



PRINCIPAL'S MESSAGE

Mary, our Mother, your total giving of yourself reminds us that we hold in trust from God our Father all our accomplishments and talents and gifts - trusted as we are to offer them in his service, and bring happiness and well-being to all.

Your "Yes" to God's invitation to be the mother of his Son reminds us that prayer is not just words but is from the heart.

We ask you to pray to Jesus for us that the Holy Spirit may live fully in us, too, so that we may be prepared to join you in saying "Yes" to God our Father, so as to ensure God's love is offered to all, especially the most vulnerable and ignored. Amen.

On the 15th August, it will be the Feast of the Assumption within the Catholic Tradition. This is when Mary was assumed, body and soul, into Heaven, as recognition of the faith she held in God and the model of discipleship she provided to others during her time on earth. It is also a Holy Day of Obligation, and so we shall be celebrating this as a whole school with Mass at Holy Name Church, Wahroonga from 1:30pm.

Mothers often hold special significance within our lives, and it is in Mary that we pray for the guidance, love and support of our mothers who often give of their all.

On Thursday 8th August it was the Feast Day of another significant Mary within the Catholic faith - St Mary of the Cross, Australia's first Catholic Saint. The work of Mary Mackillop has been well documented and celebrated throughout our Australian Catholic Church History. One admiring quality of Mary was her love, tenderness and compassion towards the most needy in society. May we seek inspiration from her quote above and her legacy, which is beautifully captured in her most well-known quote below:

"Never see a need without doing something about it."

Athletics Carnival

A massive shout out to all staff and students for their enthusiasm and active participation in our recent whole school Athletics Carnival! There were so many highlights throughout the day, in particular seeing the enjoyment being had by all. Our friends at PLC helped provide support for us through the use of their facilities, as well as through the assistance of their students. The encouragement of our parents, carers, siblings and grandparents also provided a wonderful atmosphere! Mrs Horne and her team Mrs Campbell and Mrs Daly are to be thanked and congratulated on all their hard work, preparation and dedication to provide such a successful Carnival! An additional congratulations to Waterford – the winning House Team on the day!



A Warm Welcome To...

new members of the community who have joined us recently: Oscar Portelli (9E) and family, and also Ms Jayel March on staff. We also warmly welcome back Mr Carl Southern from Long Service Leave.

Disability Services Expo

Our onsite providers Expo last Tuesday was very well attended, and brought much praise, gratitude and positive feedback from all who were there! Congratulations to Zoe and her team - Regina, Jacqui, Judi, Susan, Bec, Brenden J and James! We hope that those who attended found it to be very helpful and worthwhile!

Young Leaders Afternoon Tea

We recently held our first ever Young Leaders Afternoon Tea. This was such a wonderful success! Our 4 College Captains were exceptional hosts to their fellow captains from Knox and Loreto. All the students were meaningfully engaged, and enthusiastically participated in this networking opportunity. The feedback from our visiting students was very encouraging, and has motivated us to continue pursuing these opportunities for our students. Thank you to Louise and Susan for supporting this.



Olympics Excitement

We have all been enjoying the success and achievements of our Australian athletes over in Paris for the 2024 Olympics! We will look to celebrate and acknowledge the upcoming Paralympics taking place at the end of August. More information to come, but we hope to enjoy a burst of green and gold, as well as a fundraiser for the Australian Paralympics association. Watch this space.

Year 5/6 Information Evening Session

We welcomed over 40 people onsite on Wednesday evening, to learn more about our Stage 3 Class we will be opening here at St Edmund's beginning 2025. Thank you to Mrs Reilly, Mrs Kirwan, Ms North, Mrs Dickenson and our wonderful parent group leader, Con, for their assistance on the night which made for a very successful evening!

Safe travels to...

Mrs Jackie Reilly who will be enjoying some very well-deserved leave over the next four weeks. We look forward to hearing of her travels upon her safe return next month!

Mrs Falvey

I am delighted to share a photo from Mrs Teresa Falvey's (Cox) recent wedding to Sam. A beautiful photo from a very special day!

