Formal Committee for our students formal to be held in

CHILD FREE **EVENT** Parent & Carer Social An informal gathering relax, unwind and enjoy adult conversations and company Friday 4th August from 6.30 pm The Greengate Hotel Cnr Pacific Hwy &, Greengate Rd, Killara NSW 2071 Please rsvp so a suitable area can be reserved RSVP to janine@itsd.com.au This is an informal parent social. This is not an event organised by St Edmund's

November. Please send your interest to dickenson@stedmunds.nsw.edu.au.

Janine Eastham | Parent Group Leader, Tom's Mum (Year 12)





PLEASE JOIN US FOR A

REFLECTION, RAFFLE & LIGHT BREAKFAST

FRIDAY | SEPTEMBER
7.30AM - 8.30AM ST EDMUND'S COLLEGE

PLEASE RSVP BY 28 AUG WWW STEDMUNDS NSW EDU AU/ED



FATHER'S DAY LITURGY PHOTOS

Photos Needed for Father's Day Liturgy

As part of our upcoming Father's Day celebrations we ask if all parents and carers are able to submit a photo of their child with their father/father figure/grandfather/special friend. This will be included in our slideshow at the Father's Day Breakfast and Liturgy. We look forward to seeing your wonderful photos! You can attach when you RSVP for the breakfast, alternatively click here to upload or email dickenson@stedmunds.nsw.edu.au



COMMONWEALTH SCHOOL DATA COLLECTION NOTICE



The Commonwealth Government will be conducting its annual census for St Edmund's today (4 August 2023). The census provides information about the number and characteristics of the school's staff and student body during a specific reference period. The names of students and staff are not collected. Please see this link www.stedmunds.nsw.edu.au/assets/2023-Census-Privacy-Collection-Notice.pdf for further information.

Book Week

Activities Include:

- Book Swap bring in a book, swap it for a new book
- Book Sale gold coin donation



BOOK WEEK 2023 | AUGUST 21-25



TUESDAY 14 SEPTEMBER

Terrey Hills Golf & Country Club Kingfisher Drive, 116 Booralie Road, Terrey Hills 8am shotgun start \$350 per player - incl breakfast, golf, lunch & drinks



3 Teams of 4 players + 3 Hole Signage inclusive of carts

SILVER \$3,300

2 Teams of 4 players inclusive of carts **DRINKS** \$4,000

3 Teams of 4 players inclusive of cart **HOLE** \$1,600

1 Team of 4 players inclusive of carts **TEAM** \$1,400.00

Team of Four, \$50 per cart



Gary Dawson • 0412 600 062 smokey@ozemail.com.au thecharitychallenge.com

CLUBS & MORE











Please note any external events or organisations listed in the Community section are not necessarily endorsed by the College, but are included as they may be of interest to our families.

VOLUNTEERS NEWED



We have several invaluable volunteers at Eddie's who make a world of difference for our College. However, we have capacity for a few more!

If you think you can help for a day or half day each week with general classroom assistance and have a Working with Children Check please call Louise on 9487-1044 or email

stedmunds.nsw.edu.au.

drescher@

It will be a valuable, rewarding experience for both you and our students. Please pass this information to friends or family who may be interested.



Sensory Friendly Sundays @ Maritime Museum - Sunday 20 August \$12 ticket

Sensory Friendly Winter sessions will include early access to Wildlife Photographer and Brickwrecks exhibition from 8.30am - 10am as well as early access to submarine HMAS Onslow from 9am - 10.30am. Enjoy a comfortable environment for kids and adults with a variety of sensory differences. On Sensory-Friendly Sundays our new exhibitions and activity areas will be open extra early for a quieter experience and modified to suit people on the Autism spectrum and with a range of differing abilities. Trained museum staff and volunteers will be on hand to facilitate creative



activities. https://www.sea.museum/whats-on/events/sensory-friendly-sundays



Deaf Festival Sydney

Sat 26 August, 10am - 4pm

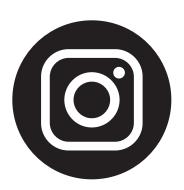
Cathy Freeman Park, Sydney Olympic Park

See performances from Deaf artists, visit the stalls of your favourite Deaf businesses and service providers, and celebrate our wonderful Deaf culture. Free entry. https://deaffestivalsyd.org.au/

Follow us on Social Media

We are active on social media and would love for all our Eddie's community to be a part of it. Click our Facebook, Instagram or LinkedIn icon below to support us on socials!







Autism Adventures are commencing a new social group in Dee Why this week and are welcoming new participants.

Autism Adventures provides autism-specific services for young autistic people (aged 15 yrs to mid-20s). Below is an overview of the services we provide. Typically, our participants are fully verbal and able to participate in a free-flowing, reciprocal conversation.

