

#### Newsletter Term 3, Week 7 6 September 2024

## PRINCIPAL'S MESSAGE

This week, as a community, we celebrated some very special people in some very special ways. For our dads, and other significant males, we provided a Father's Day breakfast, prayer reflection and words of thanks last Friday morning. Students also had the opportunity to invite their dad/special visitor into Homeroom for prayer, reflection and a chance to share an activity together. In the days leading up to Father's Day, students were able to purchase a gift from our Father's Day stall that was facilitated by our VET Retail students in cooperation with Year 9 Work Education Students. They sold 95 Father's Day presents - many thanks to all who supported this initiative! We hope everyone enjoyed the continuing of this celebration on Sunday!





# PRINCIPAL'S MESSAGE

As well, this week, we celebrated the incredibly kind, patient, experienced and generous staff who are our Teacher's Aides! The bell song, a special morning tea, some quotes from the students and very special certificates were some of the ways we extended our gratitude for the integral role they have within our school community.

Thank you to all the staff who were involved in the facilitation of these two special occasions this week, in particular, Susan D, Julie Mac, Louise D, Ms Mulkeen and Mrs Kirwan.



You are my rock, my better half, I couldn't imagine a school day without you.



#### **Sacrament of Confirmation**

Congratulations to Lizzie V (7N) who received the Sacrament of Confirmation at Holy Name Church, Wahroonga, on Thursday evening. Thank you to Terry O'Keefe for the support he provided Lizzie and her family in preparation for this special occasion, and for the role he also fulfilled as her Confirmation Sponsor.



# PRINCIPAL'S MESSAGE

#### **Rotary Breakfast**

On Wednesday morning, we welcomed our friends and longstanding supporters from Rotary for a special onsite breakfast. It was a wonderful way for us to extend our gratitude for all they have done, and continue to do, in supporting our community so generously through their donation to the bursary. Our guests enjoyed hearing from our College Captains all that has been taking place this year within our community, as well as viewing and experiencing our new school buildings. They were informed of some exciting events that are coming up which they wish to attend, such as our Art Show. They also enjoyed a wonderful presentation and performance from our KWS Choir. Thank you to all staff who ensured the success of this event, in particular Susan D, Julie Mac, Mrs Kirwan, Mrs Eldridge and Lisa S.



# PRINCIPAL'S MESSAGE

#### **School Student Visit**

We recently welcomed the newly appointed 2025 Student Leaders from St Pius X, Chatswood, onsite for a special visit. This visit helped to provide context for who we are and what we do at St Edmund's, as well as to forge ongoing relationships and connections between the two schools. Our visitors enjoyed having the chance to witness the many incredible gifts our students have to offer.



#### Mufti Day Fundraiser for the Australian Paralympics

Thank you for the support you extended towards our Term 3 Fundraiser which took place this week. The theme was in keeping with the Paris Paralympics which we have all enjoyed watching and following! The students looked fabulous in their green and gold attire and our Retail students even supported the theme in their items for sale! All funds raised will go to support the wonderful initiative that is the Australian Paralympics!

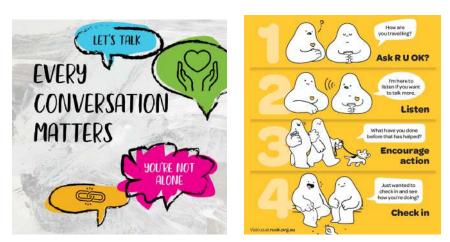
#### Vanessa Dillon | Principal



# WELLBEING

#### National Child Protection Week

The Theme for National Child Protection Week this year is 'Every conversation matters,' aiming to promote the importance of conversations to help support children and young people to be safe, heard and valued. These can be conversations between children and caregivers, children and peers, and families with teachers, doctors and other professionals. <u>Click here for more information</u>.





#### R U OK Day

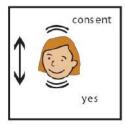
On Thursday 12th September it is R U OK Day, when we remind ourselves to check in and care for ourselves and others. Students will be learning about the day and what it means throughout the week in Homeroom. We will focus on the different ways that we can be kind to others and how our actions can have a positive impact on the feelings of those around us. Students will also learn the signs of when they should ask a friend if they are ok, and what to do if they say that they are not ok.