Vanessa Dillon | Principal



DEPUTY PRINCIPAL

Personalised Plans

You should now have received an email regarding Personalised Planning meetings for Years 7-11 for Semester 2. This email contains a document that will support you and your child to prepare for the meeting and to consider goals and priorities for goal setting. The booking system is now open, and you can book via the Sentral Parent Portal app to secure your meeting time. Step-by-step instructions for this are also attached to this newsletter for your reference. The booking system closes on Friday August 23rd at 9am.



Meetings dates are:

Wednesday 28th August or Tuesday 10th September from 2pm until 7pm (45 min meeting slots)

11D only - Tuesday 13th August or Wednesday 14th August.

If you have any questions or need any assistance with booking one of these important meetings, please don't hesitate to get in touch.

Year 11/12 Retreat

Just a reminder that this will be held in the last week of term from Wednesday September 25th until Friday September 27th at the Edmund Rice Retreat Centre in Mulgoa. Please keep your eye out for the permission forms for this which we hope to send in out in the next fortnight. Your prompt return of this paperwork once received would be much appreciated. I am sure students will enjoy this wonderful experience in such a beautiful setting. More information to follow in the coming weeks.

Sentral Parent Portal – Reporting Absences

Thank you to the families who have been engaging with the Parent Portal to report absences or to explain past absences. This new system improves the way in which we can keep accurate records of our attendance at the College. If you have any questions, please reach out. I urge you to continue to check this app to ensure that all reporting of absences for your child are up to date. Thank you for your support of this.

Feast of the Assumption

Next Thursday 15th August the whole College will be attending Mass at Holy Name parish in Wahroonga. This is a Holy Day of Obligation for Catholics which celebrates both the happy departure of Mary from this life by her natural death, and her assumption bodily into heaven. Some senior classes will walk with their teachers to the church for a 1.30pm Mass and others will be transported by College vehicles. All students will return to the College in time for school assisted transport (taxi) home or parent pick up.

Rebecca Kirwan | Deputy Principal

St Edmund's College Parent Portal

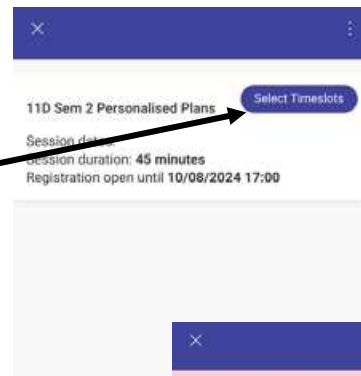
Booking a Parent/Personalised Planning Meeting

1. Open the Parent portal app on your device
2. Select 'interviews' icon

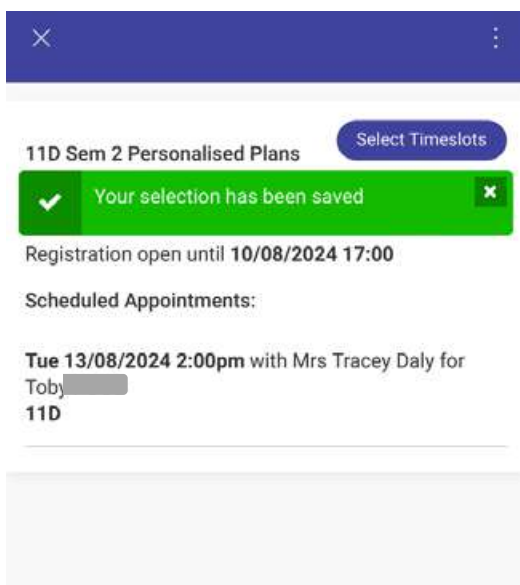
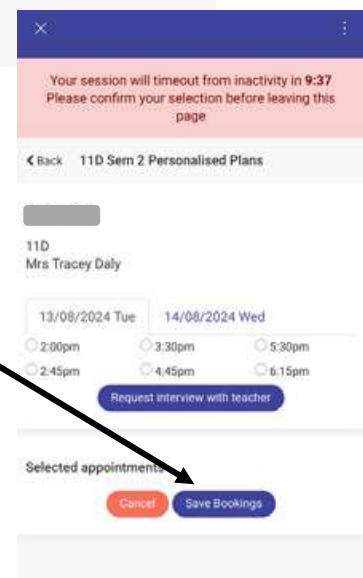


3. You will see an event called 'Sem 2 Personalised Plans'.

4. Click on 'Select Timeslots'



5. Choose the timeslot that you would and then click on the 'Save Bookings' button.



6. You will see a green confirmation message briefly flash on the screen which will confirm your booking. You will also see this booking listed as a 'scheduled appointment.'