Social Groups

- Weekly social groups designed specifically for young autistic people to meet, and make, new like-minded friends;
- These groups allow our young people to be themselves in a safe environment and to develop friendships, social and communication skills in a safe space, and without judgment;
- Each social group session starts with a short discussion segment where we aim to get our young people to engage with each other and with staff, then the rest of the session is free for chatting or play; we bring along board games and card games to engage our young people through play;
- The groups also participate in regular outings to movies, cafes, ten pin bowling, etc;
- Fee is \$28 per attended session (Core Supports); first session is complimentary. This is a drop-in model of service and group members will only be invoiced for sessions they attend.
- Sessions run in Sydney's North Shore West Pymble on Wednesday evenings and will commence on the Northern Beaches Dee Why in August on Tuesday evenings.

Outcomes

- Reducing social isolation;
- Developing social and communication skills;
- Creating and maintaining friendships;
- Increasing autism knowledge (challenges and strategies);
- Community access.

Autism Adventures (day and overnight activities)

- These are small group-based activities of 1 Group Leader and 3 Adventurers to venues, such as horse riding, aquarium, go-karting, escape rooms, Comic Cons, etc;
- The purpose of these Adventures is to assist our young people to try new things and to experience these with their peers, whilst also developing a number of skills;
- The overnight Adventures will include a complimentary pre-trip workshop in preparation for the Adventure, which includes discussion on hygiene, planning of activities, appropriate clothing, budgeting, etc;
- Fee is \$420 for day Adventures (Core Supports or Capacity Building Increased Social and Community Participation).
- POA for overnight Adventures (may be covered by Short Term Accommodation/Respite funding, Core Supports (04) or Capacity Building (09)).

Outcomes

- Exercising choice and control;
- Cooperation and negotiation skills;
- Basic executive functioning skills;
- Social communication with fellow Adventurers;
- Reducing social isolation;
- Experiencing new environments and challenges;
- Participating in fun activities in the community.

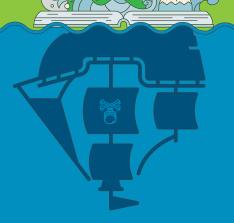
Please see the <u>attached Registration Form</u> and do not hesitate to contact Caroline <u>caroline@autismadventures.com.au</u> or 0410 376 882 for further information.

TREASURE TAND



AUSLAN INTERPRETED





WHAT IS THE RELAXED PERFORMANCE AT 10:30AM ON FRIDAY 6TH OCTOBER?

IN OUR RELAXED PERFORMANCES WE FOCUS ON RELAXING OR ADAPTING THE THEATRE ENVIRONMENT WHILE MAINTAINING THE CREATIVE INTEGRITY OF THE SHOW. IN A RELAXED PERFORMANCE:

- THERE WILL BE AN AUSLAN INTERPRETER.
- WE MAY MAKE MINOR CHANGES TO SENSORY ELEMENTS OF A SHOW SUCH AS REDUCING BRIGHT LIGHTING OR LOUD NOISES.
- THERE IS A RELAXED ATTITUDE TO NOISE AND MOVEMENT.
- YOU ARE WELCOME TO BRING IN, AND USE, STIMMING DEVICES.
- THE THEATRE DOORS REMAIN OPEN; AND THE HOUSE LIGHTS REMAIN ON, BUT DIMMED, THROUGHOUT THE PERFORMANCE.
- YOU CAN LEAVE THE VENUE AT ANY TIME AND A DESIGNATED QUIET AREA IS AVAILABLE.
- PRE-SHOW RESOURCES, SUCH AS A VISUAL STORY, ARE ALSO AVAILABLE TO HELP YOU PREPARE FOR YOUR VISIT.

WHO IS THE RELAXED PERFORMANCE FOR?

RELAXED PERFORMANCES ARE FOR EVERYONE, AND ARE ESPECIALLY VALUED BY ANYONE WHO WOULD BENEFIT FROM A MORE RELAXED ENVIRONMENT. THIS CAN INCLUDE, BUT IS NOT LIMITED TO, PEOPLE WITH AUTISM, SENSORY SENSITIVITIES, TOURETTE'S SYNDROME, LEARNING DISABILITIES OR DEMENTIA, HEARING IMPAIRMENT, AS WELL AS PEOPLE LIVING WITH ANXIETY OR PEOPLE WHO HAVE EXPERIENCED TRAUMA.

HOW DO I BOOK TICKETS?

VISIT <u>HTTPS://EVENTS.HUMANITIX.COM/TREASURE-ISLAND</u> AND SELECT THE FRIDAY 6TH OCTOBER, 10:30AM PERFORMANCE IF YOU ARE A VACATION CARE OR AFTER SCHOOL CARE SERVICE CALL US ON (02) 9880 2356 AS WE HAVE GROUP BOOKING RATES



Employment. For All.

Omnia Inclusive Afternoon Tea

Invitation to

Are you or do you know a young person who would benefit?

Come and visit our office, and find out about our employment, social and independence programs!

Date: Thursday the 14th September

Time: 4PM-5PM

Location: Omnia Inclusive Employment Solutions,

Level 7/465 Victoria Ave, Chatswood NSW, 2067

RSVP: By Friday the 8th of September

Sarah.kingwell@omnia-inclusive.com.au or 0481 729 943

We look forward to having you here!

If the above dates/times do not suit, please contact us for an individual time