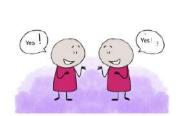
<u>Click here for more information.</u> Lifeline 13 11 14 <u>lifeline.org.au</u> Beyond Blue 1033 224 636 <u>beyondblue.org.au</u> Suicide Call Back Service 1300 659 467 <u>suicidecallbackservice.org.au</u> Mensline 1300 789 987 <u>mensline.org.au</u>

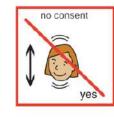
#### **Consent and Boundaries Online**

In Pastoral Care lessons, students learn about consent. Consent is a fundamental aspect of respecting individual autonomy and dignity, and it plays a crucial role in all aspects of life. Consent is not just making a verbal agreement; it demonstrates an understanding of the situation and the ability to make an informed decision. Obtaining consent also fosters a sense of agency and ownership over personal choices. As part of the SoSafe program, the language we use to teach Consent includes:

Yes consent means: I ask, you say yes. You ask, I say yes. We cannot give consent if it breaks rules. No consent means: I ask, you say no. Or you ask, I say no. Everyone is allowed to say no.









# **WELLBEING**

The eSafety Commissioner have an upcoming webinar that may be useful for many parents, on the topic of consent and setting boundaries. It will cover:

- why the consent conversation is so important to have with school children
- easy ways to explain online boundaries and consent
- opportunities to discuss and model consent through discussions, scenarios and practising helpful phrases for saying 'no'.

Click the image below for more information:

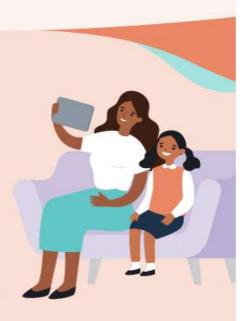
#### Term 3, 2024

# Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parent and carers.

#### Term 3 topics:

- Understanding how to support your child with online gaming Suitable for parents and carers of children and young people in primary and early secondary school.
- Consent and online boundaries: How to support your primary-aged child Suitable for parents and carers of children in primary school.
- · An introduction to online safety and emerging technologies Suitable for parents and carers of children and parents in primary and secondary school.



For more information and to register now: eSafety.gov.au/parents/webinars



eSafetyCommissioner

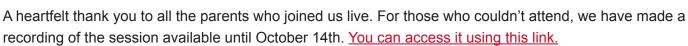
eSafety.gov.au

# CURRICULUM CORNER

# Term 3 Parent Information Session: Literacy and Language at St Edmund's College

On Wednesday, we were pleased to host a Parent Information Session focused on Literacy and Language at St Edmund's College. The session was expertly led by our Allied Health team—Claire, Caitlin, and Rachelle—in collaboration with myself.

We covered a range of important topics, including our whole school literacy initiatives, assessment approaches, the 2024 Literacy groups, and current research and best practices. We also explored future directions and shared strategies to support your child's literacy journey at home.



#### Book Week

We enjoyed celebrating Book Week, themed "Reading is Magic!" and dived into the enchanting world of books and the wonders they hold. Our students and staff showcased their love for stories by coming dressed as their favourite book character for our Book Parade. They also enjoyed activities that highlight the joy and magic of reading. A special interactive show with live magician and entertainer Jack Sharp had our community laughing non-stop.

It was a fantastic week to celebrate the power of imagination and the stories that transport us to magical places!

#### Judi North | Head of Teaching and Learning





# NURSE ALI

#### This week some friendly reminders

Influenza A is currently very active in our community. Influenza is primarily a community-based infection that is transmitted in households and community settings.

Influenza viruses are thought to spread from person to person primarily through large-particle respiratory droplet transmission (e.g., when an infected person coughs or sneezes near a susceptible person). Indirect contact transmission via hand transfer of influenza virus from virus-contaminated surfaces or objects to mucosal surfaces of the face (e.g. nose, mouth) may also occur.