CURRICULUM CORNER

2024 Book Week: Reading is Magic – Let the Adventures Begin at Home! 17th-23rd August

2024 Book Week is just around the corner, and this year's enchanting theme is "Reading is Magic!" The featured artist is Australian illustrator and author Jess Racklyeft who illustrated 2022 CBCA Picture Book of the Year *Iceberg*, written by Claire Saxby.

To make this magical event even more special, we invite you to join us in fostering a love for reading at home. Here are some exciting ways you can get involved:

Family Reading Time: Set aside 20 minutes each evening for a family reading session. Whether it's a captivating storybook, a thrilling novel, or an intriguing magazine, reading together can be a wonderful bonding experience.

Book Recommendations: Share your favorite books with us! We'll compile a list of family favorites to inspire other families. Send your recommendations to north@stedmunds.nsw.edu.au

Create a Reading Nook: Set up a cozy reading space at home. It could be a corner with comfy cushions, good lighting, and a selection of books. A special spot can make reading even more inviting.

Storytelling: Each family member takes a turn sharing a story. It could be a retelling of a favourite book, a personal anecdote, or even an original tale!

For more ideas go to the Children's Book Council of Australia website

<https://cbca.org.au/cbca-book-week-resources/>

Together, we can cultivate a lifelong love of reading and imagination. Happy Reading!

Judi North | Head of Teaching and Learning



PDHPE AND SPORT

The St Edmund's Athletics Carnival was held at Pymble Ladies College on Tuesday, 7 August. The weather was wonderful, PLC staff and students generously supported the event and we all enjoyed the sausage sizzle they put on for us at lunch time.

All our students displayed consistent effort, and a high level of participation, making it a fun day for all involved. The war cry competition and outstanding display of house colours and costumes added to the atmosphere.

Congratulations to each house group for earning over 370 points. The house cup was awarded to Waterford, though was hotly contested by all other houses.

The results are:

1st- Waterford 426 points

2nd- Callan 403 points

3rd- Kilkenny 372 points

4th- Mt Sion 370 points

Thank you for to everyone who ensured the carnival was memorable and enjoyable. It was lovely that so many parents, grandparents and friends were able to attend. Please keep an eye on our Facebook page for more photos from the day.

Lois Horne | PDHPE and Sports Coordinator



PDHPE AND SPORT



NURSE ALI

It's National Stroke Week!

Every 19 minutes an Australian has a stroke. To give someone the best chance, learn the signs of stroke.

Stroke is one of Australia's biggest killers. It kills more women than breast cancer and more men than prostate cancer

In 2020, 6,535 (24 percent of total) first-ever strokes occurred in people aged 54 years and under.

Strokes are caused by blood clots and broken blood vessels in the brain. There are two main causes of stroke. An ischemic stroke is caused by a blocked artery in the brain. A hemorrhagic stroke is caused by leaking or bursting of a blood vessel in the brain

Risk factors – high blood pressure, high cholesterol, smoking, diabetes, obesity, high alcohol/drug intake

This National Stroke Week, Stroke Foundation recommends the F.A.S.T. test as an easy way to remember the most common signs of stroke.

A stroke is always a medical emergency. Keep looking at your family, friends and colleagues, it could save their life

The longer a stroke remains untreated, the greater the chance of stroke-related brain damage:

When a stroke strikes, it attacks up to 1.9 million brain cells per minute so acting quickly is crucial and it starts with knowing the F.A.S.T signs.

Reduce your risk of stroke

- Control blood pressure.
- Check cholesterol.
- Keep a healthy weight.
- Get regular physical activity.
- Don't smoke.
- Limit alcohol.
- Control your medical conditions.

Alison Andrews | College Nurse



SCIENCE WEEK



Eddies Science Week

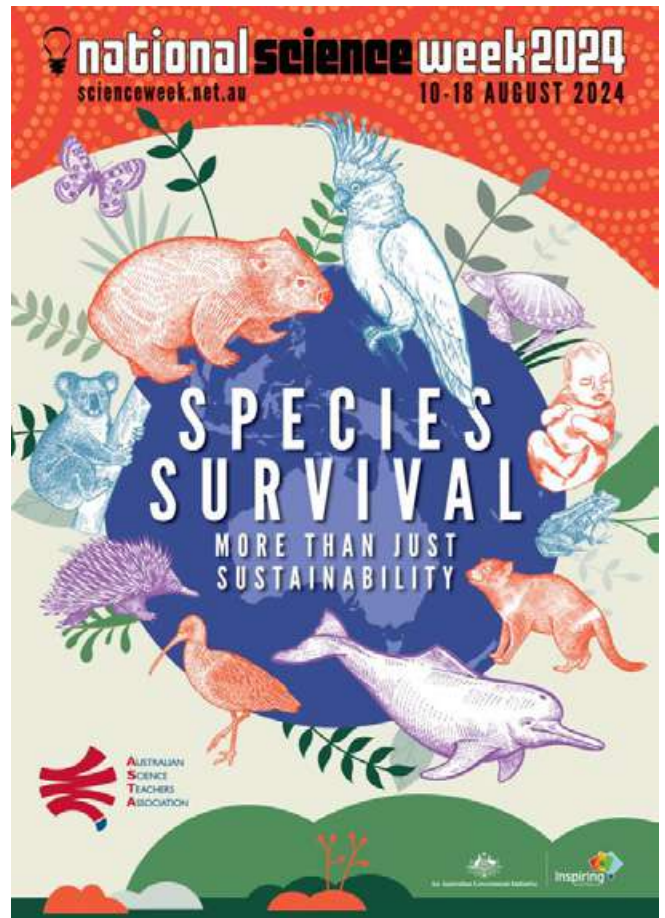
Week 4 & Week 5

Monday 12th – Friday 23th August

This year it's all about **Endangered Animals**.

In class we will be learning about:

The school theme for National Science Week in 2024 is **Species Survival** - More than just sustainability. The theme aims to highlight the **importance of science** and **innovation** in ensuring the survival and thriving of different species in an ever-changing world.



2024 Science Week Activities

- 1) **Activities** in Science classes, including a QR Scavenger hunt, iPad activities & visiting presenters
- 2) Science Week **Class Kahoot! Quiz**
- 3) Endangered Species **Colouring Competition**
- 4) Native Animals near my home **Spotting Survey**

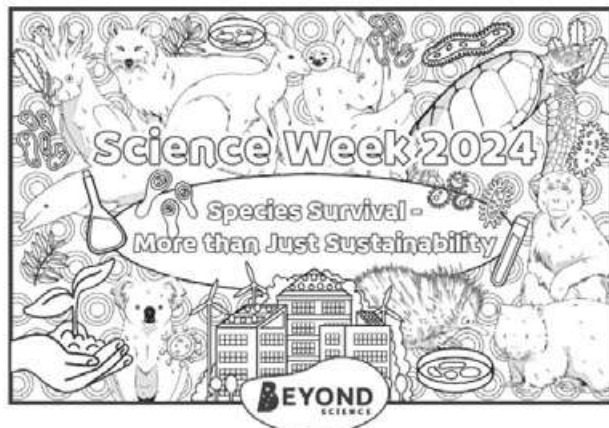
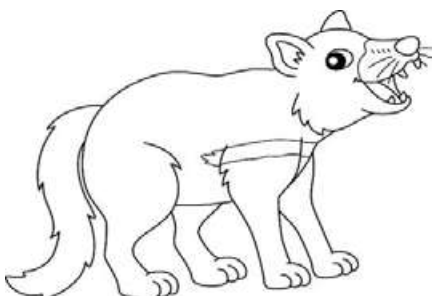
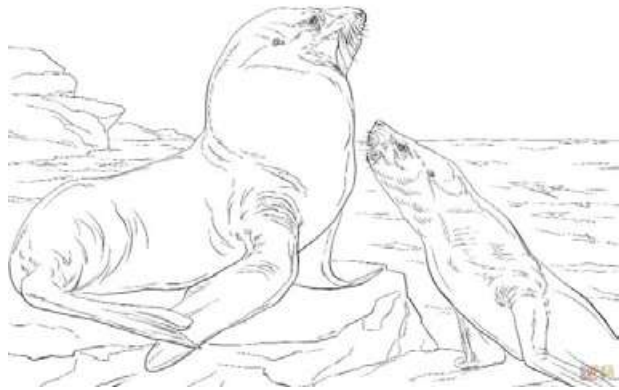
SCIENCE WEEK

 national **science** week 2024

**Endangered Animals Colouring
COMPETITION !!**

Collect your colouring competition sheets from your **Science teacher** next week

DUE DATE - All colouring sheets are due by **Tuesday 20th August 2024**



SCIENCE WEEK

Name: _____

Class: _____

Australian Animal Spotting Survey

How many **different** animals can you spot near your home?