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You can safely stay outside

Sun safety. As we experience unusually hot temperatures this is a timely reminder that all students must have a hat and water bottle with them at school. Over the coming days and weekend the UV index is predicted to reach 6

Each year, more than 2000

if they are feeling ack UV UV UV UV UV UV UV UV index index index index 3 5 7 9 2 8 10 4 6 Very high Extreme

JUST A FRIENDLY REMINDER

please keep your child home

Seek shade during midday hours! Slip on a shirt, slop on sunscreen and slap on a hat!

Avoid being outside during midday hours! Make sure you seek shade! Shirt, sunscreen and hat are a must!

Australians die of skin cancer. Be alert for any new spots or changes to existing spots and consult your GP immediately if you notice anything new or changing. And remember, prevention is always better than cure.

Finally we are an allergy aware school please do not send products containing nuts or kiwi fruit to school.



PROTECT OUR **ALLERGIC CHILDREN** FROM ANAPHYLAXIS





Alison Andrews | College Nurse

## AWARDS

#### **Student of the Week**

- 7M Bara and Diesel
- 7N Lizzie and D'arcy
- 8G Elodie and Matilda
- 8V Aaliyah and Dylan
- 9E Zara and Fred
- 9F Lucy and Sophia
- 10M Ben and Gemma
- 10S Christopher and Bento
- 11D Nathan and Michael
- 11P Saskia and Alessio
- 12J Summer and Zane
- 120 Luke and Harry

#### **Eddie's Best**

Brandon Jaydon Kwasi Alex Oscar Ashley Finley Elle Amie Lucy Annamieke

Kate

congratulations



# KEY DATES

Thurs 12 Sept Charity Challenge Golf Day Thurs 19 Sept Eddie's Art Show Wed 25 - Fri 27 Sept Yrs 11 and 12 Retreat Tues 22 Oct Swimming Carnival Mon 28 – Wed 30 Oct Yrs 9 and 10 Camp Sat 16 Nov Charity Challenge Gala Dinner (Year 11 and 12 performers) Fri 22 Nov Abbotsleigh Concert Thurs 28 Nov Yr 12 Formal Wed 4 Dec Presentation Day

# FOCUS ON ABILITY



# AUSTRALIAN SCREENING EVENTS FOCUSONABILITY.com.au



The Focus on Ability Film Festival Red Carpet Awards, featuring a range of films including the fabulous submission from 11D will be held at Chatswood Concourse on Sunday 29 September at 1pm. Please click here to register your attendance - all are welcome.

Please click here to view A Good Heart by 11D.

# CAPTAIN'S CORNER & STUDENT VOICE



This week is Teacher's Aide Appreciation Week. At Eddie's we are lucky to have such caring and supportive aides. We have each shared what makes them so great below.

**David** – "Teacher's aides are great because they help us when something is difficult.

They help us to feel calm."

Sonnet – "The aides are kind and help us to feel safe."

Chloe – "Our aides help to make St Edmund's a happy place."

**Christian** – "Our aides are great because they help out on the playground and in classes, helping us to feel calm and safe."

**Hugh** – "Our aides are very helpful and kind. They are always there to help us if needed, either in class or the playground."

Hugh, Christian, Sonnet and David | College Captains & Chloe | Student Voice

# WORK EXPERIENCE EDEN GARDENS



Several of our Year 12 students have been enjoying Work Experience at Eden Gardens. Their Veggie Pod is complete and looking fabulous!

#### **CSBB Athletics Championships 2024**

Congratulations to the following students for competing as part of the 2024 St Edmund's College Athletics Team. The Catholic Schools Broken Bay Athletics Championships were held on Tuesday, September 3rd at Sydney Olympic Park Athletics Centre and the 17 St Edmund's students who represented our school are to be congratulated on their amazing efforts and performances. As a result, St Edmund's finished with 4 Age Champions, 7 new records and 48 Broken Bay ribbons.



#### St Edmund's College Athletics Team

Jaydon, Dylan, Jack, Bara, Sophia, Holly, Matthew, Isabella, Arpita, Cameron, Isaac, Ben, Lucy F, Bradley, Michael, Zane, David.

#### St Edmund's Results

12-15 Years	Event	16+ Years	Event
Bara	- 100m-2 <sup>nd</sup> - 200m- 2 <sup>nd</sup>	Lucy F	- 200m-1 <sup>st</sup> - NR- 800m-1 <sup>st</sup> - NR-100m-1 <sup>st</sup> - Shot <u>Put-1<sup>st</sup></u> - NR- Long Jump-1 <sup>st</sup>
Sophia	- 100m-1 <sup>st</sup> - NR-200m-1 <sup>st</sup> - NR-800m-1 <sup>st</sup> - Shot <u>Put-1<sup>st</sup></u>	Isabella	- 200m-2 <sup>nd</sup> - 800m-2 <sup>nd</sup> - 100m-3 <sup>rd</sup>
Holly	- NR-Long Jump- 1 <sup>st</sup> - 200m- 3 <sup>rd</sup> - 100m-4 <sup>th</sup>	Arpita	- 200m-3 <sup>rd</sup> - 100m-2 <sup>nd</sup>
Jaydon	<ul> <li>100m-1<sup>st</sup></li> <li>200m-1<sup>st</sup></li> <li>800m-1<sup>st</sup></li> <li>Long Jump-1<sup>st</sup></li> <li>Discus-1<sup>st</sup></li> <li>Shot Put-2<sup>nd</sup></li> </ul>	Ben	- 200m-1 <sup>st</sup> - 100m-1 <sup>st</sup> - Shot <u>Put-2<sup>nd</sup></u> - Discus-1 <sup>st</sup> - Long Jump-1 <sup>st</sup>
Dylan	- 100m-3 <sup>rd</sup> - 200m-2 <sup>nd</sup>	Cameron	- 200m-2 <sup>nd</sup> - NR-800m-1 <sup>st</sup> - 100m-3 <sup>rd</sup>
Matthew	- 100m-1 <sup>st</sup> - Long Jump-2 <sup>nd</sup> - 800m-2 <sup>nd</sup> - 200m-3 <sup>rd</sup> - Shot <u>Put-3<sup>rd</sup></u>	David	- 200m-3 <sup>rd</sup> - 800m-2 <sup>nd</sup> - 100m-2 <sup>nd</sup> - Shot <u>Put-3<sup>rd</sup></u> - Long Jump-2 <sup>nd</sup>
Jack -	- 200m- 4 <sup>th</sup> - Long Jump- 3 <sup>rd</sup>	Zane	- 200m-4 <sup>th</sup> - 100m-4 <sup>th</sup> - 800m-3 <sup>rd</sup> - Shot <u>Put-4<sup>th</sup></u>
		Bradley	- 200m-6 <sup>th</sup> - 800m-4 <sup>th</sup> - 100m-6 <sup>th</sup>
		Michael	- 200m-5 <sup>th</sup> - 100m-5 <sup>th</sup> - Shot <u>Put-1<sup>st</sup></u> - Long Jump-3 <sup>rd</sup>
		Isaac	- 800m-5 <sup>th</sup>

#### **CSBB** Athletics Multi-Class Age Champions

Jaydon: 12-15 Boys Multi-Class Age Champion-59 points Sophia: 12-15 Girls Multi-Class Age Champion-40 points Ben: 16+ Boys Multi-Class Age Champion-49 points Lucy F: 16+ Girls Multi-Class Age Champion-50 points

#### **CSBB** Athletics Team

Congratulations to the following 11 students on being selected into the 2024 CSBB Athletics Team. In order to progress to a state level, athletes must be registered with 'Sports Inclusion Australia'.

12-15 Years

Sophia, Bara Jaydon, Dylan

#### 16-18 Years

Arpita, Lucy F, Isabella Cameron, Ben, David, Michael

The NSWCCC Athletics Championships will be held on Monday, September 16 at Sydney Olympic Park Athletics Centre. We look forward to seeing how well our St Edmund's athletes perform at the next level of competition.

Congratulations to all of our wonderful athletes!