How many of **each** animal can you spot near your home?



What to do: Use **tally marks** below the photos to record how many you saw.

			
Kookaburra	Cockatoo	Magpie	Lorikeet
			
Brush Turkey	Possum	Bandicoot	Wallaby
			
Sea Gull	Bat	Grey Minor	Galah

Did you spot any other native animals?

.....

Due by: Tuesday 20th August 2024

Received:

SACRAMENT OF CONFIRMATION

The Sacrament of Confirmation will be celebrated at Holy Name Church, Wahroonga, on Thursday 5th September at 6:30pm. If you are interested in your child participating in the program this year please email Terry O'Keefe at okeefe@stedmunds.nsw.edu.au and enrol using the link below.

Enrol: <https://www.trybooking.com/CQPST>

We will have all the lessons at school and students will bring home a workbook to discuss with parents and complete some home activities.

There will be a rehearsal for the celebration at the church on Tuesday 3rd September at 6pm.

Thank you.

Terry O'Keefe | Homeroom Teacher

CAPTAIN'S CORNER & STUDENT VOICE



It has been a great few weeks. The Athletics Carnival was very fun and the house captains, staff and students did a great job participating. Many families and supporters were also able to attend and cheered us on. The helpers from PLC were great and we always like using the grounds and facilities at their school. Well done to the winning house, Waterford! We recently made some new friends when leaders from Knox and Loreto Normanhurst visited our school on the International Day of Friendship. There has been some interesting work experience this week, with David spending time at Dell Technologies - refilling printers and other assigned tasks. Next week is exciting for Christian - he is celebrating his 18th birthday!

Hugh, Christian, Sonnet and David | College Captains & Chloe | Student Voice

KEY DATES

Tues 3 Sept **CSBB Athletics Championships**

Thurs 12 Sept **Charity Challenge Golf Day**

Thurs 19 Sept **Eddie's Art Show**

Wed 25 - Fri 27 Sept **Yrs 11 and 12 Retreat**

Tues 22 Oct **Swimming Carnival**

Mon 28 – Wed 30 Oct **Yrs 9 and 10 Camp**

Sat 16 Nov **Charity Challenge Gala Dinner**
(Year 11 and 12 performers)

Fri 22 Nov **Abbotsleigh Concert**

Thurs 28 Nov **Yr 12 Formal**

Wed 4 Dec **Presentation Day**

FATHER'S DAY

celebrations



please join us for a

**REFLECTION, RAFFLE
& LIGHT BREAKFAST**
FRIDAY 30 AUGUST

7.30AM – 9AM • ST EDMUND'S COLLEGE

RSVP 27 AUGUST AT
[STEDMUNDS.NSW.EDU.AU/FD](https://stedmunds.nsw.edu.au/fd)

YOU ARE INVITED TO UPLOAD A
PHOTO WITH YOUR CHILD WHEN YOU
RSVP TO USE IN OUR SLIDE SHOW



FATHER'S DAY



stall



This year the Retail Studies classes will sell special star chocolates for dad in the shop on:

- Wednesday 21 & 28 August
- Friday 23 & 30 August
leading up to Father's Day

Tuesday 27 August

Years 7, 8 and 9 will be able to purchase

Wednesday 28 August,

Years 10, 11 and 12 will be able to purchase

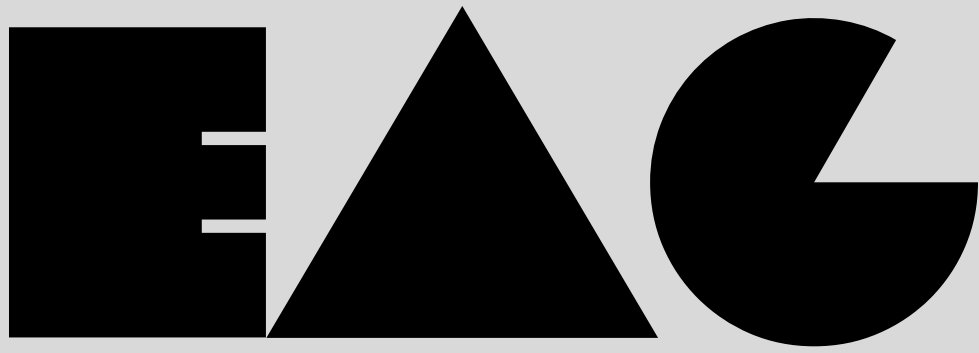
Friday 30 August

**everybody who didn't have chance to previously
will be able to purchase**

There will be lots of choice and most items will be around \$5 mark. There is also an option to buy a little something for carers who aren't male.

Please remind your child to take some extra cash or card on those days to buy something wonderful from our Father's Day Stall. Hope to see them there!

**THE RETAIL TEAM IN COOPERATION
WITH YEAR 9 WORK EXPERIENCE**



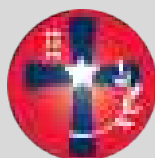
EDDIE'S ART GALLERY



19.09.2024
4-7pm

FIRST ANNUAL ART EXHIBITION

Featuring artworks from the students at St Edmund's College. Please enter from Braeside Street. Donations will be collected for Studio ARTES.



St Edmund's
COLLEGE

PARENT GROUP MEETING

12PM-1PM • WEDNESDAY 4 SEPTEMBER
ONLINE VIA ZOOM

Attendees will learn about our renewed whole school literacy focus, including a consolidated literacy/ language assessment schedule, new literacy groups and embedding school-wide literacy and language strategies.

We will discuss ideas for how parents and carers can support their child at home. There will also be an opportunity for Q&A.

[CLICK HERE TO RSVP](#)

The Zoom link will be sent to everyone who has RSVP'd before the meeting.
The session will also be recorded and made available for those who cannot attend.

www.stedmunds.nsw.edu.au/parent

PARENT GROUP

Welcome to the end of week 3. Spring is upon us and I am looking forward to the warmer mornings, and of course Fathers Day!

Father's Day

The Father's Day Breakfast will be held on 30 August and I thought it is well worth exploring perhaps the one strength that fathers all around the world have exclusivity to - and that's Dad Jokes!

In the lead up to Father's Day I am calling out to all Dads (or children) who want to share their classic go to Dad Joke and we will announce the one with the most giggles at the Father's Day Breakfast and in the forthcoming newsletter. Please email your joke through to conkalantzis@hotmail.com. To add some incentive here are the current Dad Jokes going around my household at the moment.

Q: "Whats the leading cause of dry skin?"

A: "Towels"

"I like to imagine that the person who invented the umbrella was going to call it the 'brella' - but they hesitated.

Social Event

Tickets are selling fast so if you have a need to express your creative flair or just want to enjoy some drinks and nibbles (all provided) with some fellow parents then don't forget about the Monet and Moscato night out. Open to mums, dads, carers and friends, it will be held on Wednesday the 14th of August at 6.30pm at Shop 1 75 Willoughby Road, Crows Nest.

[For tickets please see the link here.](#)

MyTime

The MyTime social event on Tuesday 13 August, will be at Magpies Club at 7pm - 9pm.

Magpies is opposite Waitara Station on Alexandra Parade and all parents of children with additional needs are welcome. This event is entirely social, and a great opportunity to gather and build connections with others.

Share plates and non-alcoholic drinks will be provided.

Anyone wanting a full dinner or alcoholic drink is welcome to purchase from the bar/bistro.

Please see flyer with further details on the following page.

Con Kalantzis | Parent Group Leader





Unwind
and share
experiences
with others who
understand

MyTime Wahroonga Social Evening

MyTime is a peer support program for parents
and carers of a child with a disability,
chronic medical condition or other additional needs
including developmental delay.

Tuesday 13 August 7.00pm - 9.00pm

MAGPIES, The Pavillion

11-37 Alexandria Parade, Waitara

Share plates and (non-alcoholic) refreshments provided.