#### **CSBB** Athletics Team

Congratulations to the following 11 students on being selected in Monday 16th September at SOPAC Jaydon-12-15B Discus, Long Jump, 100, 200, 800 Dylan-12-15B 200 Sophia-12-15G 100, 200, 800, Shot Put Bara-12-15G 100, 200 Ben-16+B Discus, Long Jump, 100, 200 Cameron-16+B 200, 800 David-16+B 100 Michael-16+B Shot Put Isabella-16+G 200 Lucy F-16+G 100, 200, 800, Long Jump, Shot Put Arpita-16+G 100













#### St Edmund's College Swimming Carnival

On Tuesday, October 22, St Edmund's will be having their Annual Swimming Carnival at Pymble Ladies College, Avon Road Pymble. Parents are welcome to attend this event, however, no parking will be available onsite.

The first race will commence at 10am and all events will conclude by 1:30 pm.

If you would like to pick up your child from the carnival you will need to be there by 1.20pm, as roll call and departure will occur at 1.45pm.

Please contact the school office before October 15, to let them know if you will be taking your child home directly from the carnival <u>secretary@stedmunds.nsw.edu.au</u> or 9487 1044. You will also need to let your child's homeroom teacher know.

If your child travels by Transport, please remember to let your driver know of the change.

Students can wear their house colours or school sports uniform and are to bring their morning tea, lunch, hat, swimming costume, towel, goggles and drink bottle. Students should wear their swimming costume to school under their clothes for ease of management at the pool.

#### Other News in Sport

#### All Abilities Netball Carnival

The All Abilities Netball Carnival featured many different clubs across NSW including Gosford, Eastwood Ryde, Manly Warringah and Ku-ring-Gai. Some have 1 team and some 3 all ability teams. The event was hosted by the Ku-ring-gai Netball Association at Turramurra.

Congratulations to the St Edmunds cohort who represented either Manly Warringah Netball Association or Eastwood Ryde Netball Association. Rosie, Mia, Gemma, Leela, Sienna



and Holly were very tired after playing many games over the whole day but they had lots of fun, especially when they played against each other.



#### **NSW Senior State Championships**

Congratulations to Elodie who recently swam at the NSW Senior State championships.

She came 3rd in the state for 13-14 year old girls Multiclass in 100m breaststroke, 100m backstroke, 50m freestyle and 50m breaststroke and was a finalist in 100m freestyle and 50m backstroke.

She is now training hard to qualify for Nationals in Brisbane next year.

Lois Horne | PDHPE and Sports Coordinator

# **RISKY BUSINESS**

This week (1-7 September) is National Child Protection week. The message for National Child Protection Week is always "Every child in every community needs a fair go", and the theme for 2024 is "Every Conversation Matters", emphasising the importance of conversation in addressing child abuse and neglect. Conversations are powerful tools to keep children and young people safe and well. Conversations can help us understand issues, craft solutions, value community knowledge, and build the brains and social connections of children and young people.

The colour for child protection week is green. The reason is that green symbolizes growth and life and that us what the children of the nation are.

The protection and wellbeing of our students is a high priority for all staff at St Edmund's. We ensure that we create a safe environment, where the students are comfortable in talking about their concerns and can safely speak up about actions that are not right. This safe environment also extends to the wider school community to raise issues and concerns with us.

What do we do to assist in creating the safe environment?

- All staff and volunteers undergo a Working with Children Check.
- Staff complete mandatory child protection modules on a yearly basis.
- We regularly review and update our safeguarding policies and procedures.
- Attendance at professional development throughout the year.
- Embed safeguarding into the college curriculum, e.g. So Safe Program, Healthy Harold and LifeED

#### David Mitchell | Risk and Compliance

## EDDIE'S NEWS

This month we introduce the first edition of our student written and edited newsletter, "Eddie's News"!

Crafted with passion and creativity by our very own James P from 11P, this publication aims to bring our students' perspectives on the pulse of our school community to the fore.

James, an avid reader often found engrossed in Percy Jackson adventures in our library, has poured his love for storytelling into curating this collection of articles. With contributions from selected staff and fellow students, "Eddie's News" offers a diverse range of perspectives on school life, current events, and student interests.

Inside, you'll find everything from campus news and event coverage to jokes, fascinating factoid pieces, and insightful interviews of staff and students. We hope this newsletter becomes a cherished platform for student voices and a window into the vibrant world of our school community.

Happy reading, and don't forget to share your thoughts with James for his next issue!

#### Jennifer Barange | Classroom Teacher









# FIRST ANNUAL ART EXHIBITION

Featuring artworks from the students at St Edmund's College. Please enter from Braeside Street. Donations will be collected for Studio ARTES.



t Edmund's

# NEW

# **MyTime Wahroonga**

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

# **Tuesday 10 September**

10.00am-12.00pm Facilitator: Terry Williamson

Address 35 Billyard Avenue, Wahroonga. "The Sunroom" at Holy Name

**Email** mytimewahroonga@gmail.com



Unwind and share experiences with others who understand





# mytime.net.au

# SONY FOUNDATION ABBOX CAMP

Applications are now open for the Sony Foundation Abbox Camp to be held at Abbotsleigh from 6-8 December 2024.

The program offers residential respite care for children with disabilities at no cost to families for 2 nights in December 2024.

#### Please find the link here.

Applications close Friday 6th September 2024.



Please direct all enquiries to Dr Alison Gates at Abbotsleigh 9473 7777 abbox@abbotsleigh.nsw.edu.au

# GABE'S TRIVIA NIGHT

The Gabe's Trivia Night is this Saturday at Castle Hill RSL. This event is open to the public and there are still a few tables available.

Tickets are \$30 and you can have up to ten at your table.

If you're not doing anything on Saturday then why not get your table together, or join an existing one. <u>Tickets are available here.</u>

Raffle tickets for the 2024 Trivia Night Fundraiser are now available to <u>purchase online here.</u>

You do not have to be at the event to claim a prize. Raffle is only available for purchase in NSW, closes and is drawn on the trivia night,

## NORTHSIDE ENTERPRISE

Northside are seeking to support the transition of those students soon to be school leavers.

<u>Please see attached their current programs</u> which all have availability for immediate start 1 day a week with the potential to increase towards next year. NORTHSIDE ENTERPRISE INC 'Supporting People to Support Themselves.'





# Are you ready to take your next step?

Drop-in to our centre and meet the Northcott crew to find out how we can support you to build new skills and become work ready. Let's see what you can do.

#### **CHECK OUT OUR SERVICES IN ACTION**

- School Leaver Employment Support (SLES) for 17-24.
- Skills 4 Life for ages 14-17
- ✔ Life Skills for over 18s
- ✔ Work & Study Skills for over 18s
- Skills 4 Work
- 🖌 Recreation
  - Short Stay and Centre Based Respite

#### WHAT TO EXPECT:

- Participate in activities and get a feel for the skills you will learn and develop
- Get to know your strengths and how they can be used to gain independence or get a job
- Explore your goals for the coming year with our coordinators' support
- Meet the Northcott team and make new friends who are also on their journey to independence/job-seeking

#### Hornsby Information Night

6:00pm-7:00pm

**-++**\_\_ \

Wednesday 18th September 2024 5:00pm-6:00pm

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Northcott Hornsby, Shop 3/2 William St, Hornsby NSW 2077

For parking options, check out the **registration link** 

Registrations are essential. Register here or scan the QR code with your phone



#### **Register Now**

northcott.com.au

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Registered **NDIS** Provider

1800 818 286 🔀 northcott@northcott.com.au

The Northcott Society ACN: 000 022 971 ABN: 87 302 064 152

ID 2105 240403

# Spring Holiday Program Exclusive program for

KIDS WITH SPECIAL NEEDS



1:1 support Transport Meals Age: 3 - 25

Our prices are in line with the NDIS Standards

## **LEARN MORE**





## **BOOK NOW!**

0468 684 949 www.howecare.com.au admin@howecare.com.



## **BUILD AND FORGE** FRIENDSHIPS

Children build strong bonds and create lasting relationships that extend beyond the holidays.

# **CONTACT US TODAY!**

02 8406 0842



enquiries@saharaservices.com.au



www.saharaservices.com.au

## CREATE UNFORGETTABLE **MEMORIES**

Our dedicated staff work tirelessly to ensure that each child leaves with a sense of accomplishment, joy and a treasure trove of happy memories





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SAHARA SERVICES