Contact: Terry Williamson:
mytimewahroonga@gmail.com



It's support
for you



It's free to
join



Professional
support



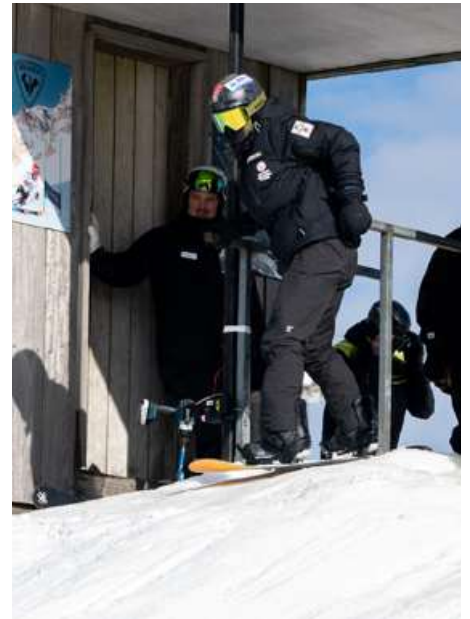
mytime.net.au

COMMUNITY



Congratulations to Ben W (Class of 2023) on his new job at North Ryde RSL Club!

Congratulations to Steven K (Class of 2017) for achieving a silver medal at the Special Olympics National Winter Games in Mt Buller in Victoria for snowboarding.



STARTED 🔥 3 spots left
TERM 3 Drama ACCESS: 18+ Mondays: KILLARA (8 Classes)
from **\$30 AUD** Enroll

Mon, 29 July 2024, 4:30 pm AEST – Mon, 16 Sept 2024, 6:00 pm AEST
Killara - Living Hope Anglican, Church Hall, 9B Arnold Street, Killara, NSW, Australia Map

📅 Add to calendar 🔗 Share

MSTYP MARIAN ST THEATRE FOR YOUNG PEOPLE

Marian St Theatre For Young People hold a fantastic weekly accessibility drama class on Wednesdays. Participants include some of our Eddie's students. The class has vacancies so [please learn more here.](#)

St Edmund's College - A Good Heart
#focusonability Remember to vote for our film
August 7 - 13, 2024
School Entrant

NOVA. EMPLOYMENT
2024 FOCUS ON ABILITY SHORT FILM FESTIVAL ▶
OVER \$100,000 IN PRIZES

St Edmund's College
A Good Heart
School Entrant
Official Selection - Documentary

www.FOCUSONABILITY.com.au

Watch on ▶ YouTube

The 11D Focus on Ability Film is up and online in good form "A Good Heart" VOTING is open until 13 August for People's Choice Award.

<https://www.focusonability.com.au/FOA/films/3416.html>

Have a Fulfilling Career With SLES Programs For Young Adults With Disabilities

Positions open at Allambie, Mt. Drutt, Toronto, Chatswood and Guildford

[Please click here](#) to view the latest newsletter from Sunnyfield Disability Services. It includes Vocational Services Programs Empowering Young Adults with Disabilities to a Fulfilling Career.



Communicating with teenagers

Free webinar | 13th & 14th August
Parents | Teachers | Teenagers

- Find out the key differences between adult and teenage **communication styles**
- Learn effective techniques to build **empathy and understanding**
- Discover proven **conflict resolution** methods
- Empower young people to develop **healthier relationships**
- How, why, where and when to seek **professional help** if needed

All
welcome



60
mins (plus
Q&A)

Register for free: form-aus.keela.co/communicating-with-teenagers-webinar



Helping young people with social anxiety

Free webinar | 10th & 11th September
Parents | Teachers | Teenagers

- Find out into what “**social anxiety**” means and the challenges faced
- Explore the latest **research and insights** to build confidence
- Discover **practical tools** to empower young people
- Understand and help young people to **break the cycle** of anxiety
- Create encouraging **home and school environments** for growth and well-being
- How, why, where and when to seek **professional help**

All
welcome



60
mins (plus
Q&A)

Register for free: <https://form-aus.keela.co/social-anxiety-webinar>



Warrarah Spring Picnic

Free Family Event | All Welcome
Saturday 7 September
11am - 2pm

Entertainment | Food and Drink
Activities | Stalls | Raffle | Organic Produce
Artisan Bread | Onsite Parking

Bring your family and friends
20 Harris Road Dural

WARRAH
LIVING LEARNING GROWING

